EASTER ROSS (VC 106) CHECKLIST for vascular plants. 2022 Revised
Barbara and Brian Ballinger
This is a very brief account of all the vascular plant and charophyte species recorded in Easter Ross. Brian Ballinger is the Vice-County recorder for VC106 (Easter Ross) for The Botanical Society of the Britain and Ireland (BSBI)**.

Easter Ross has a variety of habitats. In the east are the fertile Black Isle and Fearn Peninsula with a long history of habitation and agriculture and some limited industrial development. The land is penetrated by the Dornoch, Cromarty, Moray and Beauly Firths. In the south the influence of developments associated with nearby Inverness is felt. The western part of the vice-county, which almost reaches the west coast in places, includes remote mountains and moorlands with lochs and large estates. Here much of the rock is acid, but there are some small base-rich areas. All this has given rise to a fairly varied flora, which includes some aliens particularly in the east.

We are very grateful to all the individuals and organisations who have recorded plants and helped us in many ways. We thank in particular Peter Wortham and Ro Scott our predecessors as vice-county recorders. The Inverness Botany Group assisted us and we acknowledge the support of Jim McIntosh of the BSBI, Heather McHaffie of the Royal Botanic Garden in Edinburgh and Mary Dean.

The number of 10km squares or hectads in which the plant has been recorded since 2000 is indicated by H and a number and 20+ if there are more than 20. The figure in brackets represents the number of hectads (10km squares) in which the plant was recorded between 1970 and 1999. These may or may not be the same as the post-2000 hectads. Information has been gleaned from various sources, including species record cards, BSBI computerised records, Atlas 2000 data and the Biological Records Centre (BRC). Numbers are not given for pre-1970 records. Lists of squares are provided for the less common species and examples are given of locations.

A star* denotes an alien (neophyte) species introduced since 1500 and # an ancient introduction (archaeophyte). The comments on frequency are a general guide only and do not have an exact numerical basis. Where there has been a recent name change a cross-reference is given for the older name.

Further information about the locations of rare and scarce plants is given in our "Easter Ross Rare Plants Register" available on the BSBI website or as a privately published booklet.


Abbreviations: Red Data List (RDB): Endangered (EN), Vulnerable (VU), Near Threatened (NT), Data Deficient (DD).
Status List: Nationally Rare (NR) (occurring in fewer than 16 hectads or 10km squares in Great Britain), Nationally Scarce (NS) (occurring in 16-100 hectads in Great Britain).
Locally Rare (LR) native species occur in fewer than 4 sites (not squares) in the vice-county. Locally Scarce (LS) species occur in fewer than 10 sites (not hectads) in the vice-county. Some other species are also only present in small quantities.

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**Sadly Barbara Ballinger died in 2010 but much of the work reported here was hers.
Please send records to  brian@garrickwood.org.uk.
**Species List:** H indicates the number of hectads (10km squares) in which the plant has been recorded since 2000 and the number in brackets the number of hectads with records between 1970 and 1999.

**Abies alba** *(Silver Fir)*  
NH45,55,66,67,75,77,87,97,98  
H9(1). Planted in a few locations eg Geanies (NH97), Achandunie (NH67), N of Barbaraville.

**Abies concolor** *(Low's Fir)*  
NH 45,55,56  
H3(0) Planted by Dingwall at Paradise Wood, Brahan and at Fairburn

**Abies grandis** *(Giant Fir)*  
NH 1(2). Planted in places eg Garve, Marybank, Strathpeffer etc  Self-seeding?

**Abies homolepsis** *(Nikka Fir)*  
NH 56  
H1(0) Planted by Dingwall at Paradise Wood.

**Abies nordmaniana**  
NH45,55,67,76,87,88,97,98  
H 8(0). Planted occasionally eg Geanies, Aultgowrie, Bogbain etc.

**Abies procera** *(Noble Fir)*  
H 20(0). Fairly widely planted eg Geanies, Invercharron etc. Some seedlings

**Acer campestre** *(Field Maple)*  
NH 12(8). Planted in E. Ross eg E. of Tain, Rosemarkie, Dingwall, Alness etc

**Acer cappodocium**  
NH56  
H1(0) Planted at East End Wood by Dingwall

**Acer platanoides** *(Norway Maple)*  
H 20+(14). Often planted eg Rosemarkie, Dingwall, Oldtown etc.

**Acer pseudoplatanus** *(Sycamore)*  
H 20+. Common and self-seeding eg Ardgay, Moy Island, Rosemarkie etc

**Acer saccharinum** *(Silver Maple)*  
NH56,65  
H 2(0). Planted by Dingwall (NH541 600) and Torgorm

**Achillea millefolium** *(Yarrow)*  
H 20+. Very common and in most squares. eg Tarbatness, Rosemarkie, Moy Island etc.

**Achillea ptarmica** *(Sneezewort)*  
H 20+. Widespread although not as common as the previous species. eg Marybank, Loch Ailsh

**Aconitum x cammarum** *(A. napellus x variegatum)*  
NH45,55,56,59,65,66,68,78  
H 8(1). Garden escape only recorded recently. By Edderton, Marybank, Rosehaugh etc

**Aconitum napellus** *(Monkshood)*  
NH66  
H 1(4). A rare garden escape. Kiltearn (NH615 652)

**Acorus calamus** *(Sweet flag)*  
H 1 (1). Only recorded from the River Conon area. NH496 544.

**Adiantum capillus-veneris** *(Maidenhair fern)*  
Pre-2000. Unconfirmed older records for Ardross NH67 and Craigroy Burn NH68.

**Adoxa moschatellina** *(Moschatel)*  
NH55,56,65,66,67,75,76,77,78  
H 9(4). Scattered in woodlands in the East. Rosemarkie, Dingwall, Drummondreach etc

**Aegopodium podagraria** *(Ground Elder)*  
H 20+. Widespread in the lowlands on waste ground etc eg. Rosemarkie, Dingwall, Achanalt station

**Aesculus hippocastanum** *(Horse Chestnut)*  
H 20(19). Fairly frequent and usually planted. eg Tain, Croick, Lemlar etc.

**Aethusa cynapium** *(Fool's Parsley)*  
NH78  
H 1(0). Rare on waste ground and only seen at Tain (NH785 823) recently. May be an alien here.

**Agrimonia eupatoria** *(Agrimony)*  
LR  
NH87  
H 1(3). Always rare and only seen lately at Shandwick(NH856 738) Also a 1999 NH 98 record

**Agrimonia procera** *(Fragrant Agrimony)*  
EX?
Pre-2000 (1). Last recorded at Craigdarroch NH45 in 1983 and probably now extinct in VC 106

**Agrostemma githago** *(Corncockle)* NH65, 76, 98
H3(1) The only recent records are probably when it is in a seed mix. Munlochy Bay etc.

**Agrostis canina** *(Velvet Bent)*
H 20+. Widely recorded in uplands and lower ground. eg. Strath Rusdale, Easter Fearn, Castlecraig

**Agrostis capillaris** *(Common Bent)*
H 20+. Very common across the vice-county. eg Rosemarkie, Alness Point, Loch a Chroisg.

**Agrostis gigantea** *(Black Bent)*
H 18 (8). Scattered. Alness Point, Marybank, Redcastle etc.

**Agrostis stolonifera** *(Creeping Bent)*
H 20+. Very common, often in wetter places. eg Alladale, Rockfield, Beinn Eaniglair.

**Agrostis vinealis** *(Brown Bent)*
H 20+. Common on higher ground. eg By Wyvis Lodge, Seana Bhraigh, Loch an Daimh.

**Aira caryophyllea** *(Silver Hair Grass)*
H 20+. On tracks, shores etc. Less common than *A. praecox*. eg Muir of Ord, River Orrin,

**Aira praecox** *(Early Hair Grass)*
H 20+. Common on tracks and dunes etc. eg. Urquhart, Craigroy Burn, Ardgay etc.

**Ajuga x pseudopyramidalis** *(A. pyramidalis x reptans) VU LR NH45 H 1(1). A rare hybrid recently re-found by Torr Achilty (NH 447 545)

**Ajuga pyramidalis** *(Pyramidal bugle) VU NS LS NH35,45,49,56,68,86 H 6(7). Remains scarce. Torr Achilty, Allt na Caorach, Amat etc

**Ajuga reptans** *(Bugle)*
H 20+. Common in woods etc. eg. Urquhart, Craigroy Burn, Ardgay etc.

**Alcea rosea** *(Hollyhock)*
Pre-2000 (1). Only one unlocalised record in NH 55 in 1999.

**Alchemilla alpina** *(Alpine Lady's Mantle)*
H 20+. Common on most mountains and high hills. eg Ben Wyvis, Seana Bhraigh, Meall Dheirgidh

**Alchemilla conjuncta** *(Silver Lady's Mantle)* NH36 45, 64, 75, NC30 H 5(1). A garden escape at Garve (NH395 613), Oykel Bridge(NC386 006) etc.

**Alchemilla filicaulis** *(Southern Lady's Mantle)* NC21, NH12, 28, 47 H 10. Mainly recorded as its sub-species so this total does not reflect frequency.

**Alchemilla filicaulis ssp filicaulis** *(Upland Lady's Mantle)*
H 16 (14). Inland and upland distribution. Eileanich Lodge, Achederson, Scardroy Burn etc.

**Alchemilla filicaulis ssp vestita** *(Hairy Lady's Mantle)*
H 20(7). On hills, in woods etc. Blackpark, Drummondreach, Loch Borallan etc.

**Alchemilla glabra** *(Common Lady's Mantle)*

**Alchemilla glomerulans** *(Folded Lady's Mantle) VU NS LS NH12,28,47 H 3(2). Rare on mountain outcrops. Recent records at Coire Lochain, Wyvis and Seana Bhraigh.

**Alchemilla mollis** *(Garden Lady's Mantle)*
H 20+. An increasingly frequent garden escape. eg By Munlochy, Tain, Lubcroy etc.

**Alchemilla wichurae** *(Smooth Mountain Lady's Mantle) EN NS LR NH28 NC31 H 3(2). Very rare in the mountains. Recent records Coire Granda, Breabag Tharsuinn

**Alchemilla xanthochlora** *(Meadow Lady's Mantle)* LS NH38,45,55,56,67,68,87 H 7(3). Mainly eastern, Marybank, Hilton, Conon River etc

**Alisma plantago-aquatica** *(Water Plantain)* NH15,45,55,65,66,67,77,78,87 H9(3). Sparse but new sites have been located. Bayfield Loch, Ardroy, Mounteagle etc.

**Alliaria petiolata** *(Garlic mustard)*
H 14(12). Scattered in the east but less common than further south. Rosemarkie, Craig Wood etc.

**Allium moly** *(Yellow Garlic) NH87 H 1(0). A single casual record from Balintore (NH864 755).

**Allium paradoxum** *(Few-flowered Leek) NH54,56,77,78,87
H 5(0). Scarce by roadsides and tracks. Arabella (NH809 756), Tain, Nigg, Foulis Point.

**Allium schoenoprasum** (Chives) \( \text{NH55,64,65,76,87} \)
H 5(0). Casual records from Hilton (NH 872 765), N Kessock, Cromarty and Avoch.

**Allium ursinum** (Ramsons) \( \text{H 13(4).} \) Scattered in the East. Rosemarkie, Conon Bridge, Black Rock Gorge etc.

**Allium vineale** (Crow Garlic) \( \text{EX?} \)
Pre-2000 only. Not seen for 50 years and probably extinct in E. Ross.

**Alnus glutinosa** (Alder) \( \text{H 20+.} \) Very common and recorded from most 10km squares. eg. Tain, Rosemarkie, Loch Eye etc.

**Alnus incana** *(Grey Alder) \( \text{NH 36,45,54,55,56,58,64} \)
H 7(4). Planted in a few places eg Dingwall, W. Kincardine hill, Drumsmittal etc

**Alopecurus magellanicus** *(Alpine Foxtail) (A. borealis)* \( \text{NS LR NH13,37,46} \)
H 3(3). Locally rare on Ben Wyvis (2 sites), Strathvaich Allt Airgh Cheirdh and Riabhachan.

**Alopecurus pratensis** *(Meadow Foxtail)* \( \text{H 20+ (22).} \) Frequent in agricultural areas. eg. Tarbatness, Ardross, Cromarty etc.

**Anagallis arvensis** *(Scarlet Pimpernel)* \( \text{LS See Lysimachia.} \)

**Anagallis tenella** *(Bog Pimpernel)* \( \text{LS See Lysimachia} \)

**Anchusa arvensis** *(Bugloss) see Lycopsis*

**Anemone nemorosa** *(Wood Anemone)*
H 20+. Common in woodlands and on hillsides. eg. Conon Bridge, Garve, Milton etc.

**Angelica sylvestris** *(Wild Angelica)*
H 20+. Very common throughout the vice-county. eg Loch Eye, Redcastle, Loch Luchd Coire

**Anisantha diandra** *(Great Brome)* \( \text{NH86, 98} \)
H 2(1). Present onshore at N. Sutor (NH807 688) in 2010 and Portmahomack 2019

**Anisantha sterilis** *(Barren Brome)*
H 12(5). Fairly frequent by the shore. McFarquar's Cave, Kilmuir, Shandwick etc.

**Antennaria dioica** *(Mountain Everlasting)*
H 20+. Widely spread in the mountains but not usually in quantity. eg. Alladale, Beinn Dearg

**Anthemis arvensis** *(Corn Chamomile)* \( \text{EN NH 66} \)
H 1(1). An archaeophyte now probably extinct as a native here. Probably planted at Alness.

**Anthemis cotula** *(Stinking Chamomile)*
H 5(5). This mainly coastal species is uncommon. Nigg, Portmahomack, Morrich More etc.

**Anthemis sylvestris** *(Cow Parsley)*
H 20+. Common in the east eg Ardgay, Moy Island, Rosemarkie etc

**Anthyllis vulneraria** *(Kidney Vetch)*
**Anthyllis vulneraria ssp. carpatica**
- Pre-2000(1). One older record in NH 55.
- **Antirrhinum majus** (Snapdragon) NH36,45,54,59,64,75,76,78,87
- H 9(8). A garden escape at Avoch (NH703 550), Cromarty and Tain (NH778 824) etc.
- **Apera spica-venti** (Loose Silky Bent) Pre-2000(1). Formerly rare in station yards but not seen since 1975. At Ardgay NH69.
- **Aphanes arvensis** (Parsley Piert) NH 20+. Common on gravel, waste ground etc. Glen Calvie, Ardgay, Kildary etc.
- **Aphanes australis** (Slender Parsley Piert) H 18(18). Also widespread but perhaps under-recorded. Strathrory, W. Kincardine Hill, Hill of Nigg.
- **Apium inundatum** (Lesser Marshwort) See Helosciadium
- **Aquilegia vulgaris** (Columbine) H 17(10). A frequent garden escape here. Ardnagrask, Grudie, Tain etc.
- **Arabidopsis petraea** (Northern Rockcress) VU NS LR NH28
- H 20+. Rare in the mountains. Seana Bhraigh NH28 and older record in Freevater Forest NH38
- **Arabidopsis thaliana** (Thale Cress) H 20+. Common on roadsides, waste ground etc in the east. Barbaraville, Tarbatness, Ardross etc.
- **Arabis caucasica** (Garden Arabis) NH55,66
- H 2(0). A garden escape recorded at Alness (NH655 692) and Urquart.
- **Arctium minus agg.** (Lesser Burdock) H20(20). Fairly widespread. Much confusion between A. minus and A. nemorosum.
- **Arendaria balearica** (Mossy Sandwort) Pre-2000 only. Only one old record of a garden escape. Achandunie NH67 in 1957.
- **Arenaria leptoclados** (Arenaria serpyllifolia ssp leptoclades) Pre-2000. A 1966 record from the Dalmore distillery NH66
- **Arenaria norvegica** (Arctic Sandwort) VU NC31
- H 1(1). Only one recent record by the VC boundary on limestone at Breabag Tharsuinn (NC30 19).
- **Arenaria serpyllifolia** (Thyme-leaved Sandwort) H20(13). Frequent. All recent records probably of ssp. serpyllifolia. eg. Rosemarkie, Nigg. Tain.
- **Arenaria sepyllifolia ssp. serpyllifolia** NH45,65,75,77,98
- H 5(6). Records from Rosemarkie, Wilkhaven, Nigg, Rosehaugh, Strathpeffer.
- **Aristavena setacea** (Bog Hair-grass) NS LR (Deschampsia setacea) Pre-2000 (3). Not recorded since 2000. The Loch Ussie site may be lost from level changes.
- **Armeria maritima** (Thrift) H 20+. Common on the shore but also on some mountains and occasionally on roadsides. eg. Nigg
- **Armoracia rusticana** (Horse-radish) NH55,76
- H 2(2). Rare garden escape. Roadside at Fodderty (NH522 591), Corntown and Newhall.
- **Arrhenatherum elatius** (False Oat Grass) H 20+. Very common throughout except on high ground. eg. Marybank, Shandwick, Achanalt.
- **Artemisia absinthum** (Wormwood) NH64
- H 1(3). Rare by the shore but persists at Charlestown (NH637 483) and N. Kessock (NH662 479).
- **Artemisia norvegica** (Norwegian Mugwort) VU NR LR NH28,38
- H 2(2). Near the summits of Seana Bhraigh and Carn Ban only.
Artemisia stellariana* (Hoary Mugwort).

Artemisia vulgaris #(Mugwort)  NH36,54,55,64,66,68,76,77,78,87
H 10(7). Scattered by the shore and on tracks. Balintore, Tain, Garve etc

Arum italicum ss sp italicum* (Italian Lords and Ladies)  NH45,55,75
H 3(0). A rare garden throw-out. Rosemarkie (NH734 577), Marybank(NH482 529).

Arum maculatum (Lords and Ladies)  NH45,49,55,56,65,66,67,75,76
H 9(3). Usually regarded as a garden escape in VC 106. Occasional eg Fortrose, Balavil, Alness .

Aruncus dioicus* (Goat's Beard BRC file).

Aster trilophium (Sea Aster) See Tripolium
Aster x versicolor(A.aevis x novi-belgae)* (Late Michaelmas-daisy) See Symphyotrichum
Astragalus danicus (Purple Milk-vetch) EN NH75,76,77,78,86,87,88,97,98.
H 9(7). In many places by the shore on dunes etc. Shandwick, Nigg, Rosemarkie etc.

Astragalus glycyphyllos (Wild liquorice) LS  NH75,76,86
H 3(4). Scarc by the shore. Nigg, Rosemarkie, Hillockhead (NH752 603).

Astrantia major (Pink Masterwort)*

Athymum distentifolium (Alpine lady-fern) NS  NC21,NH12,13,15,17,26,28,47
H 8(13). In the mountains on rocks etc. eg. Seana Bhraigh, Moruigs, Ben Wyvis.

Athymum filix-femina (Lady fern) H 20+. Widespread in woods, shores and hillsides. Tarbatness, Balcladaich Wood etc.

Atriplex glabriuscula (Babington's orache) H 13(8). Common on the shore. eg. Dingwall, Barbaraville, Munlochy Bay.

Atriplex x gustaffsioniana (A. prostrata x longipes) LR  NH56,65
H 2(2). Known to grow at Munlochy Bay since 1968 and NE of Dingwall since 1975.

Atriplex laciniata (Frosted Orache) LS  NH66,75,76,78,86,87,98
H 6(4). Occasional on the shore. eg Nigg, Balintore, Rosemarkie.
Atriplex littoralis (Grass-leaved Orache)
H 12(12). Fairly widespread on the shore. eg Nigg, Tain, Inver.

Atriplex patula (Common Orache)
H 17(14). Common on the shore and also roadsides inland. eg Marybank, Redcastle, Barbaraville.

Atriplex praecox (Early Orache)  NS LR   NH65,66
H 2(1). Only known from Munlochy Bay and Kiltearn

Atriplex prostrata (Spear-leaved orache)
H 12(6). Less common than some other species. eg Shores at Inver, Dingwall, Barbaraville.

Atriplex x taschereaui (A. glabriuscule x longipes)  LR   NH86
H 1(1). A recent record from the shore at Nigg (NH803 688) where it was first seen in 1978.

Atropa belladonna (Deadly Nightshade)  LR   NH76,86
H 2(1). Present for some time by Eathie and by Cromarty where it may have spread along the shore.

Aubrieta deltoidea*(Aubretia)   NH34,54,55,75,78
H 5(2). Recently recorded as a garden escape. Conon Bridge, Fortrose (NH728 568).

Aurinia saxatilis* (Alyssum saxatile)
Pre-2000(1). One unlocalised Atlas record in NH98, presumably a garden escape.

Avena fatua# (Wild Oat)   NH75,87
H 2(5). Widely recorded in Duncan's time but now rare. eg. Hilton (NH874 767)

Avena sativa* (Cultivated Oat)   NH45,46,55,65,75,76,,88
H 7(0). Sometimes escapes from cultivation. Tain, Munlochy Bay, Easter Moy, Fortrose.

Avena strigosa (Bristle Oat)*
Pre-2000(1). Last recorded in 1976 at Cromarty NH76.

Avenula flexuosa (Wavy Hair-grass) (Deschampsia flexuosa)
H20+ Very common on mountains, moorlands etc Allt na Caorach, Benmore Forest etc

Avenula pratensis (Helichtotrichon pretense) (Meadow Oat-grass) LS   NH65,76,78,87,88,98
H 6(6). Regarded as frequent by Duncan but few recent records. eg. Rockfield, Tain, Shandwick.

Avenula pubescens (Helichtotrichon pubescens) (Downy Oat-grass)
H 13(10). Frequent on shores and in grassland. Eg. Avoch, Benmore, Nigg etc.

Baldellia ranunculoides (Lesser Water-plantain)  NT LR   NH87,88
H 2(2). By two Lochs only, but present in some quantity in Loch Eye both in NH 87 and 88.

Barbarea intermedia (Early Wintercress)*  NH36,45,55,56,64,66,75,87,98
H 9(3). May have become more common. eg North Kessock, Loch Kinellan, Tarbatness.

Barbarea vulgaris (Wintercress)  LS  NH45,64,66,75,78,,87
H 6(3). Formerly fairly common but relatively few recent records eg Alness and Avoch

Bellis perennis (Daisy)
H 20+  Remains very common on lawns, fields and grassy hillsides. eg.Craigroy Burn, Tarbatness.

Berberis buxifolia (Box-leaved Barberry)*   NH55,56
H 2(0). An escape only recorded recently.. Near Eileanach Lodge (NH548 691) and Dingwall.

Berberis darwinii (Darwin's Barberry) NH55
H 1 (0) A garden escape at Craig Wood.,Dingwall

Berberis vulgaris (Barberry)*
Pre-2000 only. Not seen for 40 years. Formerly by Scatwell NH35 and Brahan Castle NH55.

Bergenia crassifolia (Elephant-ears)*  NH87
H 2(1). By Loandhu as a persisting garden throw-out (NH 816 790).Also Strath Oykel

Baldellia ranunculoides (Lesser Water-plantain)  NT LR   NH87,88
H 2(2). By two Lochs only, but present in some quantity in Loch Eye both in NH 87 and 88.

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Berberis darwinii (Darwin's Barberry) NH55
H 1 (0) A garden escape at Craig Wood.,Dingwall

Berberis vulgaris (Barberry)*
Pre-2000 only. Not seen for 40 years. Formerly by Scatwell NH35 and Brahan Castle NH55.

Bergenia crassifolia (Elephant-ears)*  NH87
H 2(1). By Loandhu as a persisting garden throw-out (NH 816 790).Also Strath Oykel

Berula erecta (Lesser Water Parsnip)  LR   NH77,78
H2(0). At Rhainich, this being its first confirmed record for the vice-county. Now also Aldie Burn.

Beta vulgaris ssp cicla* (Foliage Beet)   NH87
H1(0). Noted as a casual on the shore at Shandwick and Hilton NH 87 where it has not persisted.

Beta vulgaris ssp. maritima (Sea Beet) NH87
H 1(0). Seen on the shore at Hilton in 2004 but has not persisted.

Beta vulgaris ssp. vulgaris* (Root Beet)
Pre-2000. A 1979 BRC record in NH 87 only and no further reports.
Betonica officianlis (Stachys officinalis) (Betony) NH 25,98
H2 (0) Probably planted at Scardroy. Also at Rockfield

Betula nana (Dwarf Birch) NS
H 20(16). Widely recorded on many of the mountainous areas. eg Ben Wyvis, Strathvaich.

Betula papyrifera* (Paper Birch) NH45
H 1(0). One site at Strathpeffer (NH485 583) where it was probably planted.

Betula pendula (Silver Birch) H 20+ Common in most parts of the county but not quite as widespread as B. pubescens. eg Brahan

Betula pubescens (Downy Birch) H 20+ Very common indeed in most areas including the uplands. eg Muirhead Wood, Ardgay.

Betula x intermedia (B. nana x pubescens) NH27,46,58 H 3 (0). Near Loch Glascarnoch and Coire Bog (NH532855).

Bistorta officinalis (Persicaria bistorta) (Common Bistort) H 1(1) (3) Grassy habitats with several sites in NH87 etc eg Nigg, Loandhu, Brahan, Marybank

Bistorta vivipara (Persicaria vivipara) H 19(2) Mainly upland eg Moruisg, Benmore Forest, Loch Morie, Breabag Tharsuinn

Blackstonia perfoliata (Yellow-wort) LR NH76
H 1(0) On the helicopter pad at Nigg Ferry.

Blechnum spicant (Hard Fern) H 20+ Very common in woods, hills and moors. eg. Rogie Falls, Craigroy Burn, Loch Ailsh.

Blysmus rufus (Saltmarsh Flat Sedge) LS NH64,65,77,88,98 H 5(8). On saltmarshes. Perhaps fewer recent records. Kilmuir, Morrich More, Rockfield, Munlochy

Bolboschoenus maritimus (Sea Club Rush) H 11(7). Present in quantity in some coastal sites. eg Ardroy, Redcastle, Udale Bay.

Borago officinalis (Borage) H 20+ (6). Seen as an escape from cultivation by roads, tracks etc. eg. Inver, Barbaraville.

Brassica napus* (Oilseed Rape) H 20+(6). Seen as an escape from cultivation by roads, tracks etc. eg. Inver, Barbaraville.

Brassica oleracea* (Wild Cabbage) NH55,75,87,88,98 H 5(4). Mainly by the coast and very persistent at Fortrose. Also Portmahomack, Muir of Ord.

Brassica rapa (Turnip) Pre-2000 (1). Recorded at Rosehaugh NH65 in 1971

Brassica tournefortii* (Pale Cabbage).

Briza maxima* (Greater Quaking-grass)
Pre-2000(1). Only one unlocalised Atlas record from NH 87, presumably as a garden escape.

Briza media (Quaking Grass) LR NH45 H 1(3). Still by Loch Kinellan (NH 468 574) but it has not been refound at Ardross or Swordale.

Bromopsis erecta (Upright Brome) LR NH78 H 1(0). A 2004 record for Tain (NH78 52) where it may not have persisted.

Bromopsis ramosa (Hairy Brome) H 14(7). Quite widespread in woodlands, gorges, by coast. eg Shandwick, Orrin Bridge, Craigton.

Bromus hordeaceus (Soft Brome) H 19(8). Frequent by the shore and roadsides etc eg. Hilton, Fortrose, Strathpeffer.

Bromus lepidus* (Slender Soft Brome) Pre-2000(1). Many old records but not seen since 1975 at Bonar Bridge NH69.

Bromus x pseudothomii (B. hordeaceus x lepidus) NH 98 H 1 (0) 19th specimens from Tain. Recently found at Portmahomack
Bromus secalinus* (Rye Brome)
Pre-2000. Only old unlocalised records.

Buddleja davidii* (Butterfly Bush)
H 20+(13). Many recent records and has probably become more common. eg Evanton, Ardgay.

Buddleja globosa* (Orange-hall -tree) NH55, 65,76
H 3 ((). Probably planted. Newhall Point and Avoch (NH699 547) at the roadside.

Bupleurum subovatum* (False Throw-wax)
Pre-2000(1). Only one record from Nigg NH 87 in 1971 where it was probably a casual.

Butomus umbellatus (Flowering Rush) NH78
H 1(0) In Tain Links pond where it was probably planted. NH782 824

Buxus sempervirens* (Box)
H 11(4). Perhaps now more widespread but usually planted. eg Calroisie, Ardgay, Culmore.

Calcille maritima (Sea Rocket) NH75,76,78,87,8,98
H 6(7). Locally frequent on a few sandy shores. eg. Balintore, Eathie, Morrich More.

Calamagrostis epigejos (Wood Small-reed) LR NH45
H 1(1). Only one site in Torrachilty Wood (NH 441 557) where it was first found in 1988.

Calendula officinalis (Pot Marigold)# NH64,75,76,77,87,88,98
H 7(8). A garden throw-out by the shore or in towns. eg. North Kessock, Fortrose, Rockfield.

Callitrichne brutia ssp hamulata (Intermediate Starwort)
H 20+. C. hamulata is now regarded as a subspecies of C. brutia. Ponds, lochs etc

Callitrichne hermaphroditica LS NH 35,38,65,66,67,76,87,88
H 8(5). Much less common than the previous species. Lochs Eye, Lundie, Achnacroich etc.

Callitrichne stagnalis (Water Starwort)
H 20+ Very common in lochs, ponds etc across the county. eg. Conon Bridge, Loch Ussie.

Calluna vulgaris (Heather)
H 20+ Very common on moorland etc and recorded in virtually all squares. eg. Tarbatness, Brahan.

Caltha palustris (Marsh Marigold)
H 20+ Common in wet places and recorded in the majority of squares. eg. Ardroy, Ord Loch, Garve

Calystegia silvicata* (Large Bindweed) NH45,46,54,55,64,75,76,87
H 9(6). Occasionally. Allangrange (NH624 513), Ardgay (NH599 904), Rheindown.

Calystegia persicifolia (Peach-leaved Bellflower)* NH 45,55,64,66,75,76,78
H 7(2). An occasional garden escape. Conon Bridge (NH547 553), Strathpeffer, Evanton

Campanula poscharskyana* (Trailing Bellflower) NH 55,56,65,75,76
H 5(2). Of garden origin. Recent records at Dingwall (NH561 603), Invergordon, Fortrose.

Campanula rapunculoides* (Creeping Bellflower)
Pre-2000(2). Described as fairly frequent by Duncan but not seen since 2000.

Campanula rapunculus* (Rampion Bellflower)
Pre-2000. One old unlocalised and unconfirmed record in NH 78.

Campanula rotundifolia (Harebell or Scottish Bluebell)
H 20+ Very widespread on coasts, roadsides, moors etc. eg. Rosemarkie, W. Kincardine Hill.

Campanula trachelium (Nettle-leaved Bellflower)*NH98
H1(0). Possibly planted near Rockfield

Capsella bursa-pastoris #(Shepherd’s Purse)
H 20+ Widespread on fields, waste ground, shores etc, eg. Gilchrist, Shandwick, Croick.
Cardamine amara (Large Bittercress)
Pre-2000(3). Regarded as an error by Duncan but three subsequent unverified records.

Cardamine corymbosa* (New Zealand Bitter-cress)
Pre-2000(1) Recorded once in NH 55 in 1996 as a garden weed,

Cardamine flexuosa (Wavy Bitter-cress)
H 20+ Widespread in damper habitats. eg Dingwall, Toll Lochan, Muirhead Wood.

Cardamine hirsuta (Hairy Bitter-cress)
H 20+ Common on waste ground, roadsides, woods etc eg. Rosemarkie, Ardgay, Foulis Point.

Cardamine pratensis (Cuckoo-flower)
H 20+  Common in wet places eg Moy Island, Lubcroy, Croick.

Carduus crispus (acanthoides) (Welted Thistle)   LS
NH 66,76,87,88,98

Carduus nutans* (Musk Thistle)
NH 66,77,87
H 3(2). Near the sea and waste ground. Nigg (NH798 720), Balintore (NH862 754).

Carduus tenuiflorus (Slender Thistle)
NH65,66,76,86,87,88,97,98
H 8(3). Frequently recorded by the shore eg Shandwick, Tain, Morrich More.

Carex acuta (Tufted Sedge)   ?EX
Pre-2000(1) The old records for this species have never been confirmed.

Carex acutiformis (Lesser Pond Sedge)   LS
NH 55
H 1(4). By Lochs, rivers etc. Ord Loch, Muir of Ord (NH525 503) and River Conon.

Carex aquatilis (Water Sedge)
NH15,26,38
H 3(5). Scarce by lochs and lochans. Loch Ussie, Loch Gowan.

Carex arenaria (Sand Sedge)
NH75,76,78,86,87,88,97,98
H 8(8). Frequent by the shore eg Shandwick, Tain, Morrich More.

Carex atrata (Black Alpine Sedge)   LR
NH 28
H 1(2). Rare on basic mountain cliffs. Post-2000 records from Loch Luchd Coire and Cadha Dearg.

Carex bigelowii (Stiff Sedge)
H 20+ Common on the higher hills. eg Beinn Dearg, Sgurr a Muillin, Ben Wyvis.

Carex binervis (Green-ribbed Sedge)
H 20+ Common on moorland, wet woods etc eg Carbisdale, Morrich More, Sgonnnan Mor.

Carex canescens( C. curta) (White Sedge)
H 19(25) Frequent in damp places. eg Tarvie, Aldie Burn, Loch Craggie

Carex capillaris (Hair Sedge)    NS    LS
NC 31,NH13,65
H 3(5). Base-rich sites. Recent records from Brea bag Ridge and Sgurr nan Clachan Geala.

Carex caryophyllea (Spring Sedge)   LR
Pre-2000(2). Older sites included Loch Morie NH57 and Morrich More NH88 in 1970-1.

Carex demissa (C. viridula ssp. oedecarpa) (Common Yellow Sedge)
H 20+ More common than other yellow sedges and in similar places. eg Glenuag Lodge, Nigg

Carex diandra (Lesser Tussock Sedge)   NT    LS
NH54,67,68,77,78
H 5(4). Not in Duncan's flora but recorded since 1980. Tarradale, Ardmore, Pitmaduthy etc.

Carex dioica (Dioecious Sedge)
H 20+ Common in flushes etc. eg Invercharron, Toll Lochan, Scotsburn.

Carex distans (Distant Sedge)   LS
NH64,66,75,98
H 4(4). A coastal species perhaps seen less frequently lately. Tarbatness, Kilmuir, Rosemarkie.

Carex disticha (Brown Sedge)
Pre-2000 Only one unconfirmed record from Swordale NH56 in 1982.

Carex echinata (Star Sedge)
H 20+ Common in damp places. eg Loch Craggie, Glenuag lodge, Benmore Fort.

Carex extensa (Long-bracted Sedge)   LS
NH65,66,88,98
H 4(4). A saltmarsh sedge in few sites although the Morrich More (NH 88) population is large.

Carex flacca (Glaucous Sedge)
H 20+ Widespread in lowland and upland. eg Tarbatness, Loch Ailsh, Loch Luchd Coire.
Carex x fulva (C. hostiana x viridula)  NH05,25,29,38,39,47,56,65,68,87
H 10(7). This hybrid has been recorded more often lately. eg Talich, Coire Mor, Duag Bridge.

Carex x grantii (C. recta x aquatilis)  Pre-2000(1). Recorded in the Kyle of Sutherland NH59 in 1983.

Carex hirta (Hairy Sedge) ?EX  Pre-2000 Only recorded in 1967 at Stathpeffer NH45.

Carex hostiana (Tawny Sedge) H 20+ Common across the vice-county. eg Muirhead Wood, Lubcroy, Talich.

Carex x involuta (C. rostrata x vesicaria)  Pre-2000 only. No record since 1909 (Conon Island)

Carex laevigata (Smooth-stalked Sedge) LR NH46 H 1(3). In damp meadows etc. By Loch Garve (NH 406 604).

Carex lasiocarpa (Slender Sedge) H 12(9). Recorded more often lately. eg Loch na Cra, Loch Ussie, Loch Borallan.

Carex lepidocarpa (C. viridula ssp. brachyrrhyncha) (Long-stalked Yellow Sedge) H 20+ Common in wet places in E. and W. Lubcroy, Talich, Muir of Ord etc

Carex leporina (C. ovalis) (Oval Sedge) H 20+ Fairly common in a variety of habitats. eg Loch Ailsh, W. Kincardin e Hill.

Carex limosa (Bog Sedge) LR NH15,35,36,44 NC30 H 5(3). Remains scarce but new sites found. eg Loch Gowan, Loch Craggie, Scardroy Burn.

Carex magellanica (Tall Bog Sedge) NS LR NH02,13 H 2(1). The sites by Loch Mullardoch were seen in 2004 and 2017.

Carex maritima (Curved Sedge) EN LR NH88,98 H 2(1) The Morrich More site may be lost but recently re-found in saltmarsh by Tarbatness and Inver.

Carex muricata ssp. pairae (lampiea) LR Pre-2000(2). Previous records form Learnie NH76 and Falls of Rogie NH45 in 1988.

Carex nigra (Common Sedge) H 20+ Known from wetter places in many locations. eg Moy Island, Duag Bridge, Glen Calvie.

Carex oederi (C. viridula ssp. viridula) (Small-fruited Yellow Sedge) See Carex viridis

Carex otrubae (False Fox Sedge) NH55,56,66,76,77,86,87 H 7(6). Occasional by the shore. eg Nigg, Barbaraville, Kiltiearn.

Carex ovalis see C. leporina


Carex panicula (Carnation Sedge) H 20+ In most 10km squares. eg Tarbatness, Coire Lochain, Loch Mullardoch.

Carex paniculata (Greater Tussock Sedge) LS NC20 NH45,55,59,67,68,76,77,78 H 9(7). Occasional in wet habitats eg Rhanich, Carbisdale, Loch Achnacloich.

Carex pauciflora (Few-flowered Sedge) H 20+ Widespread on moorland. eg Corriehallie Forest, Clar Lochan.

Carex pendula* (Pendulous Sedge) NH45,55,56,75,77,87 H 6(1). Likely to be an introductions here. eg Contin, Foulis Castle, Urquhart.

Carex pilulifera (Pill Sedge) H 20+ Common on moors etc. eg Lubcroy, Strath Ruisdale, Duag Bridge.

Carex pseudocyperus (Hop Sedge) NH78 H 1(0). By Tain Links pond where it was probably planted. NH782 824

Carex pulicaris (Flea Sedge) H 20+ Widespread in upland and also at lower levels. eg Sgurr a Chaorachain, Loch Ussie.

Carex recta (Estuarine Sedge) VU NR LS NH59,68,69 NC40 H 4(2). A rare species that is present in great quantity in the Kyle of Sutherland.

Carex remota (Remote Sedge) NH45,54,55,59,64,65,67,68,76,77 H 10(9). Scattered in damp woodlands eg Redcastle Woods, Drummondreach, Dunglass Island.
Cerastium (Mouse-ear) H 1(0). Only one site on the Black Isle by a pond where it may have been introduced.

Carex rostrata (Bottle Sedge) H 20+ One of the commonest sedges in lochs and wet areas. E.g. Loch Eye, Corriehallie Forest.

Carex rupestris (Rock Sedge) NS LR NC31 H 1(1). Only known from one site on the Breabag Ridge by the border of VC 106.

Carex saxatilis (Russet Sedge) NS LS NH 04,13,14,15,28 47 H 6(6). On a few mountains only. Sguirr a Choarachain, Sguirr na Clachan Geala, Ben Wyvis etc.

Carex spicata (Spiked Sedge) Pre-2000. BRC records for 1961 at Rosemarkie NH75 and Eathie NH76. Not seen since.

Carex sylvatica (Wood Sedge) H 11(7). Scattered in woodland sites. Craig Wood Dingwall, Redcastle, Rosehaugh, Avoch etc.

Carex vaginata (Sheathed Sedge) NS LS NC20, NH 13, 27, 28 H 4(2). On a few mountain rocks only. Loch Luchd Coire, Loch Li Fannich, Benmore Forest.

Carpinus betulus (Hornbeam) H 11(6). Occasional by lochs and rivers. Moy Bridge, Culbokie Loch, Loch Achilty etc.

Carex viridis (Small-fruited Yellow Sedge). (Carex oederi/viridula ssp viridula) LS H 4(7) Recorded less often in recent years.. Loch a Buith, Morrich More, Duag Bridge

Carlina vulgaris (Carlina Thistle) LS NH47, 76, 87, 98

Cedrus libani* (Cedar-of-Lebanon) NH55, 65 H 2(0). Planted on Rosehaugh estate (NH680 556). Also Conon Mains (NH5353)

Centauraea cyanus *(Cornflower) DD NH45, 54, 55, 64, 65, 66, 76, 77, 87, 98


Centaurea montana* (Perennial Cornflower) NH26, 55, 56, 75, 77, 78, 87

H 11(2). Recently recorded as a garden escape. Tain, Tomich, Dingwall etc.

Centauria nigra (Common Knapweed) H 20+ Widespread in grassy areas, roadsides etc eg Moy Island, Duag Bridge, Benmore.

Centauria scabiosa (Greater Knapweed) LR NH65 H 1(1). May not be native in E. Ross. Rosehaugh.

Centaurium erythraea (Common Centaury) LS NC 20, 40, NH36, 66, 76, 86 H 6(0). Recorded recently by Benmore, Inveroykel West (NC473 003), Corriemollie, Novar.

Centaurium littorale (Seaside Centaury) NS LR NH88 H 1(1). Now only known from Morrich More where it grows in some quantity.

Centranthus ruber* (Red Valerian) NH64, 66, 75, 78, 76, 87 H 6(2). A scarce garden escape. Balintore, Hilton (NH872 763), Fortrose and Tain etc.

Centunculus minimus (Anagallis minima) (Chaffweed) See Lysimachia minima

Cerastium alpinum (Alpine Mouse-ear) VU NS LS NH28
H 1(2). Nationally scarce and only recently recorded from Seana Bhraigh and Beinn Dearg areas.

**Cerastium arvense** (Field Mouse-ear) LR NH54,88
H 2(5). Formerly described as common but now appears to be scarce. Muir of Ord, Millers Place.

**Cerastium cerastoides** (Starwort Mouse-ear) NS LS NH12,13,16,28

**Cerastium diffusum** (Sea Mouse-ear) H 12(17). Fairly frequent especially on the shore. eg Fortrose, Nigg, Tain.

**Cerastium fontanum** (Common Mouse-ear) H 20+ Very common in most parts of the vice-county. eg Tarbatness, Beinn Tharsuinn, Geanies.

**Cerastium glomeratum** (Sticky Mouse-ear) H 20+ Common in many areas. eg Cromarty, Shandwick, Brahan.

**Cerastium nigrerescens** (C. arcticum) (Arctic Mouse-ear) NT NS LR NH13,28
H 2(1). Rare in the mountains. Seana Bhraigh, Beinn Enaiglair, Coire Grande

**Cerastium semidecandrum** (Little Mouse-ear) H 13(11). By the shore in various places. eg Rosemarkie, Rockfield, Newhall Point.

**Cerastium tomentosum*** (Snow-in-summer) H 16(10). A garden throw-out that did not persist. Portmahomack.

**Chaenorhinum minus**# (Small Toadflax) NH37

**Chaerophyllum temulum** (Rough Chervil) LS NH45,54,55,64,65,75,88

**Chara aspera** NH67,87,88
H 3 Records from Morrich More, Loch Eye and Loch Achnaclioch.

**Chara vulgaris** NH65,86,88
H 3 Seen at Morrich More, by Nigg, Rosehaugh.

**Chelidonium majus**# (Greater Celandine) NH55,64
H 2(0). Casual at North Kessock and Brahan

**Chenopodium album agg** (Fat Hen) H 19(14). A common agricultural weed in the east. eg Tarvie, Hilton, Barbaraville.

**Chenopodium bonus-henricus** # (Good-King-Henry) VU LR NH55,64
H 2(2). Described as fairly frequent by Duncan but now very rare. Balloan(NH58 59), Craigton.


**Cheliceria sedoides** (Cyphel) VU NS (Minuartia) NC21,31NH03,12,13,17,26,27,28,38
H 10(8) Scarce on summits and occasionally on river shingle. Beinn Dearn, Breabag Tharsuinn etc.

*Chionodoxa* see Scilla.

**Chrysanthemum segetum** (Corn Marigold) VU See *Glebionis segetum*

**Chrysosplenium alternifolium** (Alternate-Leaved Golden Saxifrage) LS NH45,55,56,66,75,77.
H 6(6). Much more scarce than *C. oppositifolium*. eg Milton Wood, by Brahan, Dunglass Island.

**Chrysosplenium oppositifolium** (Golden Saxifrage)
H 20+ Common in damp places. eg Fairy Glen, Lubercroy, Duag Bridge.

**Cichorium intybus** (Chicory) LS NH54,55,75,87,98
H 5(0). In fields and scarce. Portmahomack (NH907 839) and Mains of Tullich (NH852 768).

**Cicerbita macrophylla** (Common Blue Sow-thistle) NH64,66,67,75,78
H5(2). An infrequent escape. Redburn (NH742 840), Rosemarkie, Cnoc Navie..

**Circaea x intermedia** (alpina x lutetiana) (Intermediate Enchanter's Nightshade)

**Circaea lutetiana** (Enchanter's Nightshade) NH45,55,56,65,66,75,76
H 7(8) Occasional in woods. eg Black Rock Gorge, Marybank, Balloan.

**Cirsium arvense** (Creeping Thistle)
H 20+ Very common in many areas. eg Tarbatness, Moy Island, Loch a Chroisg.

**Cirsium heterophyllum** (Melancholy Thistle)
H 19(21). Many records but fewer since 2000. eg Scardroy Burn, Meig Dam, by Brahan.

**Cirsium palustre** (Marsh Thistle)
H 20+ Very widely recorded especially in wetter places. eg Loch Borallan, Pitmaduthy etc.

**Cirsium x wankelli** *(C. heterophyllum x palustre)*
Pre-2000(1). Only one record in 1985 by River Blackwater near Contin NH45.

**Cirsium vulgaris** (Spear Thistle)
H 20+ Very common in fields etc. eg Tarbatness, Shandwick, Newton of Ochtow.

**Claytonia perfoliata** (Spring Beauty) NH54,55,56,64,65,66,75,76,77,87
H 10(6). Mainly in the east close to the sea. eg Shandwick, Belleview, Fortrose.

**Claytonia sibirica** (Pink Purslane)
H 15(4). More often noted lately especially in woodland. eg Marybank, Invercharron, Garve.

**Clematis vitalba** *(Travellers Joy)* NH66
H1 (1) Planted on Black Isle. Older Portmahomack record probably also planted.

**Clinopodium vulgare** (Wild Basil) ?EX
Pre-2000(1). Not seen since 1991 at Avoch where it has not been found recently.

**Cochlearia anglica** *(English Scurvygrass)* LR
Pre-2000. Rare but problems in classification of Scottish plants. No certain recent records..

**Cochlearia danica** *(Danish Scurvygrass)*
H 13(5). Rare on the coast but now also present on the A9. Tain, Nigg, Rockfield.

**Cochlearia micacea** *(Mountain Scurvygrass)*
Pre-2000(2). The status of this species is uncertain. Not recorded recently. Beinn Dearn 1978.

**Cochlearia officinalis** *(Common Scurvygrass)*
H 20+(22). Widespread on the coast and also seen on the mountains. eg Redcastle, Rockfield.

**Cochlearia officinalis** ssp *scotica* *(Scottish Scurvygrass)* LS NH66,88
H 2(1). Status uncertain. Scarce on the shore eg Cullicudden, Kiltearn, Morrich More, Inver.

**Cochlearia pyrenaica** *(Pyrenean Scurvygrass)*. NH28
H 1(1). Recorded on Cadha Dearn in 2021.

**Coeloglossum (Dactylorhiza) viride** (Frog Orchid) VU NH13,14,15,16,25,26,28,37,88,98
H10(10). Described as frequent by Duncan but now seems more scarce. eg Tarbatness(NH948 876).

**Colchicum autumnale** *(Meadow Saffron)* NH45,66,77,87,98.

**Comarum palustre** *(Potentilla palustris)* (Marsh Cinquefoil)

**Conium maculatum***(Hemlock) NH 87,98
H 2(4). This archaeophyte is uncommon. Portmahomack, Balintore (NH866 759).

**Conopodium majus** (Pignut)
H 20+ Common especially in woods. eg Alness, Milton Wood, Allt Coire Ruchain.

**Convallaria majalis** (Lily-of-the-valley)  NH55
H 1(0). Probably naturalised here. Brahan by drive(NH517 548).

**Convolvulus arvensis** (Field Bindweed)  LS  NH55,66,68,78,87,98.
H 6(1). Fairly scarce. Fields and waste ground. Portmahomack, Ardmore (NH700 867).

**Coryza canadensis** (Canadian Fleabane)  See *Erigeron.*

**Corallorhiza trifida** (Coralroot Orchid)  VU NS
H12(5). More sites have been found but remains elusive in woods. eg Whitebog Wood, Belmaduthy.

**Cornus mas** (Cornelian-cherry)  NH56
H 1(0). Probably planted north of Dingwall by Tulloch Castle (NH553 605).

**Cornus sanguinea** (Dogwood)*
Pre-2000. These old records may relate to *C. sericea*

**Cornus sericea** (Red-osier Dogwood)*  NH45,55,59,64,75,77,78
H 7(4). Planted in various places. eg Dingwall, Tain, Brahan.

**Cornus suecica** (Dwarf Cornel)  NT
H 20+ Given NT status in the Red Data Book but still widespread in the mountains in VC106.

**Corydalis solida** (Bird-in-the-bush)  NH55
H 1(0). A garden throw-out in Craig Wood, Dingwall (NH552 595).

**Corylus avellana** (Hazel)

**Cota (Anthemis) tinctoria** (Yellow Chamomile)  NH75
H1 (0) A rare garden escape at Fortrose

**Cotoneaster frigidus** (Tree Cotoneaster)  NH45,55,76
H 3(0). Only three records from Contin by a forest track. (NH 454 567), Learnie and Dunglass.

**Cotoneaster horizontalis** (Wall Cotoneaster)  NH36,45,55,59,64, 65,66,7578, 87
H 10(6). More recorded in recent years eg Braelangwell, Dingwall, North Kessock, Balintore.

**Cotoneaster integrifolius** (Entire-leaved Cotoneaster)  NH56
H 1(2). Not recorded until the 1980s onwards. By Eilenanich Lodge on slope. (NH548 691).

**Cotoneaster microphyllus** (Small-leaved Cotoneaster)  NH59,65.
H 2(2). Recent records from by the River Carron and Munlochy Bay.

**Cotoneaster simonsii** (Himalayan Cotoneaster)
H 20+ By far the commonest naturalised Cotoneaster. eg Rosemarkie,Wood of Brae, Strathrory etc

**Cotoneaster splendens** (Showy Cotoneaster)
Pre-2000 only. A 1966 record for Milbuie forest NH65.

**Cotoneaster x watereri** (C. frigidus x salicifolius) (Waterer's Cotoneaster)  NH64,76
H 2(0). Planted on the edge of forestry at Milbuie (NH705 613). Also Craigton

**Cotula coronopifolia** (Buttonweed)*  NH88
H1(0). A recent record from Inver. Known from the other side of the Dornoch Firth.

**Crassula helmsii** (New Zealand Pigmyweed)  NH55
H 1(0). A highly invasive species which appears to have been eliminated from its former site.

**Crassula tiliae** (Mossy Stonecrop)  NS
H 20+(0). First found since 2000 on gravel tracks etc. Now widespread

**Crataegus intricata** (Lange's Thorn).  
Pre-2000(1). An unlocalised BRC record for NH 87.

**Crataegus monogyna** (Hawthorn)
H 20+. Very common especially in the east. eg Craigroy Burn, Rosemarkie. Dingwall etc.

*Crepis capillaris* (Smooth Hawk's-beard)
H 20+. Common especially on lower ground. eg Hillockhead, Kiltearn, Ardgay etc.

*Crepis paludosa* (Marsh Hawk's-beard)
H 20+ Common in damper places. eg Moy Island, by Loch Mullardoch, by Lubicroy etc.

*Crocus x crocosmiflora* (C. aurea x potsii)* (Montbretia)
H20(10). Naturalised in various places eg Marybank, Balintore, Tain.

*Crocus paniculata x pottsiia* (Aunt-Eliza)  NH64,66,77
H 3(1). Less frequent than the previous species. Kildary Loch, North Kessock, Novar.

*Crocus x hybridus* (bilflorus x chrysanthus) *  NH64,76
H 2(0). Occasionally seen as a garden throw-out. North Kessock, Cromarty.

*Crocus nudiflorus* (Autumn Crocus)  NH66
H 1 (0) Garden escape by Evanton.

*Crocus x luteus* (C. angustifolius x flavus)* (x Stellaris)  NH36,55,64,76,77,87
H 6(0). First seen recently as a garden throw-out. Dingwall. Conon Bridge, Balintore, Garve.

*Crocus tommasianus* (Early Crocus)  NH45,55,64,66,67,76,77,87,88.
H 10(0). First recorded since 2000. eg Dingwall, North Kessock. Rosemarkie, Kilcoy etc.

*Crocus vernus* (Spring Crocus)  NH36,55,64,66,67,76,77,78,87
H 9(0). Of garden origin. Seen at Balintore (NH864 756), Garve(NH395 616) and Dingwall.

*Cruicata laevipes* (Crosswort) LS  NH 56,66
H 2(2). Near its northern limit. Teachatt (NH588 651), Kiltearn (NH615 652).

*Cupressus lawsoniana* (Lawson’s Cypress) (Chamaecyparis)
H20 (8). Widely planted in recent years and also self propagates. Rosemarkie, Invercharron etc.

*Cupressus (Xanthocyparis) nootakensis*  NH45
H1(0) Planted at Fairburn.

*Cupressus pisifera* (Sawaya Cypress) (Chamaecyparis)  NH55,64,66
H3 (0) Planted near Dingwall (NH553 605). Also North Kessock, Brahan.

*Cryptogramma crispa* (Parsley Fern)  NH04,12,13,14,17,25,26,27,28,46,47.
H 11(5). In rocky places on mountains. eg Beinn Dearg, Ben Wyvis, Beinn Liath Mhor Fannaich.

*Cryptomeria japonica*  NH56,66
H2 (0) Planted at Paradise Wood near Dingwall and at New Mill.

*Cupressus sempervirens* (Italian Cypress)  NH56
H 1(0). Planted at Paradise Wood by Dingwall.

*Cyclamen hederifolium* (Sowbread)*  NH78
H1(0) At Hartfield in 2010. Perhaps a garden throw-out.

*Cymbalaria muralis* (Ivy-leaved Toadflax)  NH35,55,64,65,66,67,75,76,77,78
H 9(5). Usually on walls. eg Tain, Rosemarkie, Alness, Tomich.

*Cynoglossum officinale* (Houndstongue) NT LR  NH88
H1(1). Recently found on the shore at Inver. Previously at Eathie.

*Cynosurus cristatus* (Crested Dogstail)

*Cystopteris fragilis* (Brittle Bladder-fern)
H 20+(23). Quite frequent often on rocks or hills. eg Ben Wyvis, Rogie Falls, by Loch Orrin.

*Cytisus scoparius* (Broom)
H 20+. Very common on heaths, by tracks etc. eg Tarbatness, Rosemarkie, Moy Island.

*Cytisus striatus* (Hairy-fruited Broom)
Pre-2000(1). Recorded as being planted at North Kessock NH64 in 1979.

*Dactylis glomerata* ((Cock’s-foot)
H 20+Very common in various habitats. eg Allt Ducharidh, Geanies, Ardgay

*Dactylorhiza x carnea* (D. maculata x incarnata)
Pre-2000(1). A 1982 record only from the VC boundary. Said to involve ssp cruenta.

*Dactylorhiza x formosa* (D. maculata x purpurella)  NH66,87
Dactylorhiza fuchsii (Common Spotted-orchid) LS NC20,NH 55,56,64,66,76, 86 7(15). Seen less frequently lately and may have declined. Dingwall, Monadh Mor, Glen Glass.

Dactylorhiza incarnata (Early Marsh-orchid) H 20(12). Scattered sites in damp meadows. eg Talich, Rhanich, Belmaduthy, Morrich More.

Dactylorhiza incarnata ssp. cocinea Pre-2000(2). Older records from Morrich More and Strathsgitheach but it has not been refound.

Dactylorhiza incarnata ssp incarnata Recorded as D. incarnata.

Dactylorhiza incarnata ssp pulchella NH15,24,27,45,88. H 5(1). Infrequent on damp ground. eg By Corriefeol, Morrich More, Glen Chorainn

Dactylorhiza maculata (Heath Spotted-orchid) H 20+Very common in many parts of VC 106 on mountains, heaths etc. eg Alladale,Talich.

Dactylorhiza purpurella (Northern Marsh-orchid) H 20+. Common in meadows, roadsides etc. eg Nigg, Tain, Talich, Carbisdale.

Dactylorhiza x transiens (D. fuchsii x maculata) NH56 H 1(0). A scarce hibrid. Recently recorded north of Dingwall (NH 559 601).

Dactylorhiza trauentsieberoides (Narow-leaved Marsh-orchid) NS NH24 H 1(2) First found in the 1990s in flushes in Glenchorainn, Strathconon.

Dantonia decumbens (Heath-grass) H 20+. Common in grassland, moors etc. eg Inveroykel, Tarbatness, Scotsburn.

Daphne laureola*(Spurge laurel) NH77 H 1(0). Probably planted. Recent record by Barbaraville (NH744 718)

Darmara peltata* (Indian-rhubarb) Pre-2000(1). Only one record in 1978 from Strathgarve Lodge NH46.

Dasiphora fruticosa *(Shrubby Cinquefoil) (Potentilla fruticosa) NH45,55,66 H 3(0) A garden throw-out noted at Blackmuir Wood, Kiltearn and Dingwall

Datura stramonium* (Thorn-apple) NH59,76 H 2(0). A record from Strathconon in 2003 (NH508 924). Also Cromarty.

Daucus carota (Wild Carrot) LS NH54,55,65,75,87,88,98 H 6(3). Mainly restricted to the coast. eg Tarradale, Pitglassie, Balintore, Inver, Rockfield

Davidia involucrata (Dove-tea). NH45. H1(0) Planted at Fairburn Estate.

Deschampsia cespitosa (Tufted Hair-grass) H 20+ Very common on low and high ground. eg Moy Island, Loch Borallan, Ardgay.

Deschampsia flexuosa (Wavy Hair-grass) See Avenula flexuosa

Deschampsia setacea (Bog Hair-grass) See Aristavena setacea

Descurainia sophia (Flixweed) NH75,76,87,88,98 H 5(8). Scattered in mainly coastal locations. eg.Inver, Hilton, Nigg, Portmahomack.

Dianthus barbatus* (Sweet-William) NH98 H 1(0). First recorded at Portmahomack (NH913 841) as a garden escape in 2004.

Dianthus deltoides (Maiden Pink) NT NH15, 64 H 2(1). Cultivar at Achnasheen NH 1658. The native plant is planted at N. Kessock NH64.

Dicentra Formosa* (Bleeding Heart) NH55 H 1(0) Recently recorded by Pitcalnie.

Digitalis purpurea (Foxglove) H 20+ Very common in various habitats. eg.Craigroy Burn, Rosemarkie, Moy Island

Diphasiastrum alpinum (Alpine Clubmoss) H 20+ Very common mainly in the mountains. eg. Struie, Ben Wyvis, Sguirr a Mhuillin

Diphasiastrum x issleri (D. alpinum x complanatum) (Issler's Clubmoss) Pre-2000. An unconfirmed 19th century record in NH59 only.

Diplotaxis muralis* (Annual Wall-rocket) NH54,75,87
Eleocharis palustris (Common Spike-rush)  

Diplotaxis tenufolia# (Perennial Wall-rocket)  
H 87
H 1(0). First recorded at Balintore in 2005 (NH 862 754)

Dipsacus fullonum (Wild Teasel)  
H 3(1). Regarded as extinct but refound recently in NH55 (Kilcoy, Loch Ussie ) and Achandunie

Elatine hexandra  (Six-stamened Waterwort)  
H 7(8). An escape in a few places eg By Brahan, Rosemarkie, Muir of Ord.

Doronicum pardalianches* (Leopard's-bane)  
H 36, 45, 54, 55, 64, 66, 68, 75
H 8(4). An escape in a few places eg By Brahan, Rosemarkie, Muir of Ord.

Doronicum x excelsum* (Harper-Crewe's Leopard's-Bane)  
H 36, 55, 87
H 3(0). First noted since 2000 as a casual. Balintore (NH865 757), Balloan (NH584 591), Garve.

Draba incana (Hoary Whitlowgrass)  
Pre-2000(3) The Tain site is probably lost but there is a 1998 record in NC31 (Breabag).

Draba norvegica (Rock Whitlowgrass)  

Drosera anglica (Great Sundew)  
H 20+. Widely distributed in boggy areas although less common than D. rotundifolia.

Drosera intermedia (Oblong-leaved Sundew)  
H 5(7). There is considerable doubt about some records because of confusion with D.x obovata.

Drosera x obovata (D. anglica x rotundifolia)  
H 20(3). Widespread usually close to parents. eg Duag Bridge, Scardroy Burn, Loch Cathrine

Drosera rotundifolia (Round-leaved Sundew)  
H 20+ Very common in wet places eg Loch Craggie, Belmaduthy, Sgurr nan Each

Dryas octopetala  
H 2(2). Rare in the mountains. Breabag Tharsuinn, Loch Luchd Coire.

Drymochloa sylvatica (Wood Fescue)  
H 1(2) Only recorded since 1980. Allt na Caorach in the 1990s also Black Rock Gorge

Dryopteris aemula (Hay-scented Buckler Fern)  
H 55
H1(2). Loch Ussie. Previously Loch Chuinneag and Rogie Falls Marsh.

Dryopteris affinis (Scoil Male-fern)  
H 20+ Common and divided into 3 subspecies. At Marybank, Scardroy, Redcastle etc.

Dryopteris affinis ssp borreri  
H 6(9). Probably under-recorded. Glenmarksie, Strathcarron, Munlochy, Orrin Bridge.

Dryopteris carthusiana (Narrow Buckler-fern)  
H 20+ Frequent in woods and moors etc eg. Muirhead Wood, W. Kincardine Hill

Dryopteris x deweiveri (D. dilatata x D. carthusiana)  
H 65
H 1(1). South of Munlochy (NH647 529) and previously by Orrin Bridge (NH50 53)..

Dryopteris dilatata (Broad Buckler-fern)  
H 20+ Common in woods, moors etc eg. By Brahan, Beinn Eanaiglar

Dryopteris expansa (Northern Buckler-fern)  
H 20+. In the mountains. Recorded more often lately. eg Sgurr a Muillin, Coire na Sguile

Dryopteris filix-mas (Male Fern)  
H 20+ Common in woods, by tracks etc eg. Rosemarkie, Moy Island, Ardgay

Dryopteris oreades (Mountain Male Fern)  
H 20, 29
H 2(5). Perhaps under-recorded. By Loch an Daimh and Coire Ghranda.

Echinops exultatus* (Globe Thistle)  
Pre-2000(1). Last seen at Dingwall station yard in 1971.

Echium vulgare (Vipers Bugloss)  
H 55, 88
H 2(2). The Inver (NH864 828) and Drummondreach sites are probably from seed mixes.

Elatine hexandra (Six-stamened Waterwort)  
H 26, 45
H 2(2). First recorded since 1990 at Loch Achanalt and Loch Garve (NH421 594).

Eleocharis multicaulis (Many-stalked Spike-rush)  
NC30,NH24,29,34,39,45,55,69,88
H 9(16). Many older records but noted less since 2000. By River Orrin, Lupmaldrig, Loch Eye etc

Eleocharis palustris (Common Spike-rush)
**Equisetum arvense (Field Horsetail)**

H 20+ Common in wet places. eg Loch Achanalt, Lubcroy, Newton of Ochtow

**Eleocharis parvula (Dwarf Spike-rush)** VU LR NH55

H 1(1). The first Scottish record was made at the Pitglassie, Dingwall site in 1999 (NH 552 574)

**Eleocharis quinqueflora (Few-flowered Spike-rush)**

H 20+. Very common in damp sites. eg Rhanich, Munlochy, Scardroy Burn

**Eleocharis uniglumis (Slender Spike-rush)**

H 11(9) Sparse often by the shore. eg Kincardine, Tarbatness, Kilmuir

**Eleogonum fluviatilis (Floating Club-rush)**

H 14(12). Occasional in wet places. Eg Carbisdale Loch, N. of Boath, Loch Achanalt

**Elodea canadensis** (Canadian Waterweed)

H 13(8). Locally common in lochs etc and perhaps increasing. eg Loch Eye, Loch Ussie

**Elodea nuttallii** (Nuttall's Waterweed) NH 55,65

H 2(1). Recent records from Rosehaugh and Brahan.

**Elymus caninus** (Bearded Couch) NC31 NH45,46,55,56,65,66,67,68,76,77,98

H 12,(11). Scattered in woods, by rivers etc eg. Alness Point, Balnagown Woods, Rosehaugh

**Elymus junciformis** (Elytrigia juncea) (Sand Couch) NH66,75,76,78,87,88,97,98

H 8(10). Various coastal locations. eg Rosemarkie, Hillockhead, Hilton.

**Elymus laxus** (E. junccea x E. repens) NH76,77,78,87,88

H 5(1). In a few coastal sites. eg Nigg, Tain, Barbaraville.

**Elymus repens** (Elytrigia repens) (Common Couch)

H 20+ Common on roadsides, shore etc eg Tain, Marybank, Kiltearn.

**Empetrum nigrum** (Crowberry)

H 20+ On moors, mountains. Most of these records are *ssp. nigrum.*

**Empetrum nigrum ssp hermaphroditicum**

H 20+. Often in upland places. eg Gleann Beag, Fuar Tholl Mor, Ben Wyvis.

**Empetrum nigrum ssp nigrum**

H 10 (some included as agg.) Commoner than the previous ssp. eg Morrich More, Invercharron.

**Epilobium alsinifolium** (Chickweed Willowherb) LR NH13

1(6) 2003 record from Affric-Cannich hills and previously in E Loch Fannich and Wyvis area

**Epilobium anagallidifolium** (Alpine Willowherb)

H 17(14). Frequent in the mountains eg Sgurr a Chaorachain, Ben Wyvis, Moruisg.

**Epilobium brunnescens** (New Zealand Willowherb)

H 20+ Very common and increasing in gravel, burns etc eg Glenchorainn, Achnasheen, Castlecraig

**Epilobium ciliatum** (American Willowherb)

H 20+(19). Fairly widespread. eg Meig Dam, Balloch, Cromarty.

**Epilobium hirsutum** (Great Willowherb)

H 13(8). May have increased in frequency although still sparse. eg Inver, Priesthill, Tain.

**Epilobium x interjectum** (E. montanum x ciliatum)

Pre-2000 (1). Only one record from Strathpeffer in 1996 (NH 486 583).

**Epilobium montanum** (Broad-leaved Willowherb)

H 20+ Very common on tracks, in towns etc eg Rosemarkie, Ardgay, Morrich More.

**Epilobium obscurum** (Short-fruited Willowherb)

H 20+ Widespread often in damp places. eg Tarvie, Lily Loch, Nigg

**Epilobium palustre** (Marsh Willowherb)

H 20+ Very common in wetter places. eg Pitmaduthy Moss, By Loch Craggie, Carbisdale.

**Epilobium parviflorum** (Hoary Willowherb) NH55,65,66,67,77,78,86,87,98

H 10(11). On lower ground and near the shore. eg Tain, Alness, Kilmuir.

**Epilobium tetragonum** (Square-stalked Willowherb)

Pre-2000(2). Loch Achnaloich, Kinrve-Strathrory (BRC) but not in Duncan's Flora. Unconfirmed.

**Epilobium x vicinum** (E. ciliatum x E. obscurum)

Pre-2000(1). Only one record from Strathpeffer in 1996.

**Equisetum arvense (Field Horsetail)**

H 20+
H 20+ Very common on waste ground, by lochs and tracks. eg Ardgay, Kilmachalmack, *Equisetum x bowmani* (E. sylvaticum x E. telmateia) NH55
H 1(0). Only one record from Loch Ussie in 2006 where it has not been refound.

**Equisetum x dyceti** (E. fluviatile x E. palustre) N13,34,37,57
H 4(1). By lochs. Lochs Orrin, Morie, Mullardoch.

**Equisetum fluviatile** (Water Horsetail)
H 20+ Common in Lochs and damp places, eg. Loch Garve, Loch Ord, by Geanies

**Equisetum hyemale** (Rough Horsetail) NH24,25,36,37,48,56,64,65,67,88
H 10(5). Not common but new sites have been found. eg Strathsgitheach, Loch Achmacleoich,

**Equisetum x litorale** (E. arvense x E. fluviatile) (Shore Horsetail) NC31, NH37,55,67,78
H 5(2). Scarce by ponds etc. Tain, Aldie Mill, Benmore, Strath Rory, Loch Ussie etc

**Equisetum x mildeanum** (E. pratense x sylvatica)
Pre-2000(1). Unlocalised and unconfirmed BRC record NH 36.

**Equisetum palustre** (Marsh Horsetail)

**Equisetum pratense** (Shade Horsetail) NS LR NH68
H 1(1). Always locally rare. By Craigroy Burn (NH678 833) and pre-2000 at Seana Bhrhaigh.

**Equisetum x rothmaleri** (E. arvense x palustre) NH.88
H 1(0). Loch Eye on mud.(NH834 801).

**Equisetum sylvaticum** (Wood Horsetail)
H 20+ Widespread in woodland etc .eg Rhanich, Braelangwell, Craigroy Burn,

**Equisetum telmateia** (Giant Horsetail)
Pre-2000 (1). Unconfirmed record at Dam Wood (Belmaduthy) NH642 570.

**Equisetum variegatum** (Variegated Horsetail) NS LR NH88
H 1(0). The only recent records are from Morrich More in a forestry plantation and nearby.

**Eranthis hyemalis** (Winter Aconite) NH45,54,55,64,66,75,87
H 7(1). A garden escape. Dingwall, Rosemarkie, Marybank, by Fearn, by Evanton

**Erica cinerea** (Bell Heather)
H 20+ Common on heaths and moorland. eg Loch a Chroisg, Hillockhead, Sgurr nan Each

**Erica tetralix** (Cross-leaved Heath)
H 20+ Very common on wetter moorlands.. eg Muirhead Wood, Glenuig Lodge, Strathmulzie

**Erigeron Canadensis** (Canadian Fleabane) (Conyza) NH64,65,75
H 3(1) Scarc. Waste ground and shore. Avoch, Munlochy Bay, North Kessock.

**Erigeron glaucus** (Seaside Daisy) NH98
H 1(3). An alien only recorded recently and not usually persisting. Portmahomack.

**Erinus alpinus** (Fairy Foxglove) NH 54,55,78
H3(2). On a wall at Redcastle (NH580 494). Also Tain and Conon Bridge

**Eriophorum angustifolium** (Common Cottongrass)
H 20+ Very common in damper habitats. eg Rockfield, Seana Bhrraig, Loch Ailsh

**Eriophorum latifolium** (Broad-leaved Cottongrass)
H 20+(13). In more base-rich sites. eg Scardroy Burn, Strath Githeach.

**Eriophorum vaginatum** (Hare's-tail Cottongrass)
H 20+ Common in bogs etc. eg Allt na Caorach, Loch Borallan, Carn Beag.

**Erodium cicutarium** (Common Stork's-bill) NH55,65,75,76,77,78,86,87,88,98
H 10(7). Almost entirely coastal. eg Shandwick, Nigg, Wilkhaven

**Erophila glabrescens** (Glabrous Whitlowgrass) LS NH35,45,76,78,88,98
H 6(1). A plant of gravel areas that may be under-recorded. eg Inver, Invergordon, Loch Luichart.

**Erophila verna** (Common Whitlowgrass)
H 20+ Often on bare ground. eg Fearn Station, Rosemarkie, Moy Island

**Eruga vesicaria ssp sativa** (Garden Rocket) NH76
Euphrasia foulaensis (L.) LS

Euphrasia x electa (E. micrantha x E. scottica) Pre-2000. Only one unlocalised old record from a specimen in the British Museum.

Euphrasia foulaensis LS/VU NH66,88,98

Euphrasia arctica (Wood Vetch) ((Vicia sylvatica) LS NH45,56,65,76,97 H 5(7) Scarce and often on the coast. Aultgowardie, Hiltonhead, Eathie Burn, St Bennet’s Well

Euphrasia tetrasperma (Smooth Tare) (Vicia tetrasperma) Pre-2000 Not seen since 1954 at Balintore.

Eryngium maritimum (Sea Holly) EX Pre-2000. Not seen since 1956 and almost certainly extinct in E. Ross.

Erysimum cheiranthoides# (Treacle Mustard) Pre-2000 An archaeophyte species not seen since 1955 when it was recorded at Dingwall.

Erysimum cheiri# (Wallflower) H 11(2). A garden escape often by the coast where it may have increased lately. eg Hilton, Fortrose.

Erythranthe agg* (Monkeyflowers) (Mimulus) H11(10) Garden escapes. Some records have not been identified to species level.

Erythranthe guttata* (Monkeyflower) (Mimulus guttatus) H (5) Faily frequent in wet places. Eg Alness, Conon Bridge, Loch Garve, Loch Ussie.

Erythranthe lutea* Blood-drops-emlets) (Mimulus luteus) Pre-2000 (1) The old records have not been confirmed

Erythranthe moschata* (Musc) (Mimulus moschatus) NC30, NH46,55 H 3(1) A rare garden escape. By Oykel Bridge, Bottacks and Muir of Ord

Erythranthe x robertsi (E guttata x lutea)*(Hybrid Monkeyflower) (Mimulus x robertsi) H 11(2) An escape in damp habitats eg Rhanich, Carbisdale, Dingwall, Balloan etc

Erythronium dens-canis* (Dog’s-tooth-violet) NH 75,78 H (2). A garden escape recorded at Tain golf course. Also Rosemarkie.

Escallonia rubra (macrantha)* (Escallonia) NH55 H 1(1). Probably planted at Dingwall NH55 592. Also an older record from NH77.

Eschschozia californica* (Californian Poppy) NH87,88,98 H 3(3). A garden escape near the sea. Shandwick, Inver, Portmahomack.

Eupatorium cannabinum (Hemp Agrimony) LS NH56,75,76,86-87. H 5(5). Almost entirely coastal. By Foulis point, Rosemarkie, Eathie, Hillhead, Nigg etc

Euphorbia amygdaloides* (Wood Spurge) NH55,66,77,87 H 4(1). A garden throw-out in Craig Wood, Dingwall. Also Nigg Station and Kildary..

Euphorbia cyparissias* (Cypress Spurge) NH45,87 H 2(2). A garden escape at Balintore (NH 866 757). Also non-localised Atlas records in NH45,87.

Euphorbia dulcis* (Sweet Spurge) NH45,55,87 H 3(2). An escape which persists by the River Conon. Moy Island, Gary Island. Also Loandhu

Euphorbia helioscopia# (Sun Spurge) NH45,54,65,66,75,76,77,87,98 H 9(5). An ancient introduction on waste ground etc. eg Rockfield, Avoch, Barbaraville.

Euphorbia lathyris# (Caper Spurge) NH64 H 1(0). A casual. Only one unconfirmed record at Cramart in 2006 (NH786 677)

Euphorbia peplus# (Petty Spurge) NH46,55,64,65,66,75,76,77,78,87,88,98 H 12(6). An old introduction on roadsides and shore. eg Inver, Barbaraville, Portmahomack

Euphrasia agg (Eyebrights) H 20+. This group of species is common on tracks, hills, coastal areas etc

Euphrasia arctica EN H 20+ Widespread on banks, shores and hills. eg Lubercroy, Hilton, Loch Gowan.

Euphrasia confusa VU H 20+ Common by tracks, lochs, dunes. eg Tain, Tarradale, Loch Orrin.

Euphrasia x electa (E. micrantha x E. scottica) Pre-2000. Only one unlocalised old record from a specimen in the British Museum.
H 3(2). Coastal sites at Alness Point, Morrich More and Wilkhaven (NH948 876).
Euphrasia frigida LS/EN NC31 NH12,13,14,15,17,28,46
H 8(3). Local on mountains. eg Wyvis, Seana Bhraigh, Sgurr na Clach Geala etc
Euphrasia micrantha VU
H 20+. Common on hills, tracks, moors. eg Allt na Caorach, Achilty Oakwood, Lubcroy
Euphrasia nemorosa NT
Pre-2000(3). Not seen recently and Duncan reports doubts about many earlier records.
Euphrasia ostenfeldii VU
Pre-2000 (1). Noted at Tarbatness NH98 in 1971 but no definite recent records.
Euphrasia scottica NT
H 20+ Many records and often in the mountains. eg Ben Wyvis, Glen Beag, By R. Orrin.
Euphrasia tetraptera NT
Pre-2000. On only old records which Duncan regarded as doubtful.
Fagus sylvatica* (Beech)
H 20+. Common and often planted. eg Rosemarkie, Ardgay, Amanatua.
Fallopia baldschuanica* (Russian Vine) NH55,76,78
H 3(5). Not in Duncan's flora but not noted in Atlas 2000 surveys. Nigg, Tain, Conon Bridge.
Fallopia convolvulus# (Black-bindweed) NH54,64,65,76,78,87,88,97,98
Fallopia japonica* (Japanese Knotweed) See Reynoutria
Fallopia sachalinensis* (Giant Knotweed) See Reynoutria.
Festuca altissima (Wood Fescue) LR See Drymochloa sylvatica
Festuca arenaria (Festuca rubra ssp arenaria) (Rush-leaved Fescue) NS LR NH75,86
H 2(0). Recent records from Nigg dunes and Rosemarkie dunes confirming pre-1970 findings.
Festuca arundinacea (Tall Fescue) See Schedonorus giganteus
Festuca filiformis (Fine-leaved Sheep's Fescue) NH 25,37,45,98
H 4(11). Not in Duncan's Flora but several Atlas 2000 records. On track by Tarvie (NH 430 590) etc
Festuca gigantea (Giant Fescue) See Schedonorus giganteus
Festuca heterophylla* (Various-leaved Fescue)
Festuca ovina (Sheep's Fescue).
H 20+. Widely distributed by tracks, on heaths etc. eg Alladale, Struie, Redcastle
Festuca pratensis (Meadow Fescue) see Schedonorus pratensis
Festuca rubra (Red Fescue)
H 20+. Very common in a variety of habitats. eg Marybank, Tarbatness, Brahan.
Festuca rubra ssp arctica
Pre-2000(2). No very recent records but noted in NH14 and 24 for Atlas 2000.
Festuca rubra ssp commutata
Pre-2000(1). Only one record from North Kessock NH64 in 1979.
Festuca rubra ssp juncea NH75,86,98
H 3(0). On rocky shores. Wilkhaven (NH944 871), Fortrose (NH 737 561), Nigg.
Festuca rubra ssp littoralis NH65,77,87,88,98
H 5(2). In saltmarshes and boggy shores. Nigg, Munlochy Bay, Rockfield, Meddat.
Festuca rubra ssp rubra
Pre-2000. Common but not recorded separately lately.
Festuca vivipara (Viviparous Sheep's-fescue)
H 20+ A common upland species. eg Mam Sodhail, Loch a Chroisg, Sgurr nan Each.
Ficaria verna (Ranunculus ficaria) (Lesser Celandine)
H 20+ Very common in woods, roadsides etc. eg Allan, Rogie Falls, Roskeen, Dingwall.
Ficaria verna ssp verna (Ranunculus ficaria ssp bulbifer)
Pre-2000 (2). Not noted since 1978 at Foulis NH56 but probably under-recorded.
Filago minima (Small Cudweed)
Galium a (Galega officinalis)
H 1(0). First record in 2003 in a roadside site by Monadh Mhor (NH582 523).  
F. ulmaria (Meadowsweet).
H 20+ Very common in damp meadows etc. eg Moy Island, Loch Garve, Allt Duichairidh.
Foeniculum vulgare (Fennel)  H 1(0).

Fragaria vesca (Wild Strawberry)  H 20+ Fairly common on banks dry places etc. eg Struie Hill, Shandwick, Lubcroy.
Frangula alnus (Alder Buckthorn)  LR  NH45
H 1(0). Only in one site at the east end of Loch Achiltibuie (NH438 569).
Fraxinus excelsior (Ash)  H 20+ Common across the vice-county. eg Moy Island, Rosemarie, Ardgay.
Fuchsia magellanica* (Fuchsia)  H45,64,75,78
H4(2). On a wall in Fortrose and at North Kessock etc
Fumaria bastardii (Tall Ramping-fumitory)  LR  NH65,88,98
H 3(1). Locally rare but there are identification difficulties. Rosehaugh, Inver, by Rockfield.
Fumaria capreolata (White Ramping-fumitory)  H 13(8) Mainly coastal and occasional. eg Shandwick, Fortrose, Saltburn.
Fumaria densiflora # (Dense-flowered Fumitory)  Pre-2000(5). Several mainly coastal records in the past but not seen since 1979.
Fumaria muralis (Common Ramping-fumitory)  H 18(9). Frequent by the shore, roadsides etc. eg Kilcoy, Tarbatness, Marybank
Fumaria officinalis# (Common Fumitory)  H 15(13). Fairly common on disturbed ground. eg Hilton, Gilchrist, North Kessock.
F. officinalis ssp wirtgenii  H64,87,88
H 3(0). Recorded at Hilton, Craigton, Inver.
Fumaria purpurea (Purple Ramping-fumitory)  NS LR  NH87
H 1(1). The only recent record is from by Hilton(NH87) but it may be under-recorded.
Gagea lutea (Yellow Star-of-Bethlehem)  LR  NH55
H 1(1). Only one recent site at Kilcoy where it may have been introduced.
Galanthus nivalis* (Snowdrop)  H 17(2). An escape now persistent in woodlands etc. eg Marybank, Milton Wood, by Brahan.
Galanthus wironowii *  H55
H 1 (0) Recorded at Dingwall NH552 590
Galega officinalis* (Goat's-rue)  H45
H 1(0). A garden escape first noted by Loch Ussie in 2006 (NH 496 566).
Galeopsis bifida (Bifid Hemp-nettle)  NH45,54,55,56,59,65,87,98
H 8(8). Often in arable fields. eg Arabella, by Loch Ussie, Rosehaugh
Galeopsis speciosa#VU LS (Large-flowered Hemp-nettle)  NH 59,66,67,87
H 4(5). In arable fields. Perhaps now less common. By Loch Achnacloich, Carbisdale, Hill of Nigg.
Galeopsis tetrahit (Common Hemp-nettle)  H 20+(16). Frequent on arable land. eg Easter Fearn, Croick, Mounteagle
Galium album (G. mollugo) (Hedge Bedstraw)  LS  NH35,45,55,64,75,76
H 6(6). By Loch Meig (NH361 556), North Kessock (NH660 479). Cromarty etc
Galium aparine (Cleavers)
Geranium psilostemon
H 15(11). In woodlands etc to the east. eg Milton Wood, Dingwall, Moy Island.

Geranium pratense (Common Marsh-bedstraw)
H 20+. Common in wet places. eg Moy Island, Lily Loch, Carbisdale

Geranium x pomeranicum (G. verum x G. mollugo)
Pre-2000(1). Recorded at Eathie Burn (NH 76) in 1979 and not noted since.

Geranium saxatile (Heath Bedstraw)
H 20+ Very common in the uplands, moorland, grassland etc. eg Brahan, Seana Bhraigh, Whitebog

Geranium sterneri (Limestone Bedstraw) LR NC30
H1 (1). Only one record from Benmore Forest.

Geranium uliginosum (Fen Bedstraw) LR/EX?
Pre-2000(1). It has not been refound at the site at Talich NH 87 where it was reported in 1998.

Geranium verum (Lady's Bedstraw)
H 20+. Often in more basic grassland, on roadsides etc eg Tarbatness, Tain dunes, Benmore.

Gaultheria mucronata*(Prickly Heath) NH48
H 1(1). A South American native. Roadside at Amat (NH 465 891)

Gaultheria shallon* (Shallon) NH65
H1(1). Recently a garden throw-out at Braefindon. Previously at Muir of Ord

Genista anglica NT
H 12(13). Still at various locations in VC106 on moorland etc. eg Strathconon, Morrich More

Genista hispanica (Spanish Gorse)
Pre-2000(1). Recorded at Dingwall NH55 in 1998 but not refound.

Gentianella amarella (Autumn Gentian) LR

Gentianella amarella ssp septentrionalis NT LS NC20,30 NH39,88
H 4(1). Present on cleared forested dunes at Morrich More and Benmore forest tracks (NC297 084).

Gentianella campestris (Field Gentian) VU
H 20+. VU in RDB but widely distributed in VC106. eg Monar Dam, Strathvaich

Geranium columbinum (Long-stalked Cranes'bill)
Pre-2000(1) ? Only one unconfirmed record from Tain NH78 in 1987.

Geranium dissectum# (Cut-leaved Crane's-bill)
H 18(5). An archaeophyte of disturbed ground. eg Balintore, Nigg RSPB, Tomich

Geranium endressii* (French Crane's-bill) NH36,55,66,75,76,77,78,87,88.
H 9(6). An escape on waste ground etc. Kiltearn, Garve, Cromarty, Balintore. 

Geranium lucidum (Shining Crane's-bill) LS NH26,55,56,65,66,75,76
H7(3). Scarce in this area on rocks, walls etc. Meall an Tuirc, Munlochy Bay, Fortrose.

Geranium macrorrhizum* (Rock Crane's-bill) NH36,45,55,87,98
H 5(2). An occasional garden throw-out. Loandhu (NH 814 787), Garve, Strathpeffer

Geranium x magnificent*(G. ibericum x platypetalum) (Purple Crane's-bill) NH36,45,46,64,66
H 5(0). A garden escape only recorded recently. Garve, Strathgarve, Loch Ussie, N. Kessock.

Geranium molle (Dove's-foot Crane's-bill)

Geranium oxonianum*(Gendressi x G. versicolor)(Druce's Crane's-bill)
H 14(1). An alien recorded more often lately. eg Nigg, Marybank, Auchmore, Garve etc.

Geranium phaeum* (Dusky Crane's-bill) NH36,54,78
H 3(0). An occasional garden escape. Tain(NH791 827) , Garve (NH395 615), Redcastle.

Geranium pratense (Meadow Crane's-bill) NH36,48,56,65,64,65,66,67,68,76,78,87,98
H 12(7). Occasional on roadsides etc. eg Newton, Kincardine, by River Alness, Garve.

Geranium psilostemon* (Magenta Crane's-bill)
Pre-2000. One record only in 1967 at Strathpeffer NH45.

**Geranium pusillum** (Small-flowered Crane's-bill) LS NH55,76,87,88,98
H 5(2). Infrequent in this area. Portmahomack, Cromarty, Morrich More.

**Geranium pyrenaicum** (Hedgeowr Crane's-bill). NH45,64,75,76,78,87
H 6(1). Occasional on roadsides etc. Tain, Balintore, Cromarty, Chanonry Point

**Gymnadenia robertianum** (Herb-Robert)
H 20+ Very common in many places. eg Alness, Craigroy Burn, Rosemarkie etc.

**Geranium sanguineum** (Bloody Crane's-bill) NC30 NH55,75,76,86,87,88,97,98
H 9(9). Mainly coastal but also a garden escape. eg Nigg, Rosemarkie, Craig Wood Dingwall.

**Geranium sylvaticum** (Wood Crane's-bill)
H13(9). Less frequent than further south. eg Alness River, Moy Bridge, S. of Loch Mullardoch.

**Geum x intermedium** (G. rivale x G. urbanum) (Hybrid Avens)
H 12(9). Usually with both parents. eg Urquhart, by River Conon, Black Rock Gorge.

**Geum macrophyllum** (Large-leaved Avens) NH45,55,56,65,66,77
H 6(1). A scattered garden escape. eg Dingwall, Killen Burn, Balnagown Woods.

**Geum quellocy? (Sweet Avens) NH64
H 1(0). A garden throw-out recorded in one site. By Drumsmittal (NH 648 499)

**Geum rivale** (Water Avens)
H 20+ Common in wet places. eg Alness River, by Culisse, Loch Luchd Choire

**Geum urbanum** (Wood Avens)
H 20(17) Widespread although not as frequent as further south. eg Rogie Falls, Rosemarkie, Nigg, Glaux maritima (Sea-milkwort) See Lysimachia maritima

**Glebionis segetum**# (Chrysanthemum segetum) (Corn Marigold) VU
H 15(8). This cornfield weed has survived better than most others. eg Fearn, Oldtown, Balloan.

**Glehoma hederacea** (Ground Ivy)
H 20(10). Frequent especially in the east. eg Marybank, Balavil, Ardgay, Geanies

**Glyceria declinata** (Small Sweet-grass)

**Glyceria fluitans** (Floating Sweet-grass)
H 20+ Common in marshes, ponds etc eg Nigg, Moy Island, Loch a Chroiog.

**Glyceria maxima** (Reed Sweet-grass)
Pre-2000 only. No confirmed recent records and there are no details about the BRC records.

**Glyceria notata** (Plicate Sweet-grass) LR NH 77,98
H2(5). Locally rare. Recently recorded at Tarrel and Pitcalnie.

**Glyceria x pedicellata** (G.fluitans x notata) (Hybrid Sweet-grass)
Pre-2000 (1).Only one old record at Corriefoulis by Evanton (NH57 64) in 1982.

**Gnaphalium norvegicum** (Highland Cudweed) See Omalotheca norvegica

**Gnaphalium supinum** (Dwarf Cudweed) See Omalotheca supina

**Gnaphalium sylvaticum** (Heath Cudweed) See Omalotheca sylvaticum

**Gnaphalium uliginosum** (Marsh Cudweed)
H 20+. Common on tracks and fields. eg Fearn Station, Loch Garve, Strath Ruisdale etc.

**Goodyera repens** (Creeping Ladies Tresses)
H 20+(13). Frequent in eastern pinewoods. eg Tain, Mounteagle, Carbisdale etc.

**Groenlandia densa** (Opposite-leaved Pondweed)
Pre-2000. One 1937 record from Strathpeffer where it may have been introduced.

**Gunnera tinctoria** (Giant Rhubarb)*. NH25,45,56,65
H4 (0). Probably planted in these sites.

**Gymnadenia borealis** (G. conopis ssp borealis) (Fragrant Orchid)
H 20+ Frequent in grassland and heaths. eg Rhanich, Glen Chorainn, Heights of Keppoch.

**Gymnadenia conopsea** LR
Pre-2000(2). Some doubts about the occurrence of this species in E Ross

**Gymnocarpium dryopteris** (Oak Fern)
H 20(28). Quite frequent in the west in woods etc. eg Duag Bridge, Rogie Falls, Corrieferol.

**Gymnocarpium robertianum (Limestone Fern)**


**Hammarbya paludosa (Bog Orchid) LR** NH05,26,29,36

H 4(2). Rarely seen in boggy places. Loch an Daimh, Loch Bad Leabmaidh, Loch Fannich.

**Helleborus foetidus (Stinking Hellebore)**

H 5(1). An occasional escape. Portmahomack (NH 914 841), Fearn, Rosemarkie, Tain.

**Helichotrichon pratense (Meadow Oat-grass) LS** see Avenula pratensis

**Helichotrichon pubescens (Downy Oat-grass) see Avenula pubescens**

**Helleborus foetidus (Stinking Hellebore)**

H 5(1) A garden escape at Tain

**Helosciadium inundatum ((Levisticum) (Apium) LS NH26,36,45,55,88**

H 5(6) In a few lochs and rivers. Loch Ussie, Loch Garve, Grudie etc

**Hemerocallis fulva* (Orange Day-lily)**


**Heracleum mantegazzianum* (Giant Hogweed)** NH54,55,64,65,77

H 5(5). A troublesome alien still relatively scarce in VC106. eg By Tarbat House, Dingwall. etc

**Heracleum sphondylium (Hogweed)**

H 20+. Very common in grassland, on roadsides etc. eg Ardgay, Moy Island, Croik etc.

**Heracleum sphondylium x H. mantegazzianum**

Pre-2000(1). Only one 1974 record by Munlochy NH65 for this hybrid.

**Hesperis matronalis* (Dame's-violet)**

H 16(9). Frequent on waste ground, roadsides etc. eg. Tain, Rosemarkie, Garve.

**Heuchera sanguinea* (Coralbells)**

NH77


**Hieracium agg. (Hawkweeds)**

H 20+ Common in various habitats. The sections and microspecies are not listed separately.

**Hippophae rhamnoides* (Sea-buckthorn)** NH66,75,76,77,78,86,88,98

H 8(4) Introduced in VC106. Always coastal. eg. Nigg, Inver, Tain

**Hippuris vulgaris (Mare's-tail)**

H 14(15). Scattered in water bodies. eg Carbisdale Loch, Loch Garve, Novar Estate pond.

**Holcus lanatus (Yorkshire-fog)**

H 20+. Extremely common in many places. eg Nigg, Loch Borallan, Benmore.

**Holcus mollis (Creeping Soft-grass).**

H 20+. Very common especially in damper grassland. eg Tarbatness, Moy Island, Brahan.

**Holodiscus discolor* (Oceanspray)**

NH 45,69,77


**Honckenya peploides (Sea Sandwort)**

NH64,65,66,75,76,77,87,88,97,98

H 10(11). Present in some quantity at certain coastal sites. eg Shandwick, Rosemarkie, Tain

**Hordeum distichon sens. lat.* (Barley)**

NH54,55,65,66,75,78,87,97,97. H 8(1). An escape from cultivation. Hilton (NH 876 768), Redcastle and Munlochy Bay.

**Hordeum jubatum* (Foxtail Barley)**

NH45

H1(1). A casual record from a field near Marybank (NH478 536).

**Hordeum murinum* (Wall Barley)**

NH55,75,78,87,97,98
H 6(3). On waste and disturbed ground. eg Tain, Shanwick, Geanies.

Hordeum secalinum (Meadow Barley)
Pre-2000. Only one record from Dalmore distillery NH66 in 1957.

Humulus lupulus* (Hop)
Pre-2000(1). Not recorded since 1972 at Ardgay NH59.

Huperzia selago (Fir Clubmoss)
H 20+. Common on higher ground. eg Struie, Seana Bhraigh, Allt na Caorach etc.

Hyacinthoides hispanica* (Spanish Bluebell) NH66,75,76,87,88,98
H 6(1). Probably less common than the hybrid. eg. Alness, Portmahomack, Shandwick.

Hyacinthoides × massartiana (H. hispanica × H. non-scripta)*
H 19(1). Increasing as a garden escape. eg. Rockfield, Cromarty, Ardnagrask etc.

Hyacinthoides non-scripta (Bluebell or Wild Hyacinth)
H 20+. Common in woodlands and by the shore. eg Kilmuir, Alness, Belleview etc.

Hydrocotyle vulgaris (Marsh Pennywort)
H 20+. Common in wet places. eg. Lily Loch, Grudie, Newton of Ochtow etc.

Hylotelephium spectabile *(Butterfly Stonecrop) (Sedum spectabile) NH36,54,66,77,87
H 5(0) A recent garden throw out. Loandhu, Hilton. Garve, Barbaraville, Alness

Hylotelephium telephium (Orpine) (Sedum telephium) NH45,64,77,87
H 4(0) May be of garden origin here. Loandhu, Marybank, Priesthill

Hymenophyllum wilsonii (Wilson's Filmy-fern) LS NH12,14,15,25,39
H 5(5). In wet places to the west. Duag Bridge, below Bealach na h-Eige Allt na Criche.

Hyoscyamus niger# (Henbane) VU/EX?
Pre-2000(1). Last record in 1979 at North Sutor (NH81 68) and probably extinct in E. Ross.

Hypericum androsaemum(Tutsan)
H 14(7). Probably not native here. eg Marybank, Rosehaugh, Ardross etc.

Hypericum calycinum* (Rose-of-Sharon) NH45,55,64,65,66,68,69,75,76

Hypericum × desetangii (H. maculatum × perforatum)(Des Etang's SJ) LS NH36,45,54,55,77
H 5(0). First recorded in 2002 but other sites have since been found. eg River Orrin, Tarbat House.

Hypericum forrestii * (Forrest's Tutsan) NH45
H 1(0) An occasional escape from cultivation. Contin

Hypericum hirsutum (Hairy St John's-wort) LR NH55
H 1(1). Recently at Brahan (NH517 547). Previously NE of Dingwall (NH55 59).

Hypericum humifusum (Trailing St John's-wort) LS NH35,36,45,46,54,55,58,78.
H 8(9). Scattered on tracks etc. eg Torr Achilty, E. Moy, West Kincardine Hill, Loch Luichart.

Hypericum maculatum ssp obtusiusculum (Imperforate St John's-wort) LS NH64,67
H 2(4). Few recent records. N. Kessock Meadows (NH 65 48), Newmore Wood (NH 683 736).

Hypericum perforatum (Perforate St John's-wort)
H 16(10). There are more recent records for this species. eg Alness, Tain, Inver etc.

Hypericum pulchrum (Slender St John's-wort)
H 20+. The commonest Hypericum in VC106 in woods, heaths etc. eg Loch a Chroisg, Brahan etc.

Hypericum tetrapterum (Square-stemmed St John's-wort)
H 10(5). Scarce in woods and roadsides. eg Nigg, Moy Bridge, Balloan etc.

Hypocharaeris radicata (Cat's-ear)
H 20+ Very common on roadsides, fields etc. eg Tarbatness, by River Conon, Ardgay etc.

Iberis amara* (Wild Candytuft)
Pre-2000(1). Only one record from Strathpeffer NH45 in 1998 where it has not been seen again.

Iberis umbellata* (Garden Candytuft)
Pre-2000(2). Last record of this garden escape was in 1999 in NH87. Also Saltburn in 1979 NH76.

Ilex x altaclarensis* (I. aquifolium × perado) (Highclere Holly) NH35,45
H 2(0). A single tree by Little Scatwell (NH 378 562) perhaps bird-sown.Planted at Fairburn

Ilex aquifolium (Holly)
H 20+. Common especially in woodlands. eg Muirhead Wood, Invercharron, Amat Forest etc.

**Impatiens glandulifera** *(Indian Balsam)* NH36,45,55,56,65,66,75,76,77,87
H 10(5). In wet habitats and tending to spread. eg. Dingwall, Newhall point, by R. Sgitheach etc.

**Imperatoria ostruthium** *(Peucedanum ostruthium)* *(Masterwort)*
Pre-2000. Only an unconfirmed 1909 record in NH55.

**Inula helenium** *(Elecampane)*

**Inula hookeri**
NH45
H 1(0). A garden escape near houses at Contin (NH458 562)

**Iris foetidissima** *(Stinking Iris)*

**Iris germanica** *(Bearded Iris)*
Pre-2000(1). A single record from Lochanan nan Tunnag (NH 766 761) in 1994. Perhaps planted..

**Iris pseudacorus** *(Yellow Iris)*
H 20. Widespread in wet places. eg Talich, Loch Boralla, Munlochy Bay etc.

**Iris sibirica** *(Siberian Iris)*
NH36
H 1(0). Where it may have been planted

**Iris versicolor** *(Purple Iris)*
NH88
H1(0). Inver. Probably planted here.

**Isoetes echinospora** *(Spike Quillwort)*
LR
NH 28
H1 (0) Recently recorded at Loch na Still.

**Isoetes lacustris** *(Quillwort)*
H 19(23). Frequent in lochs. eg. Lochs Garve, Achanalt, An Daimh etc.

**Isolepis cernua** *(Slender Club-rush)*
Pre-2000. An unlocalised BRC record for NH 35 is likely to be an error.

**Isolepis setacea** *(Bristle Club-rush)*
H 20(21). Frequent in damp places. eg Loch Kinellan, Duag Bridge, Croick etc.

**Jacobaea aquatica** *(Marsh Ragwort)* *(Senecio aquaticus)*
H 17(20) Frequent in marshy places, eg Loch Achanalt, W. Kincardine Hill, Loch Morie

**Jacobaea maritima** *(Silver Ragwort)* *(Senecio cinerea)*
NH66,77
H 2(1) An infrequent garden escape..Barbaraville and Munlochy

**Jacobaea x ostenfeldii** *(J. aquatic x vulgaris)* *(Senecio)*
NH36
H 1(1). A persistent site on muddy ground by the River Blackwater at Garve NH397 613

**Jacobaea vulgaris** *(Common Ragwort)* *(Senecio jacobaea)*
H 20+ Very common in fields, roadsides, waste ground etc

**Juglans regia** *(Walnut)*
NH56

**Juncus acutiflorus** *(Sharp-flowered Rush)*
H 20 (34) In wet places and possibly under-recorded. eg. Loch Ailsh, Kilmuir, Loch Ussie.

**Juncus alpinoarticulatus** *(Alpine Rush)* NS/EX?
Pre-2000(1). The site at Loch Ussie NH 55 is probably lost because of water-level changes.

**Juncus articulatus** *(Jointed Rush)*
H 20+. A common species of wet places. eg. Talich, Brahan, Sgurr nan Each etc.

**Juncus balticus** *(Baltic Rush)* NS LS
NH86,88
H 2(6). Coastal and generally scarce. The Morrich More population is large. No longer at Nigg.

**Juncus biglumis** *(Two-flowered Rush)* NS LR
NH28
H 1(3). Rare in the mountains. Loch Luchd Coire (NH 284 877).

**Juncus buchenauui** *(J. alpinoarticulatus x articulatus)*
Pre-2000. Recorded in the past from Loch Ussie where it is likely to be extinct.

**Juncus buffonius sens. str.** *(Toad Rush)*
H 20+. Very common by water and on tracks. eg. Oykel Bridge, Scardroy Burn, Redcastle etc.

**Juncus bulbosus** *(Bulbous Rush)*
H 20+. Very common in damp places and in water. eg Loch Ussie, Tarvie, Sgurr nan Each etc.

*Lamium concolor* (Blackflywort) VU NS LS NH13,15,28,47

H 4(4). Scarce on high mountain ledges etc. Moruig, Seana Bhraigh, Ben Wyvis.

*Lamium conglomeratus* (Compact Rush)

H 20+ Common in fields, woodlands etc. eg. Muirhead Wood, Morrich More, by Loch Ailsh.

*Lamiastrum galeobdolon ssp argentatum* (Silver dead-nettle)

H 20+. Very common in damp places. eg. Craigroy Burn, Moy Island, by Glenuaig Lodge etc.

*Lamiastrum galeobdolon ssp montanum* (Yellow Dead-nettle)

H 1(2). Garden throw-outs or planted. Balintore, Tarbatness, NH09 75,86,87,88,97,98

*Lamium album* (Henbit)


*Kalium procumbens* (Loiseleuria procumbens) (Trailing Azalea)

H 20(14). Common on mountain summit areas. eg Beinn Dearg, Ben Wyvis, Sgurr a Mhuillin

*Knautia arvensis* (Field Scabious) LS NH55,64,65,76,87

H 5(2). Locally scarce by roads etc. Jemimaville, Gordon's Mill (NH703 650), Kilmuir, Nigg.

*Kniphofia praecox* (Greater Red-hot-poker) NH64,87,88

H 3(0). A garden throw-out or planted. Shandwick, Inver (NH864 828), N. Kessock.

*Kniphofia uvaria* (Red-hot-poker) NH87,98

H 2(1). Garden throw-outs or planted. Balintore, Tarbatness (NH947 875).

*Koeleeria macrantha* (Crested Hair-grass) NH75,76,78,86,87,88,97,98

H 8(10). Frequent by the shore in the east. eg Tarbatness, Hillockhead, Tain, Nigg etc.

*Laburnum alpinum* (Scottish Laburnum) NH54

H 1(1) Redcastle. Previously at Tain ardargay.

*Laburnum anagyroides* (Laburnum) NH56,64,75,76,77,78,87

H 8(4). Mainly by roadsides and often planted. eg, Tarbat House, Lemlair, Fortrose etc.

*Lamiacrustum galeobdolon ssp argentatum* (Silver dead-nettle)

H 18(4). A frequent garden escape which appears to be increasing. eg. Tarvie, Muir of Ord, Tain.

*Lamiacrustum galeobdolon ssp montanum* (Yellow Archangel)

Pre-2000(1). An unlocalised Atlas record in NH 55. Presumably introduced here..

*Lamium album*# (White Dead-nettle) NH54,56,64,76,86,87,98

H 7(6). Roadside and waste ground. eg. Newhall Point, Mountgerald, Tarradale Mains etc.

*Lamium amplexicaule*# (Henbit Dead-nettle) LS NH55,65,66,75,77,87,98

H 7(5). Roadsides and fields. eg. Portmahomack, Rosemarkie, Muir of Ord, Munlochy Bay.

*Lamium confertum*# (Northern Dead-nettle)

H 13(6). Occasional in fields, shore etc. in the east. eg. Shandwick, Barbaraville, Cromarty.

*Lamium hybridum* (Cut-leaved Dead-nettle) NH77
**Lamium maculatum** *(Spotted Dead-nettle) NH45,55,64,67,75,76,78,87,88
H 9(5). Occasional on roadsides, shore etc. eg. Balintore, Inver, Brahan.

**Lamium purpureum** *(Red Dead-nettle)*
H 16(15). Frequent by tracks, on the shore etc. eg. Cullicudden, Rosehaugh, Castle Craig etc.

**Lapsana communis** *(Nipplewort)*
H 20+. Common in woodland, on roadsides etc. eg. Tarvie, Moy Island, Inver etc.

**Larix decidua** *(European Larch)*
H 20+. Commonly planted and also self-seeding. eg. Amat, Alness, Grudie etc.

**Larix x marschallii** *(L. decidua x kaemferi)* *(Hybrid Larch)*
H 20+(6). Often planted and also self-seeds. eg. Garve, Novar, Blackmuir Wood etc.

**Larix kaempferi** *(Japanese Larch)*
H 20+(6). Frequently planted. eg. Scardroy Burn, Strath Rusdale, West Kincardine Hill etc.

**Lathraea squamaria** *(Toothwort)* LR NH55
H 1(1). A small population persists in Craig Wood. Dingwall (NH 555 599) at its northern limit.

**Lathyrus grandiflorus** *(Two-flowered Everlasting-pea)*

**Lathyrus latifolius** *(Broad-leaved Everlasting-pea)* NH66,76,87,88.
H 4(1). A garden escape recorded at Shandwick (NH 859 750), Fearn Station and Newhall.

**Lathyrus linifolius** *(Bitter Vetch)*
H 20+ Common especially on moors. eg. Struie Hill, All na Caorach, Benmore Forest etc.

**Lathyrus olivacea** *(Garden Pea)* *(Pisum sativum)* NH87
H 1(0) Balintore NH8675 as a garden throw-out.

**Lathyrus pratensis** *(Meadow Vetchling)*
H 20+. Common on roadsides, in fields etc. eg. Marybank, Achanalt Station, Bonar Bridge etc,

**Lavatera arborea** *(Tree Mallow) See Malva arborea.*

**Lavatera x compacta** *(Malva x compacta) See Malva x compacta.*

**Lemna minor** *(Common Duckweed)*
H 20(14). Common in still water. eg. Allan by Fearn, Loch Ussie, Eathie etc.

**Lemna trisulca** *(Ivy-leaved Duckweed) LR NH55,65
H 2(0). Recently discovered in a pond at Rosehaugh. Also Loch Ussie.

**Leontodon autumnalis** *(Autumn Hawkbit) see Scorzoneroides autumnalis*

**Leontodon hispidus** *(Rough Hawkbit)*
Pre-2000. A few unconfirmed old records which may be dubious. Not seen lately.

**Leontodon saxatilis** *(Lesser Hawkbit)*

**Lepidium campestre** *(Field Pepperwort)* NH64
H 1(1). Recorded by North Kessock lighthouse.

**Lepidium coronopus** *(Swine-cress)*
Pre-2000. An unlocalised record from 1883.

**Lepidium didymum** *(Lesser Swine-cress)*
Pre-2000. Not seen for many years. Fortrose area in the 1950s.

**Lepidium draba** *(Hoary Cress)* NH87
H 1(1). A population persists on the shore at Shandwick (NH 859 750).

**Lepidium heterophyllum** *(Smith's Pepperwort) LS NH37,45,54,55,64,66,67,76,87,88
H 9(5). Mainly eastern and not common. eg. Moy Island, Hilton, Fortrose etc.

**Leucanthemum x superbum** *(L. lacustre x maximum)* *(Shasta Daisy)*
H 9(6). An occasional garden escape. eg. North Kessock, Balintore, Novar etc.

**Leucanthemum vulgare** *(Oxeye Daisy)*
H 20+. Common in grassy places. eg. Dingwall Station, Rosemarkie, Loch a Chroisg etc.

**Leucojum vernum** *(Spring Snowflake) NH55
H 1(0) A single unconfirmed record from Bishop Kinkell NH545 531
Leycesteria formosa* (Himalayan Honeysuckle) NH45,55,59,75,76.
H 5(2). A garden escape at Achterneed (NH 490 592). Also Fortrose and Muir of Ord etc.
Leymus arenarius (Lyme-grass) NH68,75,76,77,78,86,87,88,98
H 9(10). Frequent on the shore. eg. Tarbatness, Rosemarkie, Nigg Ferry etc.
Ligusticum scoticum (Scots Lovage) LR NH76,78,87,98
H 4(3). Rare on the coast. Wilkhaven, Tain Plaids, Rosemarkie. The Balintore site may be lost.
Ligustrum ovalifolium* (Garden Privet) NH36,45,54,55,59,66,75,76,78
H 9(4). A garden throw-out or relic. eg. Redcastle, Avoch, Loch Luichart etc.
Ligustrum vulgare* (Wild Privet) NH49,54,64,67,75,76,77
H 7(1). May be an introduction in E. Ross. eg North Kessock, Ardoss, East Amat etc.
Lilium pyreicaum* (Pyrenean Lily) NH45,54,56,66,76,77
Limnanthes douglasii* (Meadow-foam) NH78
H 1(3). A garden escape. Tain roadside (NH 783 818). Older records in NH36,45,98.
Linaria maroccana* (Annual Toadflax) NH75
H 1(1). Fortrose NH7256. Previously at Tain.
Linaria purpurea* (Purple Toadflax)
H 20+(8). An introduced species that is probably increasing. eg. Hilton, Rosemarkie, Grudie etc.
Linaria repens* (Pale Toadflax)
Pre-2000(1). Last record was at North Kessock NH64 in 1978.
Linaria vulgaris (Common Toadflax).
H 12(7). By railways, in gravel etc.. eg. Invergordon, Easter Fearn, Kildary, Tain.
Linnaea borealis (Twinflower) NS LR NH37,38,65,67
H 4(0). In pinewood at Wester Culbo, Cnoc Navie and Drove Stance. Also Strathvaich, Alladale..
Linum catharticum (Fairy Flax)
H 20+. Common in many more base-rich habitats. eg. Oykel Bridge, Breabag Tharsuinn, Milbuie
Linum radiola (Allseed) NT (Radiola linoides)
H 20(4) Often on tracks and sometimes overlooked
Linum usitatissimum (Flax) NH55
H 1(0) An escape in a field margin.
Listera see Neottia
Lithospermum officinale (Common Gromwell) EX
Pre-2000. Last record was in 1956 at Castlecraig NH86 and likely to be extinct in E. Ross.
Littorella uniflora (Shoreweed)
H 20+. Very common in the edges of lochs. eg Lochs Garve, A’Gharbain, Catherine etc.
Lobelia dortmanu (Water Lobelia)
H 20+(26). Common in lochs in shallow water. eg. Lochs Achilty, Garve, Ussie etc.
Lobelia erinus* (Garden Lobelia) NH66,76,78
H 3(3). A garden escape. Tain, Invergordon.
Lobularia maritima* (Sweet Alisson) NH55,64,75,76,87,98
H 5(2). An occasional garden escape. Rockfield (NH 923 829), Chanonry Ness (NH739 562)
Loiseleuria see Kalma
Lolium multiflorum* (Italian Rye-grass) NH55,65,87,98
H 4(5). On waste ground, fields etc. Now less common. Nigg, Dingwall, Seafield, Munlochy Bay.
Lolium perenne (Perennial Rye-grass)
H 20+. Common in pastures and roadsides. eg. Tain, Tarvie, Oykel Bridge etc.
Lonicera nitida* (Wilson’s Honeysuckle) NH45,54,55,76
H 4(2). A scarce garden throw-out. Gallowhill Wood (NH594 492), Whitebog, Dingwall
Lonicera periclymenum (Honeysuckle)
H 20+. Common especially in woodland. eg. Craigroy Den, Brahan, by Loch Monar etc.
Lonicera xylosteum* (Fly Honeysuckle) NH55
H 1(1). Planted or an escape. Brahan NH516 554.
**Lysimachia minimus** (Anagallis) (Chaffweed Wintergreen) (Trientalis europaea)
H 14(18). Occasional in damp grassland, on roadsides etc. eg. Loch Kinellan, Carbisdale, Dingwall.

**Lunaria annua** (Honesty)
H 15(11). On waste ground etc. eg. Kilcoy, Tomich, Tain etc.

**Lupinus arboresus** (Tree Lupin) (Garden Lupinus) NH75, 87. 98
H 3(2). An occasional escape which may persist. Shandwick, Fortrose, Portmahomack.

**Lupinus x regalis** (L. arboresus x polyphyllus) (Russell Lupin)
H 13(13). An occasional garden escape. eg. Hilton, Barbaraville, Strathpeffer etc.

**Lupinus nootkatensis** (Nootka Lupin)
Pre-2000(1). A garden escape last recorded in 1987 in NH78.

**Lupinus polyphyllus** (Garden Lupin) NH78
H 1(2). An escape which is less common than *L. x regalis*. Tain NH78

**Luzula arcuata** (Curved Wood-rush) VU LR NH02, 04, 12
H 3(1). Rare on mountain summits. Mam Sodhail, Sgurr a Chaorachain, Sgurr nan Ceathramnan.

**Luzula campestris** (Field Wood-rush)
H 20+ Frequent in grassy places. eg. Tarbatness, Duag Bridge, Newton of Ochtow etc.

**Luzula luzuloides** (White Wood-rush)
Pre-2000(1). Only one 1978 record from Brahan Castle NH55.

**Luzula multiflora** (Heath Wood-rush)
H 20+ Common in acid grassland and moorland. eg. Craigroy Burn, Sgurr nan Each, Loch Borallan

**Luzula pilosa** (Hairy Wood-rush)
H 20+. Common in woodland, on roadsides etc. eg. Marybank, Grudie, Cromarty etc.

**Luzula spicata** (Spiked Wood-rush)
H 17(21). Frequent on mountain summits. eg. Mam Sodhail, Seana Bhragh, An Faocagach etc.

**Luzula sylvatica** (Great Wood-rush)
H 20+ Very common in woods, on river banks etc. eg. Moy Island, Loch Ailsh, Ardgay etc.

**Lychnis see Silene**

**Lycium barbarum** (Duke of Argyll's Teaplant) NH76, 77, 86, 87, 88, 98
H 6(5). Garden escapes on the shore. eg. Nigg, Hilton, Rockfield, Inver, Portmahomack.

**Lycopodiella inundata** (Marsh Clubmoss) EN EX?

**Lycopodium annotinum** (Interrupted Clubmoss) NS
H 17(9). Occasional on mountain slopes. eg. Meall na Speireig, Creag a Ghlastail, Beinn Enaiglair.

**Lycopodium clavatum** (Stag's-horn Clubmoss)
H 20+. Common on moorland and forest tracks. eg. Corriefeol, Struie, by Loch Fannich etc.

**Lycopsis arvensis** (Bugloss) (Anchusa)
H 18(15) Common in fields in the east

**Lycopus europaeus** (Gipsywort) NH45, 55, 64, 65, 66, 67, 77, 87, 88
H 9(5). Occasional by lochs and in wet places. eg. Loch Eye, Black Loch, Kilmuir, Kildary Loch.

**Lysichiton americanus** (American Skunk-cabbage) NH55, 64
H2(0). A garden escape at Urquhart (NH580 584), Brahan..

**Lysimachia arvensis** (Anagallis) (Scarlet Pimpernel) LS NH64, 65, 67
H 3(3) Scarce and not always persisting. Coulmore, Munlochy Bay.

**Lysimachia europaea** (Chickweed Wintergreen) (Trientalis europaea)
H 20+ Common in woodland and on moorland. eg. Orrin Dam, Hill of Nigg, Marybank

**Lysimachia maritima** (Sea Milkwort) (Glaux maritima)
H 14(13) Large populations in salt marshes eg. Redcastle, Kiltearn, Easter Fern.

**Lysimachia minimus** (Anagallis, Centunculus) (Chaffweed) NT, LR
Pre-2000 (1) Not seen recently. Kinnahard 1998 NH4655

**Lysimachia nemorum** (Yellow Pimpernel)
H 20+. Woodland and also in the uplands. eg. Achederson, Craigroy Burn, Ardgay etc.

*Lysimachia nummularia* (Creeping-Jenny) NH 45

H1(5). Regarded as extinct by Duncan but a few recent recrds..

*Lysimachia punctata* (Dotted Loosetrife) H 16(9). A garden escape that has become more common. eg. Marybank, Logie Easter, Auchmore.

*Lysimachia tenella* (Anagallis) (Bog Pimpernel) NH 86, 88

H 2(6). Always scarce and only two post 2000 sites

*Lysimachia vulgaris* (Yellow Loosetrife) NH 66

H 1(0). A single record from Alness where it was probably planted.

*Lythrum portula* (Water-purslane) NC30, NH15,46,49,55,59,65,66,67,77,86,87

H 12(3). In wet places and pools. eg. Kyle of Sutherland, Loch a Chroisg, Nigg RSPB

*Lythrum salicaria* (Purple-loosetrife) NH15,45,55,59,64,65,66,78,88

H 10(8). Sparse in wet habitats eg. Carbisdale, Redcastle, Belleview, Novar, Kilmuir etc.

*Mahonia aquifolium* (Oregon-grape) NH 65

H1(0) Probably planted at Rosehaugh NH6855.

*Malus domestica* (pumila) (Apple) # NH54,55,59,66,68,75,76,77,86,87

H 10 (5). Either escapes or planted. eg. Conon Bridge, Nigg, Rosemarkie, Belleview etc.

*Malus sylvestris* (Crab Apple) LS NH45,55,78,87

H 4 (6). Scarce in this area. Tarlogie, Torrachilty, Tain. Older records did not separate *Malus* species.

*Malva alcea* (Greater Musk-mallow) NH64, 87

H 2(0). A garden throw-out recorded at Loandhu (NH823 786) and North Kessock (NH65 47).

*Malva arborea* (Tree Mallow)*

Pre-2000. Last recorded in 1938 at Balintore NH87

*Malva x clementii* (M. olbii x thuringiaca) NH64, 87

H 2(0) Charlestown and Balintore

*Malva moschata* ( Musk-mallow) H 13(8). Likely to be a garden escape in this area. eg. Inver, Balintore, Barbaraville etc.

*Malva neglecta* (Dwarf Mallow) NH75,76,87,88,98


*Malva sylvestris* (Common Mallow)

H 12(5). Occasional on waste ground, roadsides etc. Tain, Portmahomack, Barbaraville etc.

*Matricaria chamomilla* (M. recutita)* (Scented Mayweed) NH 55, 66

H2(2). Recently at Black Isle and Muir of Ord.

*Matricaria discoidea* (Pineappleweed)

H 20+. Common on field margins, waste ground etc. eg. Rosemarkie, Inveroykel, Gleann Meinich

*Matthiola incana* (Hoary Stock) NH87

H 1(1). A casual record from Balintore (NH 865 757) where it has probably not persisted.

*Matthiola longipetala* (Night-scented Stock)

Pre-2000(1). A 1987 record from Conon Islands NH55 only.

*Meconopsis cambrica* (Welsh Poppy) See Papaver cambrica

*Medicago lupulina* (Black Medick)

H 18(16). Scattered and mainly eastern on disturbed ground. eg. Tain, Newhall Point, Alness.

*Medicago sativa ssp sativa* (Lucerne) NH98

H1(0). Recently recorded at Portmahomack. Old 19th century records.

*Melampyrum pratense* (Common Cow-wheat)


*Melampyrum sylaticum* (Small Cow-wheat) EN NR LR NH25,56

H 2(3). Rare. In the gorge at Corrieefol (NH206 505). Also at Black Rock Gorge.

*Melica nutans* (Mountain Melick) LS NH14,25,31,45,47,68

H 6(8). Locally scarce in woodland. Meig Dam, Craigroy Burn, River Orrin, Torrachilty

*Melica uniflora* (Wood Melick) LR NH45,55,75

H 3(1). Only three recent sites including the Achilty Oakwood (NH 431 570) and Brahan Rock.
Melilotus indicus* (Small Melilot)

Melilotus officinalis* (Ribbed Melilot)  NH55,65
H 2(0). A recent casual record in a field at Rosehaugh. (NH680 553). Also at Brahan.

Mentha aquatica (Water Mint)
H 20+. Common in wet habitats. eg. Loch Kinellan, Loch Garve, Invercharron etc.

Mentha arvensis (Corn Mint)  NH45,46,54,55,59,67,77,78,87,88
H 10(3). Infrequent in damp places. eg. Redcastle, Hill of Nigg, Contin.

Mentha x gracilis (M. arvensis x spicata)
Pre-2000. Always rare and no records since 1968 when it was seen at Loch Ussie NH55.

Mentha x piperata (M. aquatica x spicata)
Pre-2000(1). Last recorded at Nigg NH87 in 1970.

Mentha requienii* (Corsican Mint)  NH69
H 1(0). In gravel by the River Carron. (NH606 918)

Mentha x rotundifolia (False Apple-mint) (M. suaveolens x longifolia)  NH37
H 1(0). A provisional record from a car park area at Aultguish (NH 357 701)

Mentha spicata# (Spear Mint)  NH26,45,46,54,57,75,87,98

Mentha suaveolens* (Round-leaved Mint)
Pre-2000. The pre-1970 records may relate to Mentha x villosa

Mentha x verticillata (M. aquatica x arvensis) (Whorled Mint)

Mentha x villosa (M. spicata x suaveolens) (Apple Mint)
H 11(1). An escape which is not in Duncan's Flora and may have increased. eg. Hilton, Ardgay.

Menyanthes trifoliata (Bogbean)

Mercurialis perennis (Dog's Mercury)  LS  NH54,55,56,59,64,65,75,76
H 8(8). Mainly in woods and less common than further south. eg. Rosemarkie, Redcastle.

Mertensia maritima (Oysterplant)  NT NS LR  NH87
H 1(3). One persistent site on the shingle NE of Hilton (NH876 768).

Micranthes nivalis (Alpine saxifrage)  NS LR (Saxifraga nivalis) NH13,47
H 2 (3) Ben Wyvis (Fiaclach) and Sgurr na Lapaich. Previously Seana Bhraigh.

Micranthes stellaris (Starry Saxifrage) (Saxifraga stellaris)
H 20+ (21) Common in the mountains. eg Ben Wyvis, Mam Sodhail, Seana Bhraigh

Milium effusum (Wood Millet)  LS  NH55,66,77.

Mimulus agg.*(Monkeyflowers)  see Erythranthe

Mimulus guttatus* (Monkeyflower)  See Erythranthe guttata
Mimulus luteus?*(Blood-drop-emlets) See Erythranthe lutea
Mimulus x robertsi(M. guttatus x luteus)*Hybrid Monkeyflower See Erythranthe x robertsiii.
Mimulus moschatus*(Musk)  See Erythranthe moschata

Minuartia sedoides (Cyphel)  VU NS LS  see Cherleria sedoides

Moehringia trinervia (Three-nerved Sandwort)  NH45,55,59,65,66,67,75,76,86,87
H 10(9). Various woodland sites. eg. Rosemarkie, Munlochy, Alness, Dingwall, Moy Island.

Molinia caerulea (Purple Moor-grass)

Moneses uniflora (One-flowered Wintergreen)  VU ?EX NR
Pre-2000(1). Not seen since 1971 at its former site at Blackmuir Wood NH 45 which was replanted.

Montia fontana (Blinks)
H 20+. Very common in damp places. eg. Alladale, Rhanich, Inveroykel, Meig Dam

Montia fontana ssp chondroserpa
Pre-2000(1). Not recorded since 1972 at Fortrose NH75.
**Muscaria armeniacum** (Garden Grape-hyacinth)
H 13(0). A garden escape only recorded recently in E. Ross. eg. Dingwall, Shandwick, Alness.

**Muscaria neglectum** (Grape-hyacinth) NH77,78
H 2(0). Less common than the preceding species, Tain (NH 785 821), Milton Wood (NH76 74).

**Mycelis muralis** (Wall Lettuce)
H 17(11). Frequent at lower altitudes. eg. Black Rock Gorge, Rosemarkie, Silver Bridge.

**Myosotis arvensis** (Field Forget-me-not)
H 20+. Common in fields, waste ground etc. eg. Achanalt Station, North Kessock, Inver.

**Myosotis discolor** (Changing Forget-me-not)
H 20+. Disturbed ground and grassland etc. eg. Rosemarkie, Rockfield, Ardgay Station.

**Myosotis laxa** (Tufted Forget-me-not)

**Myosotis ramosissima** (Early Forgetmenot) LS NH75,76,86,88
H 4(7). Coastal and scarce. Rosemarkie, Nigg Ferry and N. Sutor.

**Myosotis scorpioides** (Water Forget-me-not)

**Myosotis secunda** (Creeping Forget-me-not)

**Myosotis sylvatica** (Wood Forget-me-not) NH36,45,55,65,66,75,76,77,87
H 11(7). In woods. Probably a garden escape in E. Ross. eg. Newhall, Rosehaugh, Milton Wood,

**Myosotis aquaticum** (Water Chickweed) NH55
H 1(0). A recent new record. Growing by the River Peffery at Dingwall. Did not persist.

**Myrrhis odorata** (Sweet Cicely)
H 20+. Common on moors and in bogs. eg. Boath, Loch Ailsh, by Loch Mullardoch etc.

**Myriophyllum alterniflorum** (Alternate Water-milfoil)

**Myriophyllum spicatum** (Spiked Water Milfoil) LR NH25,67,88
H 3(4). Few recent records. Loch Beannacharain (NH 221 518), Loch Achnaclachoich (N H66 73).

**Myrrhis odorata** (Sweet Cicely)
H 15(14). Frequent by roads etc mainly in the east. eg. Newhall Point, Culicudden, Kincardine.

**Narcissus sp** (Daffodils)
H 20+(2). An increasing garden escape and also planted. eg. Dingwall, Rosemarkie, Tarbatness etc.

**Narcissus poeticus** (Pheasants-eye Daffodil) NH86
H 1(0). A garden escape recorded at South Sutor (NH808 659) and also NH55 in 1950.

**Narcissus pseudonarcissus** (Daffodil)

**Nardus stricta** (Mat-grass)
H 20+. Very common on mountains and moorlands. eg. Lubcroy, Sean Bhragh, Belmaduthy etc.

**Narthecium ossifragum** (Bog Asphodel).

**Nasturtium microphyllum** (Rorippa) (Narrow-fruited Water-cress) NH45,55,66,87,88,98
H 6(3). In ditches etc. eg. Morrich More, Loch Ussie, Arabella, Balloan

**Nasturtium officinale agg** (Rorippa) (Water-cress)
H 14(18). In ditches and ponds. eg. Loch Achnaclachoich, Nigg, Conon Bridge.

**Nasturtium officinale** (Rorippa nasturtium-aquaticum)
H 11(6) This species has not always been differentiated. eg. Loch Kinellan, Nigg, Munlochy Bay.

**Nasturtium x sterilis** (N. officinale x microphyllum) (Hybrid Water-cress)
H 7(3). In ditches and lochs etc. eg. Hilton, Loch Eye, Loch Ussie.

**Neottia cordata** (Listera cordata) (Lesser Twayblade)
H 20+. Common on moorland etc although inconspicuous. eg Rhanich, Carbisdale, Allt na Caorach

**Neottia nidus-avis** (Birdsnest Orchid) NT LS NH45,55,56,64,65,66,68,76
H 8(6). In woods. Scarce but some recent records. eg Stratheffer, Drummondreach, Coulmore.
Neottia ovata (Listera ovata) (Common Twayblade) NH26,37,55,56,65,66,76,87,88.
H 9(11). Occasional in woodland, grassland etc. Belmaduthy, Muirhead Wood, Morrich More etc.

Nepeta x faassenii (N. nepetella x mussinii) (Garden Cat-mint) Pre-2000(2). Recorded in 1973 at Old Shandwick NH87 as a garden throw-out.

Nigella damascena* (Love-in-a-mist) NH87,98
H 2 (1) A garden throw-out recorded from Hilton (NH 872 763) and Rockfield.

Nitella flexilis agg NH15,26,28,37,45,55,67,77,78,87
H 10. In lochs etc. eg. Loch Eye, Loch Achnacloich, Loch an Eich Bhan.

Nitella opaca NH27,45,55,67,87
H 5. In lochs. Lochs Achnacloich, Ussie and a’Gharbhain.

Nothofagus obliqua *(Roble) NH45, 54,56
H 3(0). A native of S. America. Planted at Castle Leod. (NH 486 592) and near Dingwall.

Nuphar lutea* (Yellow Water-lily) NH66,78
H 2(2). Likely to be an introduction in E. Ross. Tain Links Pond (NH 782 824). Also Alness.

Nuphar pumila (Least Water-lily) NS LR NH44,67
H 2(1). Rare in lochs. Loch Achnacloich (NH 435 493), Gleann Goibhre Lochan (NH 665 737).

Nuphar x spenneriana (N. lutea x pumila) NH67
H1(0) Loch Achnacloich NH6673

Nymphaea alba (White Water-lily)
H 16(11). Frequent in lochs and ponds. Sometimes introduced. eg. Loch Ussie, Alness, Moy Bridge

Odontites vernus# (Red Bartsia)
H 20(11). Common on tracks, in woods etc. eg. Garve, Dingwall, Redcastle, Tain Plaids etc.

Oenanthe crocata (Hemlock Water-dropwort) LS NH54,55,64,65,66,75,76,98.
H 8(4). Near or on the shore. eg. Redcastle. Craigton, Kilmuir, Rosemarkie, Portmahomack.

Oenothera biennis (Common Evening-primrose)* NH78,87
H2(0) An unusual garden escape. Tain, Hilton.

Oenothera x fallax (O.biennis x glazoviana) (Intermediate Evening-primrose). NH88

Oenothera glazioviana* (Large-flowered Evening-primrose). NH26,87

Omalotheca norvegica (Gnaphalium)(Highland Cudweed) EN NS LS NH13,28
H 2(7). In remote sites with difficult access. It probably survives in other locations

Omalotheca supina (Dwarf Cudweed) (Gnaphalium) NT
H 20(13). Quite frequent on the high hills eg Ben Wyvis, Seana Bhraigh, Mam Sodhail etc

Omalotheca sylvatica (Heath Cudweed) (Gnaphalium) EN
H 20(19) Frequent on tracks and rides eg Tarvie, Eileanaich Lodge, Duag Bridge etc

Omphalodes verna* (Blue-eyed-Mary) NH56,87
H 2(2). A persistent garden escape. Dingwall (NH556 604), Allan (NH 816 770).

Ononis repens (Restharrow) LS NH55,65,66,75,98.

Onobrychis vicifolia* (Sainfoin)
Pre-2000. Only a 1795 reference to cultivation at Cromarty.

Onopordon acanthium# (Cotton Thistle) NH66,87,98
H 3(2). An ancient introduction. Portmahomack (NH 916 844), Balintore and Kiltearn.

Ophioglossum vulgatum (Adderstongue) LR/EX?
Pre-2000(1). A single 1994 record for Morrich More (NH84 83) which has never been confirmed.

Orchis mascula (Early-purple Orchid) NH16,56,65,66,68,75,76,86,87,88,97,98
H 12(10). Occasional, mainly in the east. eg. Nigg, Rockfield, Kilmuir, Shandwick, Struie Hill.

Oreogetis limbosperma (Lemon-scented Fern)
H 20+. Very common on moors, woods etc. eg. Duag Bridge, Croick, Sgurr a Mhuillin.

Origanum vulgare (Wild Marjoram) NH45,64,66,76,87
H 5(3). Probably of garden origin here. Balintore (NH 865 756), Charlestown (NH64 48), Cromarty.
Ornithogalum umbellatum*(Star-of-Bethlehem)
H 14(5). Naturalised and perhaps increasing. eg. Cromarty, Rockfield, Tain, Fortrose.

Ornithopus perpusillus (Birdsfoot) LS NH37,49,58
H 3(0). Scarce and often not persisting on tracks etc. W. Kincardine Hill, Corriemollie Forest.

Orobanche minor (Common Broomrape) NH87
H 1(0). Growing with Trifolium pretense in a disused goods yard (NH815 781)

Orithlia secunda (Serrated Wintergreen)
H 14(5). In gorges and woodlands. eg. Glen Glass, Allt na Caorach, Wester Culbo, Culbockie.

Osteospermum jucundum* (Cape Daisy) NH98
H 1(0). An unusual garden escape. Rockfield shore (NH 923 829).

Oxalis acetosella (Wood-sorrel)

Oxalis corniculata* (Procumbent Yellow-sorrel)
Pre-2000(1). Not recorded since 1979 at Saltburn (NH 72 69).

Oxalis elis*(Least Yellow-sorrel) NH75.87
H2(1). Recorded at Fortrose on the pavement NH727566. Also Fearn Station.

Oxalis stricta* (Upright Yellow-sorrel).
Pre-2000(1). Only one record in 1974 in Brahan Woods NH55.

Oxyria digyna (Mountain Sorrel)
H 20(22). Frequent in the mountains on rocks etc. eg. Seana Bhraigh, Corrieveol, Loch Li Fannich.

Oxytropis halleri (Purple Oxytropis) NR LR NH76,86,87
H 3(3). Rare and declining. Shandwick, Nigg. The Ethie population may now be lost.

Papaver argemone (Prickly Poppy)# See Roemeria argemone.

Papaver cambrica (Welsh Poppy)* (Mecanopsis cambrica)
H 19(10) An alien here which appears to have become more common. Eg Marybank, Strathpeffer

Papaver dubium* (Long-headed Poppy)

Papaver hybridum* (Rough Poppy) See Roemeria hybridum

Papaver setiferum (pseudorientale)* (Oriental Poppy). NH45,56,59,64,66,75,76,87,98
H 9 (1). A garden throw-out. Balintore, Alness, Aultgowrie, Nigg etc.

Papaver rhoeas* (Common Poppy) NH45,55,59,64,65,66,75,76,78,87,98
H 11(8). Probably of garden or seed-mix origin in E. Ross. eg. Shandwick, Talich, Cromarty, Tain.

Papaver somniferum#(Opium Poppy)
H 13(9). By habitations as an escape. eg. Portmahomack, Hilton, Barbaraville, Inver.

Paris quadrifolia (Herb Paris). EX
Pre-2000(1). Formerly at DrummondreachNH55 but not seen since 1970 and likely to be extinct.

Parnassia palustris (Grass-of-Parnassus)

Pastinaca sativa (Wild Parsnip) NH 64,88
H 2(0). An introduction in E. Ross. At Inver (NH 864 828) and North Kessock

Pedicularis palustris (Marsh Lousewort)

Pedicularis sylvatica (Lousewort)
H 20+. Very common on moorland etc. eg. Loch a Croisg, Newton of Ochtow, Glenuaig Lodge.

Pentaglottis sempervirens*(Green Alkanet)
H 17(9). Fairly frequent in the east on waste ground etc.. eg. Tarbat House, Rosemarkie, Urquhart.

Persicaria amphibia (Amphibious Bistort)
H 12(11). In water bodies and wet places. eg. Easter Fearn Point, Loch Eye, Loch Druidean.

Persicaria bistorta (Common Bistort) LS See Bistorta officinalis

Persicaria hydropiper (Waterpepper) LS NC40,NH05,35,45,55,59,66,78
H 8(3). Uncommon in wet places. eg. Loch a Chroisg, Moy Bridge, Novar.

Persicaria lapathifolia (Pale Persicaria) LS NH45,55,59,65,67,87,98
H 7(2). On waste and damp ground. eg. Tarvie, Marybank, Seafield, Loandhu.

**Persicaria maculosa** (Redshank)
H 20+. Common in fields, waste ground etc. eg. Croick, Oldtown, Talich, Alness.

**Persicaria minor** (Small Water-pepper) NH88 VU LR
H1(0) A recent record from Loch Eye

**Pentstemon vivipara** (Alpine Bistort) See Bistorta vivipara.

**Pentstemon wallchii** (Koenigia polystachya) (Himalayan Knotweed) NH45,59,77
H 3(1). An infrequent alien. Tarbat house, Invercharron, near Strathpeffer.

**Petasites albus** (White Butterbur)
H 12(7). Frequent in damp places. eg. Tain shore, Conon Bridge, Tulloch Castle, Contin.

**Petasites fragrans** (Winter Heliotrope) NH76,87
H 2(0). A persistent introduction at Cromarty (NH793 672). Also Arabella

**Petasites hybrida** (Butterbur) LS NH45,55,56.
H 3(4). In wet places. Appears to be more scarce than formerly. Easter Moy, Humberston.

**Petasites japonicus** (Giant Butterbur) NH59,65,66
H 3(0). Only recently recorded in E. Ross. S.of Evanton, by River Carron and Craigiehowe.

**Petrosedum forsterianum** (Rock Stonecrop) (Sedum forsterianum) NH45,55,59,64,66,67,75
H 7(3) On walls and by the shore. Of garden origin here. North Kessock, Ardgay, Alness

**Petrosedum rupestre** (Reflexed Stonecrop) (Sedum rupestre) Pre-2000. Strathgarve Lodge, Strathpeffer but not seen lately.

**Peucedanum ostruthium** (Masterwort) see Imperatoria ostruthium.

**Phacelia tanacetifolia** (Phacelia) NH55,56,57,76,78
H 5(0). Only recently recorded in VC 106 as an introduction. Easter Balloon, Cromarty, Loch Ussie.

**Phalaris arundinacea** (Reed Canary-grass)
H 20+. A common grass of damp habitats. eg. Udale Bay, Tarvie, Moy Island.

**Phalaris cannariensis** (Canary-grass) NH56,64,75
H 3(1). An alien species occasionally found on waste ground etc. Kessock Bridge, Dingwall.

**Phalaris paradoxus** (Awned Canary-grass)
Pre-2000. A casual record in 1954 at Dalmore distillery NH66 and not seen since.

**Phegopteris connectilis** (Beech Fern).
H 20+. Common in the uplands and also woodland. eg. Ben Wyvis, Coire na Sguile, Black Rock

**Philadaphus x virginalis** (P. coronarius x microphyllum x pubescens)* (Hairy Mock-orange)
H 2(0). Probably planted at Dingwall to north (NH 543 593, NH553 605)

**Phleum alpinum** (Alpine Catstail) NS LR NH13,28.
H 2(2). Sgurr na Lapaich NH13 in 2003. Also Beinn Darg recently..

**Phleum arenarium** (Sand Cat's-tail)
Pre-2000(1). An unconfirmed 1987 record from Tain NH78 where it has not been refound.

**Phleum bertolii** (Smaller Cat's-tail) NH45,55,66,76,78,87,88,98

**Phleum pratense** (Timothy)
H 20+. In fields, by tracks etc, eg. Ethie, Easter Fearn, Murrich More, Ardross etc.

**Photinia davidiana** (Stranvaesia) NH45,55,65,66,67,75,76,77
H 8(0). Mainly planted by road sides and tracks. eg. Hillockhead, Scotsburn, Mount High.

**Phragmites australis** (Common Reed)

**Phygelius capensis** (Cape Figwort)
Pre-2000(1). An alien shrub. One record from Strathpeffer in 1999 where it has not been refound.

**Phyllitis scolopendrium** (Hartstongue) see Asplenium scolopendrium

**Physocarpus opulifolius** (Ninebark) NH45,55
H 2(1). A persistent alien growing by the R. Conon at Conon Bridge (NH549 563) and Easter Moy.
**Picea abies** (Norway Spruce)
H 20+. Commonly planted and also regenerating. eg. Eileanach Lodge, Redcastle, Munlochy.

**Picea jezoensis** (Hondo)  NH56  
H1(0). Planted near Dingwall at Paradise Wood.

**Picea omorika** (Serbian Spruce)  NH55,66,67,77,78  
H 5(0). Occasional in plantations and also regenerating. eg. ByTain, Loch Ussie, Novar.

**Picea sitchensis** (Sitka Spruce)  
H 20+. Very common in plantations and regenerating. eg. Scardroy Burn, Boath, Amat.

**Pilosella aurantiaca** (Fox-and-cubs)
H 19(11). By roadsides and tracks, probably increasing. eg. Garve, Tain, Rockfield, Dingwall.

**Pilosella officinarum** (Mouse-ear-hawkweed).
H 20+. Common in grassland etc. eg. Shandwick, Rosemarkie, Coire Mhuragein.

**Pilularia globulifera** (Pillwort)  NT NS LS  NC40, NH26,45,55,59  
H 5(4). In Lochs and estuaries and only found in E. Ross recently. eg. Ochtow, Loch Achanalt.

**Pimpinella saxifraga** (Burnet Saxifrage)  LR  NH87  
H 1(1). Recently recorded at Geanies. Previously by Rockfield.

**Pinguicula alpina** (Alpine Butterwort)  EX  
Pre-2000. Now extinct in the UK. The only site was on the Black Isle by Auchterflow (1909).

**Pinguicula lusitanica** (Pale Butterwort)
H 14(7). On peat, flushes, etc. eg. Kilmachalmack, Loch Beannacharan, Allt Goibhre, Lubcroy.

**Pinguicula vulgaris** (Common Butterwort)

**Pinus contorta** (Lodgepole Pine)
H 20+. Commonly planted and also regenerating. eg. Achnahatan, W. Kincardine Hill, Boath.

**Pinus nigra** (Corsican Pine)
H 1(2). Planted in a few places. eg. Geanies, Bayfield Loch, Morrich More.

**Pinus peuce** (Macedonian Pine)
H1 (0) Planted at Brahan.

**Pinus radiata** (Monterey Pine)

**Pinus sylvestris** (Scots Pine)
H 20+. Common in the area, being native and planted. eg. Tain, Amat, Allt Duchairidh.

**Pisum sativum** (Garden Pea)  See Lathyrus oleracea

**Plantago coronopus**
H 12(11). Scattered on the shore. eg. Tarbatness, Rosemarkie, Alness Point, Nigg.

**Plantago lanceolata** (Ribwort Plantain)

**Plantago major** (Greater Plantain)
H 20+. Very common on tracks, fields etc. eg. Tain, Ardgay, Loch Achanalt, Nigg Ferry.

**Plantago maritima** (Sea Plantain)
H 20+. Very common on the shore and also inland roads. eg. Tarbatness, Lubcroy, Charlestown.

**Plantago media** (Hoary Plantain)  NH66  
H1(4). Recent record from Black Isle. Previously at Lower River Conon in 1978 (NH53 54).

**Plantanthera bifolia** (Lesser Butterfly Orchid)
H 20(11). Still found in meadows, moors etc but usually sparse. eg. Morrich More, Belmaduthy.

**Plantanthera chlorantha** (Greater Butterfly Orchid)  NT LS  NH26,45,49,55,66,88  
H 6(1). Recent records from Lower River Conon, Loch Fannich, Loch Ussie and Meall Dheirigh.

**Platanus x hispanica** (Occidentalis x orientalis) (London Plane)  NH54  
H1 (0) Recorded by the A832 at NH544 493

**Poa alpina** (Alpine Meadow-grass)  NS LR  NH13,28  

**Poa angustifolia** (P. pratensis ssp angustifolia) (Narrow-leaved Meadow-grass)

Poa annua (Annual Meadow-grass)

Poa chaixii* (Broad-leaved Meadow-grass)  NH54,66,67.

Poa compressa (Flattened Meadow-grass)
Pre-2000. A BRC record in 1956 in NH45 but not seen again.

Poa glauca (Glaucous Meadow-grass) NS LR NH28
H1(1). Recently recorded on Meall a Choire Ghlaís.

Poa humilis (Spreading Meadow-grass)
H 20+. Common by roads, fields etc. eg. Hillockhead, Eileanach Lodge, Garve, Rockfield.

Poa nemoralis (Wood Meadow-grass)
H 18(12). Frequent in woods, rocky ground etc. eg. Black Rock Gorge, Avoch, Kilmuir.

Poa palustris* (Swamp Meadow-grass)
Pre-2000(1). A BRC record in 1978 for Lower River Conon NH 530 540 has never been confirmed.

Poa pratensis (Smooth Meadow-grass)

Poa trivialis (Rough Meadow-grass)
H 20+. Very common in woodland, waste ground etc. eg. Rockfield, Newhall, Bonar Bridge.

Polygonatum caeruleum* (Jacob's-ladder) NH55,65,66,77,78,87,88
H 7(0). An occasional garden escape. eg. Tain, Conon Bridge, Strathpeffer, Fearn Station, Nigg.

Polygala serpyllifolia (Heath Milkwort)
H 20+. Very common on moors, grassland etc. eg. Alladale, Tarbatness, Sean Bhraghe.

Polygala vulgaris (Common Milkwort) NC30,31 NH45,5566,86,87,88,98.

Polygonatum x hybridum (P. multiflorum x odoratum)* (Garden Solomon's-seal)
H 6(2). A garden escape in NH45,5564,68,75,77. eg. Conon Bridge, Rosemarkie, Blackmuir Wood.

Polygala arenastrum# (Equal-leaved Knotgrass) See P. depressum

Polygala aviculare (Knotgrass)
H 20+. Very common on waste ground, fields etc. eg. Oykel Bridge, Charleston, Alness.

Polygonum boreale (Northern Knot-grass) NS LS NH55,56,76,77,78,87
H 6(1). Recent records only on roadsides, waste ground etc. eg. Dingwall, Barbaraville, Balintore.

Polygonum depressum# (Equal-leaved Knotgrass) (P. arenastrum)
H 19(11) Widespread n tracks, shores etc eg Barbaraville, Easter Fearn, Balnagall, Fortrose

Polygononum oxysepermum (Ray's Knot-grass) EX?
Pre-2000. Last seen in 1910 at Balintore NH87 and likely to be locally extinct.

Polypodium interjectum (Western Polypody) LR NH64,65
H 2(1). On low cliffs at Munlochy Bay(NH686 520). Older records from Rosemarkie.

Polypodium x mantoniae (P. interjectum x vulgare) NH64
H1(1). Near Ord hill. A 1979 probable record from Ardross Castle (NH 61 74).

Polypodium vulgare (Polypody)
H 20+. Very common on walls, rocks and as an epiphyte on trees. eg. Aultgowrie, North Sutor.

Polystichum aculeatum (Hard Shield-fern)
H 20(15). Frequent in gorges and on rocks. eg. Kilmuir, Black Rock Gorge, Ardross.

Polystichum lonchitis (Holly Fern) VU LS NC21 NH13,27,28,38,46,68.

Populus alba* (White Poplar)

Populus canadensis (P. deltoides x nigra)* (Hybrid Black-poplar)
H 10(8). Occasionally planted. eg. Tain, Dingwall, Mounteagle. Portmahomack.

Populus x canescens (P. alba x tremula)* (Grey Poplar). NH56,76,78
H3(4). Recent record near Dingwall where it is planted. Also Jemimaville.
Potentilla x jackii (P. deltoides x balsamifera) *(Balm-of-Gilead) NH76,77

*Populus nigra* (Lombardy-poplar)

*Populus nigra var. italic*a (Lombardy-poplar). NH35,77
H 2(0). Rarely planted. Meg Dam (NH376 559) and by Delny.

*Populus tremula* (Aspen)
H 20+. Fairly common although often in small quantities. eg. Corrifieol, Garbat Forest, Amatnatua.

*Populus trichocarpa* (Western Balsam-poplar) NH55,56,77,87,98
H 5 (0). Planted in a few places. Cromarty Firth Bridge, Kildary, Conon Bridge, Portmahomack.

*Potamogeton alpinus* (Red Pondweed) NC31 NH45,55,65,67,87
H 6 (11). In a few lochs. Lochs Achnaclioch, Ussie, Lundie, Garve, Ailsh.

*Potamogeton berchtoldii* (Small Pondweed) NH45,55,65,67,86,87
H 6(10). In 6 Lochs since 2000 and also other sites in the 1990s. eg. Loch Ussie, Loch Achnaclioch.

*Potamogeton crispus* (Curled Pondweed) LS NH45,55,65,67,87,88.

*Potamogeton filiformis* (Slender-leaved Pondweed) LS See *Stuckenia filiformis*.

*Potamogeton freisi* (Flat-stalked Pondweed) NH87,88
H 2 (0) Only known from Loch Eye

*Potamogeton x gessnacensis* (P. natans x polygonifolius)

*Potamogeton gramineus* (Various-leaved Pondweed)
H 13(6). Frequent in lochs. eg. Lochs Eye, Bayfield, Gowan, Bad Bhathaich, Chuinneag.

*Potamogeton x nitens* (P. gramineus x perfoliatus) NH55,87,88
H 3(7). Recorded in Loch Eye and Loch Ussie..

*Potamogeton natans* (Broad-leaved Pondweed)
H 20+ Common in water bodies. eg. Loch Beannacharain, Castlecraig, Tarlogie Loch.

*Potamogeton obtusifolius* (Blunt-leaved Pondweed) NH45,55,65,67,77

*Potamogeton pectinatus* (Fenelly Pondweed) LS See *Stuckenia pectinatus*.

*Potamogeton perfoliatus* (Perfoliate Pondweed) NC31, NH45,46,55,67,87,88
H 7(11) In several lochs. eg. Lochs Achnaclioch, Bayfield, Eye, Ussie.

*Potamogeton polygonifolius* (Bog Pondweed)
H 20+. Very common in bogs and ditches etc. eg. Boath, Craigroy Burn, Inveroykel.

*Potamogeton praelongus* (Long-stalked Pondweed) NT LS NH55,87,88
H 3(4). Not often found. Loch Ussie, Loch Eye.

*Potamogeton pusillus* (Lesser Pondweed) LS NH45,55,67,68,77,87,88
H 7(3). Occasional only. Loch Ussie, Loch Achnaclioch, Bayfield Loch, Loch Eye, Easter Fearn.

*Potamogeton rutulus* (Shetland Pondweed) NR LS NH45,55,67,88
H 4(3). New sites have been found but still scarce. Loch Ussie, Loch Eye, Bayfield Loch.

*Potamogeton x zizii* (P. gramineus x lucens) (P. x angustifolius) (Long-leaved Pondweed)

*Potentilla anserina* (Silverweed)
H 20+. Common on shores, roadsides etc. eg Tarbatness, Rosemarkie, Sgodachail.

*Potentilla erecta* (Tormentil)
H 20+. Very common on heaths, mountains and grassland. eg. Moy Island, Sgurr nan Each, Ardgay

*Potentilla erecta ssp strictissima*
Pre-2000. This sub-species was last recorded in 1902 in the Fannichs NH26.

*Potentilla fruticosa* (Shrubby Cinquefoil) See *Dasiphora fruticosa*.

*Potentilla norvegica* (Ternate-leaved Cinquefoil) NH76
H 1 (0) A casual occurrence on the Black Isle

*Potentilla palustris* (Marsh Cinquefoil) see *Comarum palustre*
Potentilla reptans (Creeping Cinquefoil) LR NH68,88

Potentilla sterilis (Barren Strawberry).
H 19(11). On banks, in woodland etc. eg. Alness, Munlochy, Brahan, Struie.

Potentilla verna (P. tabernaemontani) (P. neumanniana) (Spring Cinquefoil) NS LS
H 3(3). On cliffs often by the sea, but there is one inland site. Struie, Rosemarkie, Eatlie

Primula elatior* (Oxlip) NH87
H 1(0). Undoubtedly planted in E. Ross. At Old Shandwick (NH 856 739).

Primula florindae (Japanese Cowslip)* NH45
H 1(0). Recorded recently at Strathpeffer. Of garden origin.

Primula x polyantha (P. veris x vulgaris) NH65,68,77
H3(1). At Ardgay, Kildary and Kilmuir where it may have been planted.

Primula scotica * (Scottish Primrose) EX
Pre-2000. It is now known that the lost Tarbatness plants were planted deliberately (recorded 1968).

Primula veris (Cowslip) LS NH55,57,65,66,75,88
H 6(1). Scarc in E. Ross and may not persist. Alness River (NH656 685) Culbockie and Inver

Primula vulgaris (Primrose)

Prunella vulgaris (Selfheal).
H 20+. Very common in a variety of habitats. eg. Gleann Beag, Craigroy Burn, Loch Ailsh.

Prunopitys (Podocarpus) andinus (Chilean Yew) * NH 56
H1(0). A single site by Dingwall where it may have been planted.

Prunus avium (Wild Cherry)
H 20+. Common in woodland and also planted. eg. Loandhu, Urquhart, Lily Loch.

Prunus cerasifera* (Cherry Laurel) NH45,56,58,67,78
H 5(1). Likely to be planted. Oldtown, Ardross, Dingwall, Loch Kinellan.

Prunus cerasus (Bird Cherry)
H 20(19). In woods and planted. eg. Alness, Ord Loch, Rosemarkie, Tarlogie.

Prunus spinosa (Blackthorn)
H 20(16). In woods, on shores and roadsides. eg Barberaville, Wood of Brae, Bottacks.

Pseudofumaria lutea* (Yellow Corydalis) NH45,55,59,66,75,76,77.
H 7(2). Infrequent on walls. Rosemarkie, Alness, Conon Bridge, Ardgay.

Pseudorchis albida (Small White Orchid) VU
H15(11). Scattered in the west of the vice-county. eg. E. Benula Forest, Creag Sgiathan, Corrievuic.

Pseudosuga menziesii* (Douglas Fir)

Pteridium aquilinum (Bracken)
H 20+. Very common on acid soils. eg. by Loch a Chroisg, Ardgay, Bogbain.

Pterocarya fraxinifolia* (Caucasian Wingnut)
Pre-2000. A single record from Swordale by the river in 1999 (NH56.)

Puccinellia distans (Reflexed Saltmarsh-grass)
H 11(2). Sometimes on roads. Morrich More (NH836 856), Newhall (NH 698 657), Rhanich.
Puccinellia maritima (Common Saltmarsh-grass)  

Pulicaria dysenterica (Common Fleabane)  
Pre-2000. Not recorded since 1969 by the Lochluichart Dam (NH38 51).

Pulmonaria officinalis* (Lungwort)  
NH45,55,57,75,76,78  
H 7(6). An occasional introduction. Tain, Rosemarkie, Strathpeffer, Cromarty.

Pulmonaria rubra*(Red Lungwort)  
NH46  
H 1(0). A rare garden escape. By Strathgarve Lodge (NH 404 612).

Puschkinia scilloides*  
NH75  
H 1(0). An unusual garden throw-out. Rosemarkie (NH 736 579).

Pyrola media (Intermediate Wintergreen) VU NS  
NH24,25,37,45,48,49,56,57,58,59,  

Pyrola minor (Common Wintergreen)  
H 20(11). Frequent in woods and on heaths. eg. Marybank, Monadh Mhor, Munlochy.

Pyroa rotundifolia ssp rotundifolia (Round-leaved Wintergreen) NT/EX?  
Pre-2000. No recent records and there are doubts about some earlier records.

Quercus cerris* (Turkey Oak)  
NH45,55,57,64,65,87  
H 5(1). A scarce introduction. Castle Leod (NH 488 592), by Loch Eye (NH 822 797), Brahan.

Quercus ilex* (Egret Oak)  
NH56  

Quercus petraea (Sessile Oak)  

Quercus robur (Pedunculate Oak)  

Quercus x roacea (Q.petraea x robur)  
H14(10). Frequent and perhaps under-recorded. eg. Muir of Tarradale, Calrossie, Invercharron.

Quercus rubra*(Red Oak)  
NH36,55,64,65,66,67  
H 6(0). Usually planted. eg. Brahan, Ardross Castle, Culmore, Rosehaugh.

Radiola linoides (Allseed) See Linum radiola.  

Ranunculus aconitifolius*(Aconite-leaved Buttercup)  
NH36  
H 1(0). An unusual garden throw-out in woodland by Garve (NH 397 613).

Ranunculus acris (Meadow Buttercup)  

Ranunculus aquatilis (Common Water Crowfoot) LS  
NH64,65,66,75,76,87,98  
H 7(3). Infrequent in ponds. eg. Munlochy Bay, Fairy Glen, Eathie, Rockfield.

Ranunculus arvensis# (Corn Buttercup) CR LR/EX  
Pre-2000(1). A record in 1998 at Inver(NH864 828) probably came from a seed-mix.

Ranunculus auricomus (Goldilocks Buttercup) LR  
NH39,56  
H 2(2). Recently found at Craig Wood, Dingwall and Strathrannoch. Previously at Strathpeffer.

Ranunculus baudotii (Brackish Water-crowfoot)  
Pre-2000. There is only a 1962 record from Hilton NH87 from the BRC.

Ranunculus bulbosus (Bulbous Buttercup)  
NH45,54,66,75,76,78,86,87,88,97,98  
H 11(9). Mainly coastal in grassy places. eg. Tarbatness, Shandwick, Morrich More.

Ranunculus ficaria (Lesser Celandine) see Ficaria verna  

Ranunculus flammula (Lesser Spearwort)  

Ranunculus flammula ssp scoticus  

Ranunculus fluitans (River Water-crowfoot)  
Pre-2000. Recorded at Loch Luichart and Strath Oykel but not seen since 2000

Ranunculus hederaceus (Ivy-leaved Crowfoot)  
H 17(10). Frequent in wet places. eg. Scardroy Lodge, Avoch, Muirhead Woods, Balnagall.
Ribes rubrum (Red Currant)  
H 4(1). In marshes and lochs and uncommon in the north. Loch Eye, Loch Achnacloich, Tain.

Ribes parviflorus (Small-flowered Buttercup)  

Ribes peltatum (Pond Water Crowfoot)  
LR  

Ribes penicillatus (Chalk-stream Water Crowfoot)  
LR/EX?  
Pre-2000. (3) Last localised record in 1978 at Avoch NH75 and may be extinct locally.

Ribes repens (Creeping Buttercup)  

Ribes sardous (Hairy Buttercup)  

Ribes sanguinum* (Black Currant)  

Rhododendron ponticum* (Mountain Currant)  
Pre-2000. A 1923 record from NH76.

Rhodiola rosea* (Black Currant)  

Rhnanthus minor (Wild Radish)  

Rhinanthus minor ssp lintonii  
Pre-2000. Last recorded in the Tain area NH78 in the 1950s.

Rhinanthus minor ssp minor  
Pre-2000(3). Last recorded at Rogie Falls Marshal and also Talich (NH85 78) in 1983.

Rhinanthus minor ssp monticola  
Pre-2000(4). The last record was in 1977 by Loch Glass NH47.

Rhynchospora alba (White Beak-sedge)  
LS  
NH05,15,25,26,35,45,49,77  
H 8(8). Always uncommon in boggy places eg Torrachility Wood, Loch Cathrine, Amat, Pitmaduthy.

Rhododendron luteum* (Yellow Azalea)  
NH56,67  

Rhododendron ponticum*(Rhododendron)  

Rhibes alpinum* (Mountain Currant)  
Pre-2000. A 1923 record from NH76.

Rhibes nigrum* (Black Currant)  

Ribes ruumber (Red Currant)  
H 13(10). Many populations are probably escapes from gardens. eg. Urquhart, Rosehaugh, Talich.

Rhibes sanguineum* (Flowering Currant)  
H 17(8). An escape from cultivation. eg. Achnasheen, Invergordon, Aultgowrie.
Ribes spicatum* (Downy Currant) NS NH36,45,46
H 3(1). Perhaps of garden origin here. Strathgarve Lodge, Strathpeffer.

Ribes uva-crispa* (Gooseberry)

Roemeria argemone (Prickly Poppy)# VU, LR (Papaver argemone) NH87
H 1(2) In fields and often not persisting. Hilton NH871770. Older records from Nigg and Alness.

Roemeria hybridum# (Rough Poppy) (Papaver hybridum)
Pre-2000(1) Only one record from Muir of Ord in 1975 NH55

Rorippa palustris (Marsh Yellow-cress)
Pre-2000(1). One unconfirmed record from Muirhead Wood (NH753 632) in 1987.

Rorippa sylvestris (Creeping Yellowness) LR Pre-2000(2). Always rare and not seen since 1996 at Docherty Farm NH56.

Rosa caesia (Northern Dog-rose)
H 15(8). In hedges, by tracks etc. Alness Point, Lily Loch, Alness River, Alcaig, Priesthill.

Rosa caesia ssp vosagiaca (glaucia) (Glaucous Dog-rose) see Rosa vosagiaca

Rosa canina (Dog Rose)
H 16(4). Woods, roadsides etc. eg. Loch Achilty, Alness Point, Conon Bridge.

Rosa x dumalis (R. caesia x canina) NC30 NH59,76
H 3(0). Cromarty by the shore (NH793 672), Strathconon and Oykel Bridge (NC386 006).

Rosa x glaucoides (R. caesia x mollis)
Pre-2000

Rosa caesia x sherardii
Pre-2000

Rosa x involuta (R. spinossisima x sherardii)
Pre-2000

Rosa x molliformis (R. mollis x rubiginosa)
Pre-2000 only.

Rosa mollis (Soft Downy-rose) NH46,49,55,56,66,67,76
H 7(4). Roadsides, shores etc. eg. Nigg, Muir of Tarradale, Amatnatua.

Rosa x perthensis (R. mollis x sherardii)
Pre-2000

Rosa x rothschildii (R. canina x sherardii)
Pre-2000(2) 1999 Atlas records at Strathconon NH35 and Portmahomack NH98.

Rosa rubiginosa (Sweet Briar) LS

Rosa rugosa* (Japanese Rose)
H 16(8). Frequent especially on the shore. eg. Hillockhead, Balintore, Kilmuir.

Rosa x sabinii (R.mollis x spinossisima)
Pre-2000. 19th century records only

Rosa sherardii (Sherard's Downy-rose).
H 20+(6). A common rose of roadsides, woods, shores etc. eg. Coulmore, Tomich, Mount High.

Rosa spinossisima (pimpinellifolia) (Burnet Rose)
H 11(9). Scattered mainly by the shore. eg. Nigg, Inver, Rosemarkie, Black Rock Gorge.

Rosa x sub erecta (R. rubiginosa x sherardii)
Pre-2000

Rosa vosagiaca (Rosa caesia ssp vosagiaca)
H 20+ Common on roadsides, by the shore etc. eg Dalmore, Redcastle, Loch Achilty.

Rosa tomentosa (Harsh Downy-rose)
Pre-2000. (3) The Atlas and Loch Survey records for this species require confirmation.

Rubus chamaemorus (Cloudberry)

Rubus fissus (Cleft Bramble) NH59
H1 (1) Only known from Ardgay
Rubus fruticosus agg. (Brambles)
H 20+. Common in woods, hedgerows etc. eg. Dingwall, Moy Island, Ardgay etc.
Rubus idaeus (Raspberry)
H 20+. Common in various habitats. eg. Rosemarkie, Brahan, Loinnbuie etc.
Rubus laciniatus NH55
H 1 (0) In wasteland at Dingwall (NH5459)
Rubus saxatilis (Stone Bramble)
H 20(25). Scattered especially in the west. eg. Loch Li Fannich, Scardroy Burn, Struie Hill
Rubus spectabilis* (Salmonberry) NH75
H 1(2). A rare introduction. Near Rosemarkie (NH 729 576)
Rubus tricolor* (Chinese Bramble) NH55,75
H 2(0) A garden escape only noted recently. Rosemarkie (NH724 577) and Dingwall (NH551 579)
Rudbeckia laciniata* (Coneflower) NH55
H 1(1). From N. America. A very persistent site by Conon Bridge (NH543 562).

Rumex acerosa (Common Sorrel)
H 20+. Very common in grassland, woodland, shores etc. eg. Tarbatness, Moy Island, Brahan.
Rumex acetosella (Sheep's Sorrel)
H 20+. Very common in grassland, moors etc. eg. Craigroy Burn, Nigg, Mam Sodhail.
Rumex conglomeratus (Clustered Dock)

Rumex crispus (Curled Dock)
H 20+. Common especially near the coast. eg. Eathie, Nigg, Inver.
Rumex crispus ssp littoreus
H 16(3). This coastal sub-species has not always been noted separately.
Rumex x hybridus (R. longifolius x obtusifolius) NH26,54,86.
H 3(3) Occasionally recorded. Loch Achanalt, S. Sutor, Tarradale House.
Rumex longifolius (Northern Dock)
H 20(9). Shores, waste ground etc. eg. Loch Kinellan, Aleness Point, Ardgay.
Rumex obtusifolius (Broad-leaved Dock).
H 20+. Very common in various places. eg. Craigroy Burn, Tarbatness, Rosemarkie etc.
Rumex x pratensis (R. crispus x obtusifolius) NH54,65,75
H 3(1). May be under-recorded. eg. Bellevue (NH543 476), Milbuie (NH640 578).
Rumex x propinquis (R. longifolius x crispus) NH55,56,75
H 3(0). Only recorded recently in E. Ross. eg. Dingwall (NH558 581), Cromarty Firth (NH574 613).
Rumex sanguineus (Wood Dock) NH36,54,55,56,64,65,75,77,88
H 9(4). In damp woods etc. eg. Dingwall, Rosemarkie, North Kessock.
Ruppia spiralis (cirrhosa) (Spiral Tasselweed)
Pre-2000. A 19th century record for Tarbat House NH77. It has never been recorded again.
Ruppia maritima (Beaked Tasselweed) NH55,65,66,68,77,78,87,88
H 8(10). Present on the shore in some quantity in places. eg. Inver, Kilmuir, Tain, Ardroy.
Sagina apetala (Annual Pearlwort)
H 20+. Common on gravel, sand etc., but some records probably refer to Sagina filicaulis.
Sagina filicaulis (S. apetala ssp erecta)
H 20+(14). Many Sagina apetala records probably refer to this species.
Sagina maritima (Sea Pearlwort) LS NH36,45,69,76,78,88,98
H 7(3). On the coast but now also occasionally inland. eg. Tarvie, Nigg, Ness of Portnaculter.
Sagina nodosa (Knotted Pearlwort) NH25,34,56,66,67,76,78,88,98
Sagina procumbens (Procumbent Pearlwort)
Sagina saginoides (Alpine Pearlwort) EN NS LR

**Sagina subulata (Heath Pearlwort)** LR NH28
H1 (2) Beinn Dearg. Previously near Achnasheen and also in the Garve area.

**Salicornia argg (Glassworts)** NH55,65,66,76,77,78,87,88
H 8(7). Often only recorded at genus level. Large populations on some muddy shores.

**Salicornia dolichostachya (Long-spiked Glasswort)** LR NH77,87
H 2(0). At Meddat RSPB (NH788 738). Also Nigg Bay

**Salicornia europaea (Common Glasswort)** LS NH65,66,77,87,88
H 5(2). There are very large coastal Salicornia populations. eg. Munlochy Bay, Dalmore, Nigg.

**Salicornia fragilis (Yellow Glasswort)** NS LR NH65,88
H 2(0). Only recently identified at at Munlochy (NH 671 524) and Inver (NH 860 825).

**Salicornia ramossisima (Purple Glasswort)** LR NH77,87,88
H 3(2). May be under-recorded because identification is difficult. Meddat RSPB, Inver.

**Salix alba# (White Willow)** NH55,65,77,78
H 4(2). Occasionally planted. eg. Dingwall, Rosehaugh, Lochanan nan Tunnag.

**Salix x ambiguia (S. aurita x repens)** NC30 NH34
H 2(2). An rarely recorded hybrid. By R. Orrin (NH301 479), Benmore Forest (NC306 092).

**Salix aurita (Eared Willow)**
H 20+. Very common on many woods etc. eg. Inveroykel, Glenuaig Lodge, Loch Mullardoch.

**Salix x calodendron (S. caprea x cinerea x viminalis)**
Pre-2000. Only a 1965 record from Rosehaugh NH65.

**Salix caprea (Goat Willow)**
H 20+. Widespread in woods, by lochs and shores. eg. Rosemarkie, Loch Ailsh, East Amat.

**Salix caprea sp sphaelata**

**Salix cinerea (Grey Willow)**

**Salix cinerea sp oleifolia**
H 20+. This is the common sub-species in E. Ross. eg Invercharron, Inveroykel, Balnagown

**Salix euxina (Eastern Crack-willow)** NH55
H 1(0) Recently noted by the River Conon

**Salix forbyana (S. cinerea x purpurea x viminalis)**

**Salix fragilis# (Crack Willow)**
H 17(10). Occasional in the east. eg. Tain, Tarbat House, Mount High.

**Salix herbacea (Dwarf Willow)**

**Salix lapponum (Downy Willow)** VU NS NH02,12,13,24,38,46,47
H 8(7). Scattered mountain sites. eg Carn na Breabaig, Toll Lochan, Little Wyvis.

**Salix multiflora (S. aurita x cinerea)** NC30 NH37,45,76
H 4.3. A rarely recorded hybrid. Lubcroy (NC 358 015), Strathpeffer and Eathie..

**Salix myrsinites (Whorl-leaved Willow)** EN LR NH28
H 1(2). In the mountains. Recently recorded on Beinn Enaiglair. Fuar-tholl Beag 1987 (NH14).

**Salix pentandra (Bay Willow)** NC40 NH55
H 2(5) May not be native in E. Ross. Inveroykel (NC460 010), Balloan (NH584 589).

**Salix phylicifolia (Tea-leaved Willow)**
H 20+(8). Scattered by rivers, tracks etc. eg. By River Carron, Kilmachalmack, Loch Cathrine.

**Salix purpurea (Purple Willow)** NH55
H 1(3). Scarce and occasionally planted. Muir of Ord (NH525 503).

**Salix reichardii (S. caprea x cinerea)** NH14
H1 (0) Glenug Lodge in 2012

**Salix repens (Creeping Willow)**

**Salix x rubra** *(S. purpurea x viminalis)*
Pre-2000. Last record in 1966 at Alcaig NH55.

**Salix x sericans** *(viminalis x caprea)*
Pre-2000(1). No recent records. Last noted at Avoch NH65 in 1975.

**Salix smitiana** *(S. cinerea x viminalis)* NH45
H 1 (0). At Blackmuir Wood in 2012. At Rockfield in 1890

**Salix triandra**# *(Almond Willow)*

**Salix viminalis**# *(Oiser)*
H 12(9). Often planted usually in the east. eg. Dingwall, Newmore Wood, Portmahomack.

**Salsola kali** *(Prickly Saltwort) VU LS* NH75,76,86,88
H 4(4). On the coast and less common than further south. Rosemarkie, Nigg, Morrich More.

**Sambucus nigra** *(Elder)*
H 20. Common in woods, by the coast etc. eg. Alness, Tarbatness, Craigroy Den.

**Sambucus racemosa*** *(Red-berried Elder)* NH36,45,46,54,55,56,59,65,66

**Saxifraga europaea** *(Sanicle)*
H 15(15). In broad-leaved woodland and gorges. eg. Kilmuir, Corriefeol, Eathie Burn, Dingwall.

**Saponaria officinalis*** *(Soapwort) NH45,76,77,87,88
H 5(3). An escape often in "flora pleno" form. eg. Shandwick, Nigg, Inver, West Rariche.

**Sasa palmata***(Broad-leaved Bamboo) NH55,66,75
H 3(0). Planted or escaped. By River Conon (NH510 538), Foulis Catle (NH594 635), Rosemarkie

**Saussurea alpina** *(Alpine Saw-wort)* NH12,13,14,15,26,27,28,38,47
H 9(11). On cliffs in the mountains. eg. Coire Mor, Toll Lochan, Loch Luchd Choire, Ben Wyvis.

**Saxifraga aizoides** *(Yellow Saxifrage)*

**Saxifraga cespitosa** *(Tufted Saxifrage) EN ?Absent.*

**Saxifraga granularata** *(Meadow Saxifrage)* NH65,75,76,78,86,87,88,97,98
H 9(5). On cliffs and in graveyards often coastal. eg. Rosemarkie, Nigg, Tain, Rockfield.

**Saxifraga hypnoides** *(Mossy Sax by the shoreifrage). VU NC31,NH12,13,28,56,68,75,76
H 8(8). Mainly in the hills but also coastal. eg. Creag na H-eige, Freevater Forest, Rosemarkie.

**Saxifraga nivalis** *(Alpine Saxifrage) See Micranthes nivalis

**Saxifraga oppositifolia** *(Purple Saxifrage)*
H 18(13). Frequent on the higher mountains. eg. Ben Wyvis, Fuar Tholl Mor, Creag Ghiathian.

**Saxifraga x polita** *(S. hirsuta x spathularis) (False Londonpride)* NH45,59,64
H 3(0). A scarce garden escape. Craigton (NH666 488), Carbisdale (NH573 954).

**Saxifraga rivularis** *(Highland Saxifrage) NR LR
Pre-2000(1). Last record at Seana Bhraigh in 1995 (NH28 87) with very difficult access.

**Saxifraga stellaris** *(Starry Saxifrage) See Micranthes stellaris

**Saxifraga tridactylites** *(Rue-leaved Saxifrage) LS NH86,88
H 2(3). Scarce and coastal in this area. Morrich More (NH 838 856) and Nigg dunes (NH 802 689).

**Saxifraga x urbium** *(S. spathularis x umbrosa) (London Pride)*

**Scandix pectin-veneris*** *(Shepherd’s Needle)* EN
Pre-2000. Only an unconfirmed 1834 record by Gordon.

**Sciadopitys vorticilliata** *(Japanese Umbrella Pine)* NH45
H 1(0) Planted at Fairburn Estate

**Schedonorus arundinaceus** *(Festuca arundinacea) (Tall Fescue)*
H 15(7) Frequent and often coastal eg. Eathie, Tain, Rockfield, Pitmaduthy.

**Schedonorus giganteus** *(Festuca gigantea) (Giant Fescue)* NH45,55,56,66,67,75,76
H 7(8). In the East. Contin, Dingwall, Rosemarkie, Wood of Brae etc

_Schedonorus pratensis_ (Festuca pratensis) (Meadow Fescue)
H 12(7). Occasionally found on roadsides, shores and grassland. eg. Eatlie, Redcastle, Moy Bridge.

_Schoenopectus lacustris_ (Common Club-rush) LS NC21 NH05,26,29,45,46,56,67,68,78
H 9(8). In lochs etc and new populations have been found. eg. Lochs Cran, Achanalt, an Daimh.

_Schoenopectus tabernaemontani_ (Grey Club-rush)
Pre-2000. The 1974 BRC record for NH69 has not been confirmed and it may not relate to VC106.

_Schoenus nigricans_ (Black Bog-rush)
H 20 (22). Frequent in base-rich boggy places. eg. Munlochy, Struie Hill, Talich, Muirhead Wood

_Scilla forbesii*_ (Chionodoxa forbesii) (Glory-of-the-Snow) NH36,45,55,56,66,75,78,87
H 8(0). An early-flowering garden escape. eg Tain, Rosemarkie, Balintore.

_Scilla luciliae*_ (Boissier’s Glory-of-the-Snow) NH45,64
H 2 (0) North Kessock and Strathpeffer

_Scilla sardensis*_ (Chionodoxa sardensis) (Lesser Glory-of-the-Snow) NH45,55,66,75,78
H 5(0). A garden escape only recorded recently. eg. Marybank, by Evanton, Aultgowie

_Scilla siberica*_ (Siberian Squill) NH55,66,75,78,87,98
H 6(0). A recent garden escape. Tain, Rosemarkie, Dingwall, Balintore.

_Scleranthus annuus_ (Annual Knapew) EN LR NH87
H 1(1). Now much more scarce than before 1970. On a track by Wester Rariche (NH 836 735).

_Scleranthus annuus_ ssp polycarpus
Pre-2000. A solitary record from Tain NH78 in 1890.

_Scorzoneraeoides autumnalis_ (Leontodon autumnalis) (Autumn Hawkbit)
H 20+. Very common in grassland, by roads etc. eg. Nigg Ferry, Glenuaig Lodge, Loch Borallan.

_Securigera auriculata_ (Water Figwort)
Pre-2000. The 1982 BRC record from the lower River Conon (NH54 56) has never been confirmed.

_Securigera nodosa_ (Common Figwort)
H 20+(14). Frequent in woods, roadsides etc. eg. Eatlie, Alness River, Achanalt Station.

_Securigera vernalis*_ (Yellow Figwort) NH55
H 1(1). A rare garden escape. Conon Bridge (NH544 548) and previously Muir of Ord.

_Scutellaria galericulata_ (Skullcap). NC40 NH36,45,46,55,69,69,88.
H9(9). Occasional in wet places but many records from NH45. eg. Moy Island, Loch Garve.

_Securigera varia*_ (Crown Vetch) NH87
H 1(0). An unusual garden escape at Shandwick (NH860 752).

_Sedum acre_ (Biting Stonecrop)
H 15(13). By the shore and on walls etc. eg. North Kessock, Muir of Ord, Strathpeffer, Fortrose.

_Sedum album_ (White Stonecrop)
H 14(6). By the sea and on walls. eg. Inver, Hilton, Cromarty, Contin.

_Sedum anglicum_ (English Stonecrop) NH65,75,76,86,87,97,98
H 7(6). Scarce on the coast eg. Hillockhead, Nigg, Cromarty, McFarquar's Cave, Geanies.

_Sedum forsterianum*_ (Rock Stonecrop) See _Petrosedum forsterianum_

_Sedum rosea_ (Roseroof)
H 17(10). Frequent on mountain rocks. eg. Beinn Dearg, Fiaclach on BenWyvis, Moruisg.

_Sedum rupestre*_ (Reflexed Stonecrop) See _Petrosedum rupestre_.

_Sedum spectabile*_ (Butterfly Stonecrop) See _Hylotelephium spectabile_

_Sedum spurium*_ (Caucasian Stonecrop) See _Phedimus spurium_

_Sedum telephium_ (Orpine) See _Hylotelephium telephium_

_Selaginella selaginoides_ (Lesser Clubmoss)
H 20+. Common in base-rich sites. eg. Rahanich, Morrich More, Seana Bhraigh, Breabag Ridge,

_Sempervivum tectorum*_ (House-leek) NH45,76
H2(6). Noted on roofs etc

_Senecio aquaticus_ (Marsh Ragwort) see _Jacobaea aquatica_

_Senecio cinerea*_ (Silver Ragwort) see _Jacobaea maritima_
Senecio jacobaea (Common Ragwort)  see Jacobaea vulgaris

Senecio x ostenfeldii (S. aquaticus x S. jacobaea) see Jacobaea x ostenfeldii

Senecio sarracenicus (S. fluitatilis)* (Broad-leaved Ragwort)  NH87
H 1(2). A garden escape which is very persistent by Tullich at the roadside (NH850 765).

Senecio squalidus* (Oxford Ragwort)  NH55,64,66,75,76,78
H 6(3). Less common than further south. Muir of Ord Station (NH527 502), Kiltearn and Tain.

Senecio sylvaticus (Heath Groundsel)
H 20+. Common on cleared woodland, waste ground etc. eg. Tarvie, Kilmachalmack, Kilmuir.

Senecio viscosus* (Sticky Groundsel)
H 20+(9). On disturbed and open ground. eg. Garve, Avoch, Invergordon.

Senecio vulgaris (Groundsel)

Sequoia sempervirens* (Coastal Redwood)  NH45,55
H 2(0). Occasionally planted. Kilcoy, Aultgowerie (NH469 516).

Sequoiadendron giganteum* (Wellingtonia)  NH45,55,56,65,66,77
H 6(2). Planted in a few places. Novar, Mountgerald, Rosehaugh, Castle Leod, Tarbat Wood.

Sherardia arvensis (Field Madder)  LR  NH66,88
H 2(0). Recently refound at Alness station and Inver.

Sibbaldia procumbens  (Sibbaldia)  VU

Silene acaulis (Moss Campion)
H 17(13). Frequent on high mountains. eg. Sgurr a Chaorachain, an Faochagach, Moruisg.

Silene coronaria (Lychnis coronaria)* (Rose Campion)  NH55,64,66,75,76,77,78,87

Silene dioica (Red Campion)

Silene flos-cuculi (Lychnis flos-cuculi) (Ragged Robin)
H 20+. Common in wet base-enriched grassland . eg. Evanton, Loch Kinellan, Eathie etc

Silene gallica* (Small-flowered Catchfly)
Pre-2000. One record only for Rosemarkie in 1942

Silene x hampeana  (S. dioica x S. latifolia)
H 19(7). A common hybrid usually near parents. eg. Kiltearn, Nigg, Kilmuir, Dunglass.

Silene latifolia* (White Campion)
H 20(18). Frequent on roadsides, shores etc. eg. Tarbatness, Fortrose, Newhall, Balintore.

Silene noctiflora* (Night-flowering Catchfly)
Pre-2000. The last definite record was at Inver NH88 in 1957.

Silene uniflora (Sea Campion)

Silene viscaria (Sticky catchfly)  NT
Pre-2000. Recorded above Evanton in 1873.

Silene vulgaris (Bladder Campion)  LS  NH54,55,56,64,65,75,88

Silybum marianum# (Milk Thistle)  NH64,65,76,87,98

Sinapis alba* (White Mustard)  NH65,87
H 2(2). A scarce alien. Avoch (NH698 540), Rosehaugh (NH675 557), Black Hill(NH82 73).

Sinapis arvensis# (Charlock)
H 18(16). Frequent in fields and waste ground. eg. Kincardine, Barbaraville, Croick.

Sisymbrium altissimum* (Tall Rocket)  NH64
H1 (0). Refound at at North Kessock NH6647. Previous records are pre-1970

Sisymbrium officinale# (Hedge Mustard)
H 17(15). Frequent on roadsides, waste ground, shores etc. eg. Shandwick, Muir of Ord, Inver.
Sisymbrium orientale* (Eastern Rocket)  NH55,56,75,76,86,98
H 6(4). A scarce alien often by the shore. Nigg, Conon Bridge, Rockfield, Dingwall etc.

Sisyrinchium striatum* (Pale Yellow-eyed-grass)
Pre-2000(1). One Atlas record from the Dingwall area NH55 in 1999.

Solanum dulcamara (Bittersweet)
H 15(5). Scattered in woods, by tracks and on the shore. eg. North Kessock, Loch Kinellan

Solanum nigrum (Black Nightshade) NH55,75
H 2 (0) Recently recorded at Conon Bridge and Rosemarkie.

Solanum tuberosum* (Potato)

Solidago canadensis* (Canadian Goldenrod) NH55,66
H 2(5). A scarce alien species. Dingwall (NH550 S90) and Balconie Point.

Solidago virgaurea (Goldenrod)
H 20+. Common in the mountains, on banks etc. eg. Beinn na Feusaige, Black Rock, Shandwick.

Sonchus arvensis (Perennial Sowthistle)

Sonchus asper (Prickly Sowthistle)
H 20+. Common on waste land, roadsides etc. eg. Tain, Croick, Boath.

Sonchus oleraceus (Smooth Sowthistle)
H 20+(18). Common on disturbed ground, by the sea etc. eg. Rosemarkie, Evanton, Inver.

Sorbus kirilowii* (Chinese Sorb)

Sorbus aria* (Common Whitebeam)

Sorbus aucuparia (Rowan)
H 20+. Very common in woods, hills etc. eg. Craigroy Burn, Moy Island, Bogbain.

Sorbus croceocarpa*

Sorbus intermedia* (Swedish Whitebeam)
H 13(1). Occasionally planted. eg. Hillockhead, Tarvie, Drummondreach.

Sorbus latifolia* (Broad-leaved Whitebeam) NH54,69
H 2(0) Planted by Tarradale (NH54) and Bonar Bridge (NH608 914).

Sorbus rupicola (Rock Whitebeam) NS LR NH76
H 1(1). Six trees scattered on the cliffs near Eathie (NH 766 616).

Sparganium angustifolium (Floating Bur-reed)

Sparganium emersum (Unbranched Bur-reed) LS NH05,45,77
H 3(3). Rare in lochs with few confirmed records. By Loch Cran, E. Moy and Black Loch.

Sparganium erectum (Branched Bur-reed)
H 15(15). Frequent in lochs and streams. eg. Loch Eye, Morrich More, Dingwall.

Sparganium natans (Least Bur-reed)
H 11(8). Occasional in lochs and pools. eg. Lily Loch, Culbockie Loch, Monadh Mor.

Spartina anglica* (Common Cord-grass) NH55,56,76,77,87
H 5(1). Introduced in the Cromarty Firth. Dingwall, Udale Bay. Seedlings at Meddat and Nigg.

Spartium junceum* (Spanish Broom)

Spergula arvensis (Corn Spurrey) VU

Spergularia marina (Lesser Sea-spurrey)

Spergularia media (Greater Sea-spurrey)
Spergularia rubra (Sand Spurrey)  
H 20(16). Frequent on tracks and gravel. eg. Achederson, Redcastle, Strath Rusdale.

Spiraea sp* (Brideworts)  
H 20 (8). Frequent introductions. Some are only recorded at genus level.

Spiraea x billardii* (S. alba x S. douglasii)* (Billard's Bridewort) NH59  
H 1(0). Escapes from cultivation. Invercharron (NH582 912), Kilmachalmack (NH504 979).

Spiraea douglasii* (Steeple-brush) NH55  
H 1(6). Escape at Muir of Ord (NH525 503).

Spiraea x pseudosalicifolia* (S. salicifolia x douglasii)* (Confused Bridewort)  
H 13(2). Of garden origin. eg. Tain, Achanalt, Ardgay, Bogbuie.

Spiraea x rosalba* (S. alba x S. salicifolia)* (Intermediate Bridewort) NH54  
H 1(0). Escape from cultivation. Corry of Ardnagrask (NH507 480). Old record from Conon Br.

Spirastella polychiza (Greater Duckweed) NH45  
H 1(0) In a pond at Strathpeffer where it may be an introduction.

Stachys x ambigua (S. palustris x sylvatica) (Hybrid Woundwort) NH45,46,56,59,78,87  
H 6(3). Occasional in damp places. eg. Tain Plaids, Loch Garve, Nigg RSPB.


Stachys byzantina* (Lamb's-ear) Pre-2000. Recorded in NH77 and 87 for the Atlas in the 1990s but not seen since.

Stachys officinalis (Betonica) (Betony) NH25,46,98  
H2 (0) Probably planted at Scardroy. Also Rockfield and Strathgarve.


Stachys sylvatica (Hedge Woundwort)  
H 20+. Common in woods, riverbanks etc. eg. Craigroy Burn, Brahan, Cromarty.

Stellaria alsine (S. uliginosa) (Bog Stitchwort) NH20+. Very common in wet places. eg. Loch Garve, Croick, Benmore Forest.

Stellaria graminea (Lesser Stitchwort)  

Stellaria holostea (Greater Stitchwort) NH20+. Common on roadsides, woodland etc, especially in the east. eg. Aleness, Tomich, Duag Bridge

Stellaria media (Common Chickweed)  
H 20+. Very common on waste ground, fields etc. eg. Barbaraville, Tarbatness, Allangrange.

Stellaria pallida (Lesser Chickweed) LS NH45,55,65,66,75,78,87,88,98  
H 9(4). Infrequent but may be under-recorded. Eg. Munlochy Bay, Shandwick, Tarbatness.

Stratiotes aloides* (Water Soldier) NH64  
H 1(0). An introduction in a pond at North Kessock (NH645 481).

Stuckenia filiformis (Slender-leaved Pondweed) LS (Potamogeton filiformis) NH45,55,68,87,88  

Stuckenia pectinatus (Fennel Pondweed) LS (Potamogeton filiformis) NH26,87,88  
H 3(4) Always scarce. Loch Achanalt and Loch Eye.

Suaeda maritima (Annual Sea-blithe)  
H 10(9). Frequent in saltmarshes and shores. eg. Dalmore, Tain, Inver, Nigg.

Subularia aquatica (Awlwort) NC21,30 NH14,15,25,26,27,29,45,47,49  

Succisa pratensis (Devil's-bit Scabious)  
H 20+. Very common on moorland, uplands etc. eg. Glenaqu Lodge, Loch Mullardoch, Kilmuir.

Symphoricarpus albus* (Snowberry)  
H 19(12). Frequently naturalised in woods and hedges. eg. Dingwall, Rosemarkie, Aleness

Symphyortichum (Aster) novi-belgii* (Confused Michaelmas Daisy)  
H 9(2) Of garden origin on roadsides, waste ground etc. Bellevue, Contin etc
Symphyotrichum x salignum (S. lanceolatum x novi-belgii)* (Common Michaelmas Daisy)
H6 (1) Formerly Aster. Noted at Carbisdale, Rosemarkie etc
Symphyotrichum x versicolor (S. laevi x novi-belgii)* (Late Michaemas Dsisy) NH36,65
H2 (2) By Munlochy Bay and Loch Luichart. Pre-2000 in NH77, 98
Symphytum asperum* (Rough Comfrey)
Pre-2000(2). Last recorded in 1997 at Rosebaugh (NH65).
Symphytum officinale (Common Comfrey) LR NH75,76
H1 (2). At Jemimaville and Fortrose. Previously an unlocalised Atlas record in NH55.
Symphytum tuberosum (Tuberous Comfrey)
H 11(3). Occasional in damp places. eg. Tain, Marybank, Milton.
Symphytum x uplandicum (S. asperum x officinale)* (Russian Comfrey)
H 13(3). Occasional in the east by roads, shores etc. eg. Sworddale, Moy Island, Shandwick.
Syringa vulgaris* (Lilac) NH36,46,55,65,64,75,76,77,87,98
H 11(6). In Hedges, roadsides etc. eg. Loandhu, Conon Bridge, Nigg.
Tanacetum parthenium# (Feverfew)
H 19(15). Frequent on waste ground and near houses. eg. North Kessock, Alness, Balintore.
Tanacetum vulgare (Tansy)
H 14(8). Occasional on waste ground and by the shore. eg. Dingwall, Rosemarkie, Tain.
Taraxacum (Dandelions)
H 20+. Very common in many places. The microspecies are not listed here.
Taxus baccata (Yew)
Teesdalalia nudicaulis (Shepherd's Cress) NT LS NH26,45,55,59,75,87
H 6(2). Always scarce on shingle and tracks. Dungkin Island, by Brahan, Carbisdale Wood.
Tellima grandiflora* (Fringecups) NH45,55,64,65,66
H 6(0). First noted as a garden escape lately. eg. Strathpeffer, Balavil, Avoch, Dingwall.
Teucrium scorodonia (Wood Sage)
H 20+. Very common in woodland, on banks etc. eg. Struie Hill, Moy Island, Lubcroy.
Thalictrum alpinum (Alpine Meadow-rue)
H 20+(19). Widespread in the mountains. eg. Seana Bhraigh, Cnoc na h-iolaire, Meall Dheirgidh.
Thalictrum flavum (Common Meadow-rue)
Pre-2000(1). A single unlocalised Atlas record in NH55 in 1999, where it has not been seen since.
Thalictrum minus (Lesser Meadow-rue) LS NH76,78,86,87,88,98
H 6(6). To be found in limited areas of coast. eg. Wilkhaven, Inver, Shandwick, Nigg, Tain
Thlaspi arvense# (Field Penny-cress) NH54,64,68,75,76,78,87
H 7(5). Occasional in fields and waste ground. Nigg, Gilchrist, Fortrose, North Kessock.
Thuja plicata* (Western Red-cedar) NH45,55,55,56,67,75
Thuopsis dolabrata*(Hiba) NH45,55,65,66
H 4(0). Planted by Alness River (NH656 688), Rosebaugh (NH676 555) and Fairburn.
Thymus polytrichus (Wild Thyme)
H 20+. Very common on grassy areas, banks etc. eg. Tarbatness, Breabag Tharsuinn, Geanies.
Thymus vulgaris* (Garden Thyme) NH87
H1(1) Recorded from Shandwick presumably of garden origin.
Tilia cordata (Small-leaved Lime) NH64
H1(1). At Redcastle, probably planted. Previously at Muir of Ord.
Tilia x europaea* (T. cordata x T. platyphyllos)* Lime
Tilia platyphyllos* (Large-flowered Lime). NH55,56
H 2(0). Planted in Paradise Wood, Dingwall. Also Torgorm.
Tofieldia pusilla (Scottish Asphodel)
H 14(8). Scattered populations in the uplands. eg. Sgurr na Clachan Geala, River Orrin.
Tussilago farfara  (Colt's-foot)  
H 1(0). The only records are from Morrich More (NH837 854).

Torilis japonica  (Upright Hedge-parsley)  
H 17(13) Frequent in woods and on shores etc. eg. Barbaraville, Eathie, Redcastle.

Tragopogon pratensis  (Goat's-beard) LS  
NH54.55,68,69,75,76,87  
H 7(2). Uncommon by roads and railways. eg. Tarradale, Conon Bridge, Invergordon, Hilton.

Trichophorum cespitosum  (Deergrass)  

Trollius europaeus  (Common in grassland et. eg. Lysimachia europaea  
H 1(3). Tain Station. Previously at Fortrose(1973), Morrich More (1971), Strathpeffer.

Trifolium aureum*  (Large Trefoil)  
Pre-2000(1). Last recorded in 1978 at Munlochy NH65.

Trifolium campestre  (Hop Trefoil)  

Trifolium dubium  (Lesser Trefoil)  
H 20+. Common in grassland, on tracks etc. eg. Rosemarkie, W. Kincardine Hill, Strath Bran.

Trifolium hybridum*  (Alsike Clover)  
NH15,67,77,78,87.98  
H 6(7). Occasional in fields, roadsides etc. eg. Fearn Station, Nigg, Culnaha, Strathrory.

Trifolium incarnatum*  (Crimson Clover)  
NH87  
H 1(0) Recent record from near Hilton. A former fodder crop species.

Trifolium medium  (Zigzag Clover)  

Trifolium micranthum  (Slender Trefoil)  

Trifolium pratense  (Red Clover)  

Trifolium repens  (White Clover)  
H 20+. Very common on waste land, tracks, grassland etc. eg. Craigroy Burn, Nigg Ferry.

Triglochin maritima  (Sea Arrowgrass)  
H 13(12). Common on the shore. eg. Munlochy Bay, Redcastle, Morrich More etc.

Triglochin palustris  (Marsh Arrowgrass)  

Tripleurospermum inodorum#  (Scentless Mayweed)  

Tripleurospermum maritimum  (Sea Mayweed)  
H 16(12). Common on the shore. eg. Rosemarkie, Nigg, Balintore.

Tripolium pannonicum  (See Aster)  (Aster tripolium)  
H14(8) Comon in salt marshes eg Udale, Inver, Redscalet etc

Trisetum flavescens  (Yellow Oat-grass) LS  
NH75,87,97, 98  

Triticum aestivum*  (Bread Wheat)  
NH54,55,66,76,78,86,87  
H 7(0). A scarce casual. Cromarty shore (NH791 673, Loandhu (NH817 791), Tain.

Trollius europaeus  (Globe-flower)  

Tropaeolum majus*  (Nasturtium)  

Tsuga heterophylla*  (Western Hemlock-spruce)  
H 20(11). Frequently planted and also regenerates. eg. Mount High, Ord Hill, Strath Vaich.

Tulipa gesneriana*  (Garden Tulip)  
NH36,45,55,64,66,75,76,78,87,98  
H 10(0). An occasional garden throw-out. eg. By Loch Kinellan, Garve, Shandwick.

Tussilago farfara  (Colt's-foot)
H 20+. Common on tracks, river banks etc. eg. Conon Bridge, Gorstan, Inver.

*Typha angustifolia* (**Lesser bulrush**)  

*Typha latifolia* (**Bulrush**)  
H 14(10). Frequent in shallow water. eg. Loch Kinellan, Black Loch, Redcastle.

*Ulex europaeus* (**Gorse**)  

*Ulex gallii* (**Western Gorse**)  
Pre-2000(1). Only one record from the lower River Conon in 1987 (NH459 554).

*Ulmus glabra* (**English Elm**)  
H 20+. Common in woods, by roads etc. eg. Redcastle, Oldtown, Oykel Bridge.

*Ulmus procera* (**English Elm**)  
H 1(0). Planted at Castle Leod. (NH487 592).

*Urtica dioica* (**Common Nettle**)  

*Urtica urens* (**Small Nettle**)  
H 18(7). Occasional on waste or arable land. eg. Shandwick, Croick, Seafield.

*Utricularia intermedia* (**Intermediate Bladderwort**)  
NC21 NH05,15,25,26,35,36,45  

*Utricularia minor* (**Lesser Bladderwort**)  
LS NH16,24,34,44,45,46,55,58  
H 10(10). Infrequent in pools and lochs. eg. Loch na Moine Mor, Corriehallie Forest.

*Utricularia ochroleuca* (**Pale Bladderwort**)  
Pre-2000(2). Older records in Loch Kinellan and Lochan a Choire Bhuidhe (NH 22 96).

*Utricularia vulgaris* (**Greater Bladderwort**)  
NH15,29,35,45,49,55,77  
H 7(12). This includes *U. australis*. eg. Pitmaduthy Moss, Loch Ussie, Loch Garve.

*Vaccinium microcarpum* (**Small Cranberry**)  
H 15(6). In bogs etc. More sites have been found. eg. Loch a Bhith, Loch na Scarbh, Deanich

*Vaccinium myrtillus* (**Bilberry**)  

*Vaccinium oxyccoccus* **LR** (**Cranberry**)  
H 1(0). Much rarer than *V. microcarpum* in E. Ross and only recently confirmed. Monadh Mor.

*Vaccinium uliginosum* (**Bog Bilberry**)  
H 20+(19). Frequent on the higher hills. eg. Seana Bhraigh, Fuar Tholl Mor, Moruig.

*Vaccinium vitis-idaea* (**Cowberry**)  

*Valeriana officinalis* (**Common Valerian**)  

*Valeriana pyrenaica* (**Pyrenean Valerian**)  
Pre-2000. Last recorded in 1956 at North Kessock NH64.

*Valerianella locusta* (**Common Cornsald**)  
LS NH65,75,76,86,87,98  
H 6(8). Coastal and now may be less common. eg. Munlochy Bay, Rosemarkie, Hilton, Tarbatness.

*Verbasum nigrum* (**Dark Mullein**)  
Pre-2000(2). Last records by Munlochy NH65(1978) and Evanton NH66 (1972)

*Verbasum thapsus* (**Great Mullein**)  

*Veronica agrestis* (**Green Field-speedwell**)  
NH54,65,77  
H 3(3). Fields etc. Perhaps now less frequent. Munlochy Bay, Muir of Ord, Priesthill.

*Veronica anagallis-aquatica* (**Blue Water-speedwell**)  
LS NH88  

*Veronica arvensis* (**Wall Speedwell**)  
H 20+. Common on roadsides, shores, walls etc. eg. Rosemarkie, Moy Island, Nigg Ferry etc.

*Veronica beccabunga* (**Brooklime**)
H 20+. Common in wet locations. eg. Allan by Fearn, Urquhart, Loch Garve etc.

**Veronica chamaedrys** (Germander Speedwell)

H 20+. Very common in woods, roadsides etc. eg. Shandwick, Craig Wood, Dingwall, Ardgay.

**Veronica filifolia** (Slender Speedwell)  
NH45, 55, 56, 66, 68, 75, 76, 78, 87

H 11(6). Quite frequent in grassland, woods etc. eg. Tain, Kiltearn, Mountgerald, Fairy Glen.

**Veronica x franciscana** (V. elipta x speciosa) (Hedge Veronica)  
NH77

H 1(0) One record form Pollo.

**Veronica salicifolia** (Koromiko)*

Pre-2000 An old record from Tain in 1998 (NH7883).

**Veronica hederifolia** (Ivy-leaved Speedwell)

H 16(6). Often seen in fields & shore, roadsides. eg. North Kessock, Cromarty, Kilmuir, Shandwick.

**Veronica longifolia** (Garden Speedwell)  
NH77

H 1(1). A garden escape seen by the roadside at Priesthill (NH741 729).

**Veronica montana** (Wood Speedwell)


**Veronica officinalis** (Heath Speedwell)

H 20+. Very common in many habitats including moors, woods etc. eg. Tain, Loch Ussie.

**Veronica persica** (Common Field-speedwell)

H 20(5). Fields, waste ground etc. mainly in the east. eg. Tain, Barbaraville, Nigg, Torrachilty.

**Veronica polita** (Grey Field-speedwell)  
NH78

H 1(2) Recently at Tain. Formerly at Foulis castle and also NH46.

**Veronica repens** (Creeping Speedwell)

Pre-2000. Old record from 1950-69. in NH47

**Veronica scutellata** (Marsh Speedwell)

H 15(33). Frequent in damp places. eg. Morrich More, Mounteagle, Loch Morie, Kilmuir.

**Veronica serpyllifolia** (Thyme-leaved speedwell)

H 20+. Very common in woods, waste ground etc. eg Craigroy Burn, Croick, Oykel Bridge.

**Veronica serpyllifolia** ssp *humifusa* (Mountain Speedwell)  
NT LS NH13, 27, 28, 38, 46

H 4(6). Scarce in mountain flushes. Coire Mor, Loch Li Fannich, Ben Wyvis, Cona Mheall.

**Viburnum lantana** (Wayfaring-tree)

Pre-2000(2). Not recorded lately and was probably planted. Brahan Castle 1974 and Allangrange.

**Viburnum opulus** (Guelder-rose)  
NC30, NH45, 55, 56, 67, 69, 76, 77, 78, 87


**Vicia cracca** (Tufted Vetch)

H 20+. Very common on roadsides, meadows etc. eg Tarvie, Tarbatness, Black Rock Gorge etc.,

**Vicia hirsuta** (Hairy Tare) see Ervilia hirsuta

**Vicia lathyroides** (Spring Vetch)  
NH65, 66, 75, 76, 86, 87, 88, 98

H 8(9). Occasional on the coast. eg. Hillockhead, Shandwick, Munlochy Bay, Nigg Ferry.

**Vicia lutea** (Yellow Vetch)


**Vicia sativa** (Common Vetch)

H 20+. Common by roads, fields etc. eg. Tarbatness, Duag Bridge, Ardgay.

**Vicia sativa** ssp nigra

H 11(17). The commonest sub-species of V. sativa in the area.

**Vicia sativa** ssp *sativa*#  
NH65, 78, 87

H 3(4). Infrequent in E. Ross. Morangie (NH 766 839), Munlochy Bay and Fearn Station.

**Vicia sativa** ssp *segetalis*#

Pre-2000(2). Last record was for the Atlas in 1999 in NH 87.

**Vicia sepium** (Bush Vetch)

H 20+. Very common on roadsides, shores, woods etc. eg. Marybank, Tain, Rosemarkie.
Vicia sylvatica  (Wood Vetch) LS  See Ervilia sylvatica
Vicia tetrasperma  (Smooth Tare) see Ervilia tetrasperma
Vinca major* (Greater Periwinkle)
Vinca minor# (Lesser Periwinkle)
H 13(6). Woods and roadsides etc. eg. Swordale, Garbat Forest, Alness, Strathpeffer, Garve.
Viola arvensis (Field Pansy)
H 20(15). Common especially in the east. eg. Culicudden, Gilchrist, Craigroy Burn, Marybank.
Viola canina  (Heath Dog-violet) NT
NC30 NH15,27,34,36,56,88
H 7(10). Occasional on moors and shores. eg Morrich More, Loch Orrin, Corriemollie Forest.
Viola x contempta (V. tricolor x arvensis) (Hybrid Pansy)
Pre-2000. No records since 1967 at Alness.
Viola cornuta*  (Horned Pansy) NH45,66
Viola lutea  (Mountain Pansy)  EX?
Pre-2000. No records since 1957 at Loch Garve NH46.
Viola odorata*  (Sweet Violet)  NH45,54,67,75
Viola palustris   (Marsh Violet)
H 20+. Common in the hills and wet places. eg. Breabag Tharsuinn, Muirhead Wood, Lupmaldrig
Viola reichenbachiana*  (Early Dog-violet)
Viola riviniana  (Common Dog-violet)
Viola tricolor  (Wild Pansy) NT
H 13(12). Occasional by fields, roads, railways etc. eg. Achederson, Easter Fearn, Avoch.
Viola x wittrockiana (V. altaica x lutea x tricolor)* (Garden Pansy)
H 10(1). An escape first recorded recently. eg. Marybank, Shandwick, Cromarty, Hill of Nigg
Viscum album* (Mistletoe)
Vulpia bromoides (Squirreltail Fescue)  NH36,45,46,65,66,75,78,86,87
H 9(9). Occasional in gravel, waste ground etc. eg. Balintore, Evanton, Torrachilty, Rosehaugh.
Vulpia myuros# (Rat's-tail Fescue)  NH15,36,54,55,66,75,76,78,87,98
H 10(1). Often by railways. eg. Fearn Station, Tain, Achnasheen, Garve, Alness, Invergordon
X Dactylodenia legrandiana (G. conopsea x D. maculata)  
Pre-2000(1). Recorded at Belmaduthy (NH64 56) in 1986.
Zannichellia palustris  (Horned Pondweed) LR
NH55,68,69,87
H 4(1). In brackish pools and lagoons. E. Fearn Lagoon, Bonar Bridge (NH60 91), Bayfield Loch
Zostera marina (angustifolia)  (Eelgrass) NT
Zostera noltii  (Dwarf Eelgrass) VU
H 14(12). Large populations on muddy and sandy shores. eg.Morrich More, Dingwall, Charlestown.